

Monthly Publication  
Published by:  
Alano Club of San Jose, Inc.

**September 2022**

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Terisa Martinez—Asst. Mgr.  
Regina Palacios  
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Linda Carrasco  
Candice Perez

Alano Club of San Jose  
**Board of Directors Meeting**  
Sept 1st, at 5:00 pm  
Members Welcome  
(In Person)

Fair Avenue Fellowship  
**Steering Committee Meeting**  
Training for New Secretaries  
Sept 10th, at 7:00 pm  
All Are Welcome  
Zoom ID 618 624 2512  
Password 241520

**Steering Committee Meeting**  
will be held Via Zoom

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# The Alano Club of San Jose News

1122 Fair Avenue, San Jose CA 95122

Phone: 408.297.1878 Fax: 408.297.4100

[www.alanosj.org](http://www.alanosj.org)

The Alano Club is your Club. Our mission is to:

- Provide a safe & supportive environment where 12-step recovery can take place
- Provide information to help those new to recovery
- Provide encouragement through fellowship within a twelve-step community
- Provide a place where twelve step meetings can take place
- Provide a social setting for events and other recovery-related activities

We have been a community asset for over sixty-eight years.

## Recovery Milestones

Name	Milestone	Years	Name	Milestone	Years
Jill L	09/02/1987	35	Carl H	09/04/1984	38
Dave P	09/07/1995	27	Thomas G	09/07/1982	40
Steve T	09/09/1992	30	Edward M	09/09/1977	45
John B	09/10/2010	12	Mac H	09/11/2012	10
Gus J	09/12/2015	07	Sal C	09/15/1988	34
Leslie F	09/15/2012	10	Ivory J	09/16/2006	17
Art V	09/18/1998	24	Joshua H	09/18/2018	04
Don K	09/18/2019	03	Randy G	09/21/1987	35
Tiana W	09/22/2019	03	Gaylynn R	09/22/2009	13
Jeremy B	09/23/2021	01	Micheal J	09/24/2021	01
Mac M	09/25/1973	49	Joe P	09/25/2000	22
Manuel L	09/27/2011	11	Carmen L	09/29/2014	08
Katelyn S	09/30/2021	01			

## Member of the Month – Cindy C.

*We are honoring Cindy as our member of the month for all she has done for our club. Her love for the club is apparent in all she has done and I'm sure will continue to do. She has been a member here for many years and an employee. She has recently left for better employment and opportunities. We thank you for all your service.*

## Monthly Membership Dues

	Month	Six Months	Thirteen
Regular Member	\$25	\$125	\$250
Senior	\$15	\$75	\$150
Fixed	\$15	\$75	\$150
Couples	\$15 (each)	\$75(each)	\$150(each)
Lifetime			\$2,500
Out of Town (75 Miles or More)			50% Off

Dues can now be paid online at [www.alanosj.org](http://www.alanosj.org) using PayPal.

## Activities & More at the Alano Club of San Jose

### Labor Day BBQ

Date Changed, Postponed till

Sunday September 11th 2022

2pm to 5pm

\$10 per plate

Menu:

Option 1: Angus Burger & Hotlink or Hot Dog

Option 2: Two tri-tip Sandwich & Hotlink or Hot Dog

Sides: Mac Salad, Pasta Salad,  
Chili Beans, & Corn on the cob

Cake and Soda included

Tickets available day of event.  
Raffle tickets 5 for \$10 available for  
pre-purchase at café counter

### 71st Annual Heritage Dinner

Saturday Evening – October 15th, 2022 at 5:00 p.m.

*More Details in next newsletter*

# The Alano Club of San Jose – 12 Step Meetings

Alcoholics Anonymous		Narcotics Anonymous	
Sat & Sun	8:30 am Hybrid	Sun	10:00 am (Hybrid)
Mon-Fri	9:00 am Hybrid	Thu	6:00 pm (Women) Unknown
Sat	10:00 am (Men) Hybrid	Mon	6:30 pm Unknown
Daily	12:00 pm (Hybrid)	Tue & Fri	8:00 pm (Spanish) In Person
Sun	1:30 pm (Women) Hybrid	Tue	8:00 pm (Book Study) Unknown
Sat	1:30 pm (Spanish) Unknown	Sat	7:30 pm (Hybrid)
Mon-Fri	4:00 pm ZOOM (Wed Hybrid)		
Sun	5:00 pm (Men) Hybrid		
Mon-Sat	6:00 pm Hybrid		
Fri	6:00 pm (Speaker) Hybrid		
Sun	6:30 pm Hybrid		
M, W, F.	7:30 pm (Spanish) In-Person		<a href="http://www.AlanoSJ.org">www.AlanoSJ.org</a>
Tues	9:30 pm (Men) Hybrid		Check-out our newly revised web site.
Tues.	7:30 pm (AA Cigar Meeting) Hybrid		<b>This is a Great Way to Introduce a Friend to the Club.</b>
Depression Anonymous			
Sun	6:30 pm Unknown		
Co-Dependents Anonymous		AI-Anon	
Sun	5:00 pm Hybrid	Mon	8:00 pm ZOOM
Wed	6:30 pm Hybrid	Tue	12:00 pm ZOOM

**Tuesday 9:30 PM Pacific: Men's Topic Meeting (San Jose) Meeting ID: 339 961 4550 Join Meeting: Men's Topic Meeting One tap mobile: +16699009128,,3399614550# Password:149229**

**Saturday 10:00 AM Pacific: Think Tank (Alano Club, San Jose) Meeting ID: 930 3631 4063 Join Zoom Meeting: Think Tank Alano Club One tap mobile: +16699006833,,93036314063#,,,,0#,,847721048# US (San Jose)**

**Sunday 5:00 PM Pacific: Fair Ave Men's Meeting (San Jose) Meeting ID: 618 624 2515 Join Zoom Meeting: Fair Ave Men's Meeting Password: 241520**

Monday 8:00 PM AI-Anon Meeting <https://zoom.us/j/3399614550>  
1-669-900-9128 339-961-4550 149229

CODA: Sunday @ 5:00 pm / Wednesday @ 6:30 pm  
4085934790  
password 978717

**Please Support Your Club Advertisers!**



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*Thomas Sharkey Attorney*



*Sue Saign Family Law*



*HazMat*

If you are licensed and bonded with a Trade, and or run your own Business,  
 We welcome you to advertise with The Alano Club of San Jose, Inc.  
 Your Business Card will also be placed on the Alano Club website.  
 We continue to support your business!

[www.alanosj.org](http://www.alanosj.org)

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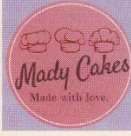
**Jeff Spedding - 408-221-1106**  
Broker Owner-SPED Realty

**If You or Anyone You Know is Thinking  
About Making a Move, Refer Them to Us  
and I Will Make a Donation in Your Name  
to The Alano Club of San Jose**

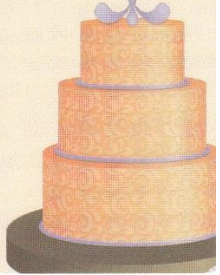
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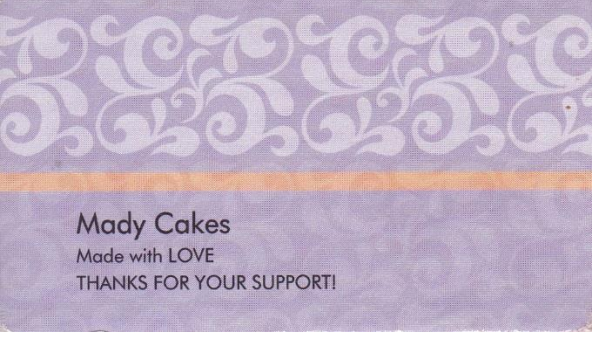


**Madelyn Gonzalez**  
Owner  
Pastry Chef  
408 393 1482  
mdbakery94@gmail.com



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**Grooming**

Owner: Brian Emery  
408-996-1565  
1356 South De Anza Boulevard  
San Jose California 95129

<https://www.facebook.com/thedogspotgrooming>

## Alano Merchandise

**We now offer handmade custom  
coffee mugs and t-shirts for sale**

**If you would like a mug or shirt please contact  
Terisa M. @ 669-292-3468 or  
terisamartinez79@gmail.com**

## Alano Club of San Jose and COVID19

Here at the Alano Club we hope all of you are staying healthy and safe.

We have implemented meetings on ZOOM app/online

Our meetings times are 9am 12 noon 4pm and 6pm.

**The zoom Room ID is 618 624 2512**

**The Zoom Password is 241520**

We have a virtual 7<sup>th</sup> tradition set up through VENMO

**@FairAvenue-Fellowship.**

If you need any help with Zoom or Venmo feel free to contact Terisa

Via Email or txt

[terisamartinez79@gmail.com](mailto:terisamartinez79@gmail.com) or 408-830-6339

You can continue paying your dues by sending check in mail or through our website

[www.alanosj.org](http://www.alanosj.org) Via PayPal

### Alano Club Hybrid Meetings

Please see updated schedule on page 3

Hybrid meetings are in-person & on Zoom

Alano Café will be open and serving food during our Hybrid meetings.

**We are now open to full capacity Seating**

**Wearing masks in doors is no longer mandated however, if you're not vaccinated or have symptoms to please continue to wear a mask.**

# *Our History “The Alano Club of San Jose, Inc.”*

September 2022 Newsletter

## **Steve H's Story and our History**

“Steve H. was a great kid who lost my way to alcohol and other addictions. Then I found my way back to being a great kid again, at an older age.” Steve was born in Chicago and grew-up on a large farm outside of the city. Steve's mother was a "Stay-at-home Mom" and his father worked in Chicago at Sears. "My Dad helped to open up new Sears stores around the country, and opened-up the first Sears store in San Jose at Meridian and San Carlos." Steve spent time on the family farm in Northern Illinois and often worked during the Summer at a resort his family owned in the North woods of Minnesota. His family moved to San Jose in 1957, and he has lived here ever since. However, he often travels in the Summer back to help-out on the farm in Northern Illinois and the resort in Northern Minnesota. Steve said "I got mixed-up with alcohol early on. At age 12, I got thrown out of the Boy Scouts. We were camping at a campground at the Pinnacles National Park. I provided the alcohol and several of the boys got drunk. They ended-up going to the hospital to get their stomachs pumped." Steve noted that he started drinking much earlier than age 12..."that beer was available to the farm workers." How Did You Find Out About AA "The first time was when I was 18, and I was staying in Minnesota. I believe it was back in 1967. I got carried away while visiting some Native American friends on their reservation. I got them drunk and stoned." When Steve's parents heard about it, they sent him to the Hazelden Treatment Center in Minnesota. "I was too young and hard-headed. I felt that my Native American friends and I had just gotten carried away!" In 1973, Steve was sentenced to the correctional center at Vacaville for observation. He volunteered for an experimental program that the state penal system was using to help prisoners recover from their various addictions. The program involved a move to the California Rehabilitation Center at Corona (CRC). The rehab treatment staff used various programs, not all were A.A. "I had become more of a periodic drinker; more than a periodic offender, more than a periodic everything. I had been given a 15-year sentence; but if I volunteered for the CRC program, they would set my sentence aside and give me a seven-year parole." The clincher was that, "if I did anything wrong, I would have to go back to prison and serve time for nine--years and nine months. Having a dirty drug test was just one of the many offenses that would send me back to

prison." Steve noted that 93 % of prisoners who accept that deal never achieve the goal. "That's not counting those who died while on parole. By my mid-40's I had been in and out of prison, jails, and hospitals due to my addictions. I lost jobs and relationships and everything precious." I knew about A.A. from the various programs which I had tried. I also had friends who came to A.A. and it had changed their life. On Dec. 27, 1995 I was in the hospital, and was in a coma for 13 days, until Jan. 9, 1996. I was beaten, I had nothing left! I had made a promise to my family, my daughters, my doctors, and my friends - that I would do whatever they asked me to do to change my life. I was immediately placed in a Chemical Dependency Recovery Program (CDRP) for two years. After 45 days I had completed Phase One, and I was required to move into a clean and sober living environment. I liked the program so well that I stayed with it for seven years, moving into various roles in management in the Transitional Living Center (TLC) at various SF Bay area locations. At that time the TLC was down the street from the Alano Club of San Jose. This was back in 1996. During my first seven years of sobriety I was active with the Alano Club." "I sponsor people. I am working with four people at this time. I meet with each one weekly. There are other people whom I have sponsored that are low maintenance sponsees. We have become friends. I have served two terms on the Board of Directors and been the chairperson for the Fair Avenue Fellowship and Secretary Coordinator for the 32 meetings that we have each week here at the Alano Club. I try to keep all meeting going despite changing secretaries." Steve is a retired painter and has done lots of painting for the Club. He also feeds the cats each morning. "This is my retirement, my church, my volunteer program, and it's my life!" What Is Your Advice for the Newcomer? 1. "Keep coming back. 2. Work the Steps. 3. Be a part of the Fellowship. 4- Get involved with the Club. 5. Reach-out and accept the help that's available. 6. Help other newcomers to feel welcome." Steve concluded the interview by saying, "I encourage new people to share at meeting level."

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## ***Help Wanted!***

***I need to report some of the goings on of this Alano Club of San Jose and what it may have meant to you in your journey. Would you give me a paragraph or two and maybe your part in it? We will start with 1976 right up and through the Pandemic. This will be used for the updated history of our club, or it may not be used at all. So, believe this, I could sure use some help. It can be anonymous or signed and to be used or not used as we see fit. So, if you can, please do.***

***Love Tony***

***Send you entries and thoughts to [tonybaron@comcast.net](mailto:tonybaron@comcast.net) Much appreciated regardless of the outcome.***