

Monthly Publication
Published by:
Alano Club of San Jose, Inc.

October 2022

Board of Directors

Laura Martin – President
Joey Martinez- VP
Ernie Orta
Tammy Aguirre
Phil Lohafer
Kerry Billner
Shoshi Martinez

Alano Club Staff

Tony Baron - CEO
Anthony Martinez—Manager
Terisa Martinez—Asst. Mgr.
Regina Palacios
Tammy Aguirre
Linda Carrasco
Candice Perez

Alano Club of San Jose
Board of Directors Meeting
Sept 1st, at 5:00 pm
Members Welcome
(In Person)

Fair Avenue Fellowship
Steering Committee Meeting
Training for New Secretaries
Sept 10th, at 7:00 pm
All Are Welcome
Zoom ID 618 624 2512
Password 241520

Steering Committee Meeting
will be held Via Zoom

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The Alano Club of San Jose News

1122 Fair Avenue, San Jose CA 95122

Phone: 408.297.1878 Fax: 408.297.4100

www.alanosj.org

The Alano Club is your Club. Our mission is to:

- Provide a safe & supportive environment where 12-step recovery can take place
- Provide information to help those new to recovery
- Provide encouragement through fellowship within a twelve-step community
- Provide a place where twelve step meetings can take place
- Provide a social setting for events and other recovery-related activities

We have been a community asset for over sixty-eight years.

Recovery Milestones

| Name | Milestone | Years | Name | Milestone | Years |
|------------|------------|-------|---------|------------|-------|
| David I | 10/01/1997 | 25 | Lisa F | 10/01/2021 | 01 |
| Sedrick A | 10/01/2007 | 15 | Abe G | 10/01/2014 | 08 |
| Buzz S | 10/02/1973 | 49 | Vern E | 10/02/1970 | 52 |
| Sarah J | 10/02/2021 | 01 | Greg D | 10/03/2012 | 10 |
| Kevin R | 10/03/2008 | 14 | Pete O | 10/04/2014 | 08 |
| Antonio S | 10/04/2008 | 14 | Mary M | 10/08/2020 | 02 |
| Jerry C | 10/10/1980 | 42 | Gary E | 10/12/1976 | 46 |
| Michael D | 10/13/1985 | 37 | Karen D | 10/13/1997 | 25 |
| Geno H | 10/16/1985 | 37 | Angel B | 10/18/2007 | 15 |
| David D | 10/19/2008 | 14 | Steve M | 10/19/1983 | 39 |
| Kathleen S | 10/20/1992 | 30 | Jim G | 10/21/2017 | 05 |
| James D | 10/24/2021 | 01 | Allen C | 10/25/2018 | 04 |
| Eric P | 10/28/1994 | 28 | Liz H | 10/31/2000 | 22 |
| Lee A | 10/31/1997 | 25 | | | |

Member of the Month – Anonymous Donors

We would like to acknowledge 3 of our members who anonymously donated to the club so that we could purchase a much-needed new refrigerator. Its members like you who help keep this club running smoothly. The Club Thanks You !!!

Monthly Membership Dues

| | Month | Six Months | Thirteen |
|--------------------------------|-------------|------------|-------------|
| Regular Member | \$25 | \$125 | \$250 |
| Senior | \$15 | \$75 | \$150 |
| Fixed | \$15 | \$75 | \$150 |
| Couples | \$15 (each) | \$75(each) | \$150(each) |
| Lifetime | | | \$2,500 |
| Out of Town (75 Miles or More) | | | 50% Off |

Dues can now be paid online at www.alanosj.org using PayPal.

Activities & More at the Alano Club of San Jose

71st Annual Heritage Dinner

Saturday Evening -- October 15th, 2022 at 5:00 p.m.

Tickets \$20 per person

Menu

*Chicken Alfredo, Meat Spaghetti, Pesto pasta
Mixed Veggies, Side Salad & Garlic Bread*

Tickets can be purchased from any Board Member:

Ernie O.

Laura M.

Phil L.

Tammy A.

Joey M.

Shoshi M.

Kerry B.

Halloween Bakesale

Friday Oct. 28th

Stop by and purchase some treats.

Treat donations needed

The Alano Club of San Jose - 12 Step Meetings

| Alcoholics Anonymous | | Narcotics Anonymous | |
|-------------------------|-----------------------------------|--|------------------------------|
| Sat & Sun | 8:30 am Hybrid | Sun | 10:00 am (Hybrid) |
| Mon-Fri | 9:00 am Hybrid | Thu | 6:00 pm (Women) Unknown |
| Sat | 10:00 am (Men) Hybrid | Mon | 6:30 pm Unknown |
| Daily | 12:00 pm (Hybrid) | Tue & Fri | 8:00 pm (Spanish) In Person |
| Sun | 1:30 pm (Women) Hybrid | Tue | 8:00 pm (Book Study) Unknown |
| Sat | 1:30 pm (Spanish) Unknown | Sat | 7:30 pm (Hybrid) |
| Mon-Fri | 4:00 pm ZOOM (Wed Hybrid) | | |
| Sun | 5:00 pm (Men) Hybrid | | |
| Mon-Sat | 6:00 pm Hybrid | | |
| Fri | 6:00 pm (Speaker) Hybrid | | |
| Sun | 6:30 pm Hybrid | | |
| M, W, F. | 7:30 pm (Spanish) In-Person | www.AlanoSJ.org | |
| Tues | 9:30 pm (Men) Hybrid | Check-out our newly revised web site. | |
| Tues. | 7:30 pm (AA Cigar Meeting) Hybrid | <i>This is a Great Way to Introduce a Friend to the Club.</i> | |
| | | | |
| Depression Anonymous | | | |
| Sun | 6:30 pm Unknown | | |
| | | | |
| Co-Dependents Anonymous | | Al-Anon | |
| Sun | 5:00 pm Hybrid | Mon | 8:00 pm ZOOM |
| Wed | 6:30 pm Hybrid | Tue | 12:00 pm ZOOM |

Tuesday 9:30 PM Pacific: Men's Topic Meeting (San Jose) Meeting ID: 339 961 4550 Join Meeting: Men's Topic Meeting One tap mobile: +16699009128,,3399614550# Password:149229

Saturday 10:00 AM Pacific: Think Tank (Alano Club, San Jose) Meeting ID: 930 3631 4063 Join Zoom Meeting: Think Tank Alano Club One tap mobile: +16699006833,,93036314063#,,,,0#,,847721048# US (San Jose)

Sunday 5:00 PM Pacific: Fair Ave Men's Meeting (San Jose) Meeting ID: 618 624 2515 Join Zoom Meeting: Fair Ave Men's Meeting Password: 241520

Monday 8:00 PM Al-Anon Meeting <https://zoom.us/j/3399614550>
1-669-900-9128 339-961-4550 149229

CODA: Sunday @ 5:00 pm / Wednesday @ 6:30 pm
4085934790
password 978717

Please Support Your Club Advertisers!



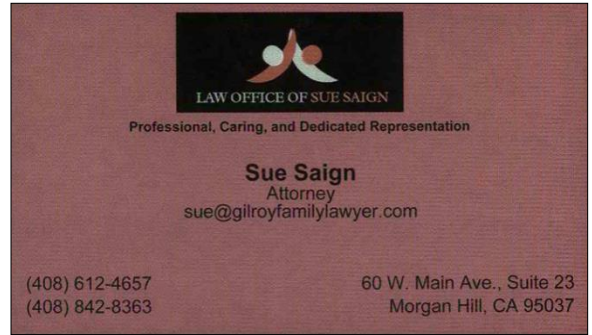
Montana Silver 796



A&H Heating and Air



Thomas Sharkey Attorney



Sue Saign Family Law



HazMat

If you are licensed and bonded with a Trade, and or run your own Business,
 We welcome you to advertise with The Alano Club of San Jose, Inc.
 Your Business Card will also be placed on the Alano Club website.
 We continue to support your business!

www.alanosj.org

Please Support Your Club Advertisers!



**Love and Service
Is Our Code**

**We *Guarantee* Our
Service in Writing**

Jeff Spedding - 408-221-1106

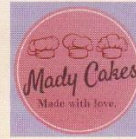
Broker Owner-SPED Realty

**If You or Anyone You Know is Thinking
About Making a Move, Refer Them to Us
and I Will Make a Donation in Your Name
to The Alano Club of San Jose**

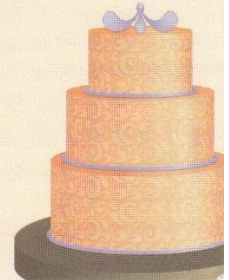
**AA Members Get *Special Discounts*
Call me for Details**

Jeff@YourHomeRealEstatePro.com
www.YourHomeRealEstatePro.com

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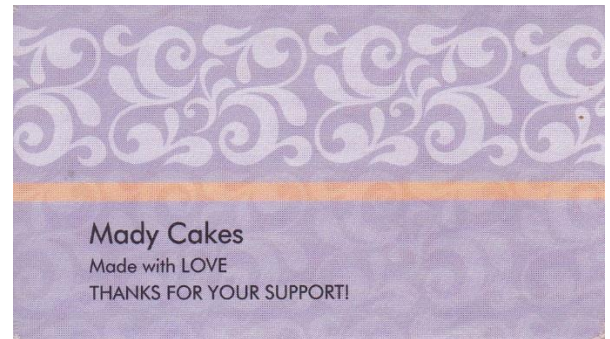
Madelyn Gonzalez
Owner
Pastry Chef
408 393 1482
mdbakery94@gmail.com



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Owner: Brian Emery
408-996-1565
1356 South De Anza Boulevard
San Jose California 95129

<https://www.facebook.com/thedogspotgrooming>

Alano Merchandise

**We now offer handmade custom
coffee mugs and t-shirts for sale**

If you would like a mug or shirt please contact

**Terisa M. @ 669-292-3468 or
terisamartinez79@gmail.com**

Alano Club of San Jose and COVID19

Here at the Alano Club we hope all of you are staying healthy and safe.

We have implemented meetings on ZOOM app/online

Our meetings times are 9am 12 noon 4pm and 6pm.

The zoom Room ID is 618 624 2512

The Zoom Password is 241520

We have a virtual 7th tradition set up through VENMO

@FairAvenue-Fellowship.

If you need any help with Zoom or Venmo feel free to contact Terisa

Via Email or txt

terisamartinez79@gmail.com or 408-830-6339

You can continue paying your dues by sending check in mail or through our website

www.alanosj.org Via PayPal

Alano Club Hybrid Meetings

Please see updated schedule on page 3

Hybrid meetings are in-person & on Zoom

Alano Café will be open and serving food during our Hybrid meetings.

We are now open to full capacity Seating

Wearing masks in doors is no longer mandated however, if you're not vaccinated or have symptoms to please continue to wear a mask.

Our History “The Alano Club of San Jose, Inc.”

October 2022 Newsletter

Tony B’s Story.

Tony Baron has been associated with the Alano Club for over 40 years. He was first a member, then a member of the Board of Directors after only one year of sobriety, and then within two years became the Club’s manager, a post he has held for most of the past 38 years. He first became involved with the Club while bartending at the Hyatt. As he says, “It was best for me to stay here at the Club and sit on my hands between meetings than to stay at the Hyatt between shifts.” Over the past 40 years, Tony has seen many well-established clubs cease to exist. “We’ve survived due to a caring Board that has been very active in our survival. During the early years of the Club we were quite inflexible about people who did more things than alcohol. We had to realize that drugs and alcohol are just symptoms of deeper problems.” Tony has a vision for the Club, “We need to create better use of the facility – give it more of a recovery community center standing. And we need to realize that many paths lead to the same destination.” Families turning their lives around, their children finding a better chance for a normal childhood; watching people who are lost in their addiction find a way back; seeing a growing respect for other 12 step recovery programs, and the beginning of Unity Day – these are some of Tony’s priceless memories. If Tony were to offer one piece of advice to a newcomer, it would be “Believe that you can do it, no matter how many times you have proven that you can’t. The 12 steps definitely work

July 4th, 2017 was a very special day here at the Alano Club as members observed Independence Day and celebrated the 44th Sobriety Birthday of Club Manager, Tony Baron. A fund-raiser barbeque was held in the Serenity Garden with the chefs being our own kitchen chef, Angela Young, and her brother, Martin.

In October of 1976 Tony began working as the Club Manager after having served for about two years on the Board of Directors. Tony came to A.A. in 1971 and had his last alcoholic drink on July 4th, 1973. When asked “*Why did you make this your last drink?*” Tony responded, “I got tired of waking up in jail. I received three DUIs in a two-week period. That was the start of a Wake-up Call. I started to think drinking might be a part of my problems.”

Born in Billings, Montana, Tony Baron's family moved to Palo Alto when he was five years of age. He has great, happy memories of his early childhood. "I was treated very well as I was an only child." He says that in High School he had just three favorite subjects, "Drinking, Girls,

and Cars. I wasn't a very good student." Tony says he was a Quiet Student, and that he got his first pair of glasses at age five. In the early 60's he and about 150 other students graduated from his High School.

"At age 11, my Father died in a local hospital. He was 55. This was back in the day that people would check-into a hospital for much needed rest. The problem was that he just never came back out.

I now felt like that I had to become a Man. I was angry, confused, and lonely – and Mom was very angry at the hospital. I began smoking and drinking at age 11, right after Dad's death. I was able to quit smoking about 35 years ago. When I quit, I was smoking close to five packs per day. I would just light one cigarette off the other."

Shortly after graduating from high school, Tony went into the Army. He completed his service time in 1966 with the rank of E-4. He was stationed in Okinawa for two years. During his service time he got to see Hawaii and Japan.

"After my discharge, I began working at PG&E in Palo Alto as a meter reader. Before starting as the Club manager in 1976, I had worked at jobs ranging from ambulance driver to carpenter to bartender. I was B\bartender for both the Hyatt and LeBaron Hotels. I was a bartender at the Hyatt House in downtown San Jose when I first began attending meetings at the Alano Club. When I became a Board member in 1974, I had just over one year of sobriety." As sobriety and meetings became Tony's normal routine he enrolled in college with a Business Major at San Jose City College, and later transferred over to San Jose State University. He left SJSU around 1985.

Tony has been married twice and is the step-father to three daughters and one son. "At age 26, I married Audrey. That was back in 1972. We parted as friends, and in 1980 I married Sofia. Both of my ex-wives had children, and I have been active in their lives." All four are adults now.

A man of few words, Tony Baron, has worked with many Board Members to make the Alano Club of San Jose more inclusive by accepting a wide range of groups to have meetings here at

the Club. “I think we were quite inflexible early on in regards to people who used more things than alcohol. We have realized that drugs or alcohol are just a symptom of a deeper problem.

Tony has many precious memories of the Club’s accomplishments. He knows the Twelve Steps work. His greatest frustration is that the Club could easily go bankrupt without the financial support of Club Memberships. Some of the excuses he has heard from people who turn-down the invitation to become a supporting member include: *“I don’t use the Club as a*

Social Club.” “I can’t afford it”, “I can’t afford it because I have a \$50,000 automobile.” Or, “I’m five years behind in my child support!”

During my first retirement I had groomed Whitney Gonzales as my replacement and things went smoothly with many revocations thanks to Whitney, she did quite a good job as manager until she couldn’t. She had strains of her number one job was raising her daughter as a single mom.

As a perfect example of “The Peter Principal” I have mostly retired and been promoted to CEO.

Help Wanted!

I need to report some of the goings on of this Alano Club of San Jose and what it may have meant to you in your journey. Would you give me a paragraph or two and maybe your part in it? We will start with 1976 right up and through the Pandemic. This will be used for the updated history of our club, or it may not be used at all. So, believe this, I could sure use some help. It can be anonymous or signed and to be used or not used as we see fit. So, if you can, please do.

Love Tony

Send you entries and thoughts to tonybaron@comcast.net Much appreciated regardless of the outcome.