

Monthly Publication
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Alano Club of San Jose, Inc.

May 2019

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Alano Club of San Jose
Board of Directors Meeting
May 2nd, at 6:00 pm
Members Welcome

Fair Avenue Fellowship
Steering Committee Meeting
Training for New Secretaries
May 9th, at 6:00 pm
All Are Welcome

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The Alano Club of San Jose News

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www.alanosj.org

The Alano Club is your Club. Our mission is to:

- Provide a safe & supportive environment where 12-step recovery can take place
- Provide information to help those new to recovery
- Provide encouragement through fellowship within a twelve-step community
- Provide a place where twelve step meetings can take place
- Provide a social setting for events and other recovery-related activities

We have been a community asset for over sixty-eight years.

Sobriety Milestones

Name	Milestone	Years	Name	Milestone	Years
Jerry G	05/01/2016	03	Annlisa H	05/01/2018	01
Felix L	05/04/1992	27	Steve H	05/06/1985	34
David R	05/06/1989	30	Art O	05/07/2016	03
Chris A	05/12/2018	01	Andy H	05/13/2005	14
Michael R	05/13/2014	05	Doug M	05/15/2014	05
Steve K	05/15/2018	01	Danny G	05/18/2004	15
Jerry R	05/20/2008	11	Mark M	05/24/1985	34
Alex L	05/24/2006	13	Chili C	05/25/2007	12
Douglas C	05/28/2008	11			

March Member of the Month - Steve H.

We want to thank Steve H. for all he has done for our club over the many years he's been a member. He always steps up when he's needed, whether it's cooking for a BBQ event, helping with holiday dinners, taking care of our beloved cats to fixing random things around the club. We appreciate all that you do. Your love for our club is apparent. Don't think you're going anywhere anytime soon because we got a lot more for you to do. We love you Steve.

Reminder: Monthly Membership Dues Have Changed

	Month	Six Months	Thirteen
Regular Member	\$25	\$125	\$250
Senior	\$15	\$75	\$150
Fixed	\$15	\$75	\$150
Couples	\$15 (each)	\$75(each)	\$150(each)
Lifetime			\$2,500
Out of Town (75 Miles or More)			50% Off

Dues can now be paid online at www.alanosj.org using PayPal.

Why I Am a Member of the Alano Club of San Jose

By Sue E.

Who are You? My name is Sue Erskin, my sobriety birthday is February 7, 2009. I worked for AT&T for 30yrs. I'm enjoying a sober life with my husband Jim J., who is also a member of the Alano Club.

What age were you when you had your first drink? I was 15 years old. It was the summer after my sophomore year. I was looking forward to the upcoming year of school because I was very active in student activities. Honestly, drinking alcohol was not even on my 'radar.'

"My father, whom I really looked up to, had arranged for a crew of men to come and help him pour cement in our back yard. I asked if I could help, but dad did not take me up on my offer. The day of 'the pour', at 6am, I heard the cement truck arrive, the air brakes woke me up. Still stinging from being turned down, I stayed in my room. I could hear my dad's voice, he sounded mad and excited, and suddenly I had a knock at my bedroom door. Apparently, the 'crew' hadn't shown up yet, and he was pretty desperate for help. I sprung into action. A couple neighbors came over to help. I was able to work side by side with my dad, screeding. When the other guys showed up, he asked me to remain. My head was spinning with pride, as you could well imagine.

"The BBQ was lit, beer on ice, mom sprung into action, yet I wasn't asked to help in the kitchen. Soon, dad ceremoniously handed the beers out, and gave me one. Along with the beer, came a short speech about his pride in his daughter for being so much help. I chased that feeling for 33 years.

When did you have your last drink or drug? "February 6th, 2009. I had driven myself to rehab, which is exactly what they told me not to do. I had brought with me a six-pack of my favorite beer, and some 'other stuff' I needed to say 'Good-Bye' to. I sat in my car, parked in front of The Camp Recovery Center, and said 'so-long' to my friends; then I checked into the admissions office.

How did you find out about AA? "When I was at The Camp, H&I brought meetings in every night at 8pm. They were mandatory. It didn't take me long to start to look forward to them.

When did you first find out about The Alano Club of San Jose? "As my 28 day stay at The Camp was coming to an end, we were given a meeting guide and asked to go to at least one meeting a day. The Alano Club was close to my home, and had many meeting times available. It's funny though, on my way home from rehab, I remember thinking to myself "I better stop off at this 'Club' and see if it was going to be the 'oasis' my intuition was telling me it was going to be." I was not disappointed!

When and how did the "Promises" begin to appear in your life? "It took me a few months to get a sponsor and start my steps. Prior to doing so, I remember thinking why do I need to do all of that work?" One of the senior members advised me that if I didn't work the steps with a sponsor, the chances of relapse are huge. By this time, I really wanted to stay sober, so I took his advice.

Why are you a member of The Alano Club? "Out of gratitude. I was on The Club's Board of Directors for a few years. I know how important it is to the future of The Club to have as many paying members as possible. Besides, the burgers are less expensive that way.

Advice for the newcomer? "Reach out and ask for help. Find a sponsor who can help you through your steps. Attend at least one meeting a day, you will soon find that you want to go to meetings. Take advantage of the support you can find at The Alano Club, I spent many hours just hanging out there, with other people in recovery. It felt as if my destructive way of thinking would just take a break when I was there. I could just relax and breathe. Make up your mind to recover, set the intention and then follow through. You can't do it alone, but then again, who would want to?"

Activities & More at the Alano Club of San Jose

The 11th Annual “Alano Recovery Walkathon” Stand up For Your Recovery!

Saturday May 18th
Registration at 7am, Walk begins at 8am
Fundraiser and Waiver Forms Available at Café Counter

1st annual San Jose Alano Club vs Alano Club West Golf Tournament

Sunday June 23rd 2019
Los Lagos Golf Course
Entry Fee \$125
See attached registration form at the end of this newsletter for more information

Movie Day At The Alano Club



Movie Lunch Special

Hot Dog, Popcorn & Drink
\$7:00

Sunday Afternoons at 1:30pm
Come Join Us For A Movie!

Child Friendly Movie Once A Month

The Alano Club of San Jose – 12 Step Meetings

Alcoholics Anonymous		Narcotics Anonymous	
Sat & Sun	8:30 am	Sat & Sun	10:00 am
Mon-Fri	9:00 am	Sun	10:00 am (Spanish)
Sat	10:00 am (Men)	Thu & Fri	6:00 pm (Women)
Daily	12:00 pm	Sun	6:30 pm (Speaker)
Sun	1:30 pm (Women)	Mon & Tue	6:30 pm
Sat	1:30 pm (Spanish)	Sun	7:30 pm (Spanish)
Mon-Fri	4:00 pm	Tue	8:00 pm (Spanish)
Sun	5:00 pm (Men)	Tue	8:00 pm (Book Study)
Mon-Thu, Sun	6:00 pm	Fri	8:00 pm
Sat	6:00 pm (Newcomers Q&A's)	Sat	8:00 pm (Speaker)
Tue	6:00 pm Veterans Meeting	www.AlanoSJ.org	
Fri	6:30 pm (Speaker)	Check-out our newly revised web site.	
Mon-Fri	7:30 pm (Spanish)	<i>This is a Great Way to Introduce a Friend to the Club.</i>	
Mon	8:00 pm (Tagalong)		
Tues	9:30 pm (Men)		
A Medicine Crow Talking Circle			
Sat	12:00 pm		
Co-Dependents Anonymous		AI-Anon	
Sun	5:00 pm	Mon	8:00 pm
Wed	6:30 pm	Tue	12:00 pm

***NOTE:** All Meetings are “Open Meetings” Unless otherwise noted.

We Would Like Your Input

**Anthony (Kiki) Martinez would like your input.
How can we make the Alano Club better?**

Do you have any ideas of how we can improve our club?

**Your Ideas or concerns can be anonymously
placed into an idea box at the coffee counter.**

Please Support Your Club Advertisers!



Montana Silver 796



A&H Heating and Air



Thomas Sharkey Attorney



Sue Saign Family Law



HazMat



HazMat

If you are licensed and bonded with a Trade, and or run your own Business,
 We welcome you to advertise with The Alano Club of San Jose, Inc.
 Your Business Card will also be placed on the Alano Club website.
 We continue to support your business!

www.alanosj.org

1ST Annual San Jose Alano Club vs Alano Club West



WHEN
SUNDAY
June 23rd
2019

TOURNAMENT

WHERE
Los Lagos
Golf Course
www.playloslagos.com

\$125 ENTRY FEE

WHAT YOU GET

- 18 Holes of Golf
- An Electric Golf Cart
- Rib Eye Steak Dinner
- Fabulous Prizes

BE A SPONSOR!

- Tournament Sponsor \$200
- Tee or Hole Sponsor \$50

CONTACT

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*It's a small investment in your club's future & it's all about the fellowship.
Donate your time & treasury for the good of all who rely on
The Alano Club of San Jose and Alano Club West for recovery.*

OFFICIAL REGISTRATION FORM

Your Name: _____ Telephone: _____

Mailing Address: _____ City: _____ ZIP: _____

Email Address: _____

NCGA# _____ (If you don't have one then enter your average score for pairings: _____)

You will be in the Calloway Flight if you do not have a NCGA #

Who would you like in your group?

Name(s): _____

Rib eye steak dinner
will be hosted at
after the tournament at
Alano Club West
1555 South 7th Street
San Jose, CA 95112

