Monthly Publication Published by: Alano Club of San Jose, Inc.

#### December 2018

#### **Board of Directors**

Ernie Orta - President Mike Austin - VP Penny Johnson - Sec/Treas. Tammy Aguirre Mark Buchanan Laura Martin Shoshi Martinez

#### Alano Club Staff

Tony Baron - CEO
Anthony Martinez—Manager
Angela Young
Joshua DaRosa
Regina Palacios
Tammy Aguirre
Terri Weeman
Tina Marie Savala
Don Robinson

Alano Club of San Jose Board of Directors Meeting Dec. 6th, at 6:00 pm Members Welcome

Fair Avenue Fellowship
Steering Committee Meeting
Training for New Secretaries
Dec. 13th, at 6:00 pm
All Are Welcome

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#### The Alano Club of San Jose News

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www.alanosj.org

The Alano Club is your Club. Our mission is to:

- Provide a safe & supportive environment where 12-step recovery can take place
- Provide information to help those new to recovery
- Provide encouragement through fellowship within a twelve-step community
- Provide a place where twelve step meetings can take place
- Provide a social setting for events and other recovery-related activities

We have been a community asset for over sixty-eight years.

#### Sobriety Milestones

Name	Milestone	Years	Name	Milestone	Years
Kindra T	12/01/2006	12	Jerry H	12/04/1990	28
Shep H	12/07/2002	16	Muhammed Y	12/07/2007	11
Norma P	12/11/2017	1	Francisco H	12/12/1995	23
David K	12/22/1996	22	Ronald N	12/22/2015	3
Erich W	12/24/2017	1	Scott L	12/26/2014	4
Chris G	12/28/1990	28			

#### December Members of the Month Terisa M. & Steve H.

We would like to give a big thank you to Terisa M and Steve H. for their wonderful job cooking for the 2018 Herritage Dinner.

#### **Board Member Elections Coming Soon !!!**

If Have Any Interest in Becoming a Board Member Elections Will be Held January 3<sup>rd</sup> 2019

There Are Going To Be 4 Positions Open For Election

For more information please attend Decembers Board Meeting or The Membership Meeting.

#### Why I Am a Member - Sherri R.

*Please Tell Us, "Who Are You?* "I'm Sherri R. I am an alcoholic. I grew-up in Temperance, Michigan, but our family moved to San Jose in 1982. I've always thought it was ironic that even though I grew-up in Temperance, it took many years in these rooms and in several treatment centers before I became totally 'Abstinent From Alcohol'. My late husband and I are the parents of two beautiful and wonderful daughters. Our marriage was a very rocky road for many many years. He and I were both sober when he died on March 13, 2004.

What Age Were You When You Had Your First Drink? Please Tell Us About the Situation and What You Were Thinking ... "I was about age 15 or 16. Some of the other students were drinking and I was invited to join in. When I turned 18, it was legal to drink in Michigan, and I did so.

What Year or Date Was It When You Had Your Last Drink? Jan 6, 2004.

Please Tell Us The Situation and/or the Helpful People Who Reached Out To You, which Resulted in Helping You to Quit Drinking or Drugging? "Not exactly sure! Family and Friends were pointing me to Treatment Centers and AA long before I finally accepted that I indeed was an alcoholic.

How Did You Find Out About Your Twelve -Step Program, Which is Now Helping to Save Your Life? "I'm in Alcoholics Anonymous. I feel more comfortable to work only one program. I was a 'Functional Alcoholic' for many years. I could work and do all the other things expected of me, and for years I was able to fool most observers that I wasn't an Alcoholic. I was a client of several recovery homes (i.e. – Treatment Centers) around Northern California. I worked five times with one recovery home. Around the third or fourth time that I went to a treatment facility, the message of A.A. began to seep into my brain, and I started to agree with 'The Message of A.A. that Sobriety can only be achieved by Total Abstinence from Drugs and Alcohol.'

About What Year and Month Did You First Find Out About the Alano Club of San Jose? "It was in 1997. I was in one of the local recovery programs, and they brought all of us to the Alano Club here on Fair Avenue for an A.A. meeting. This was my first open and public meeting away from the treatment centers.

Please Tell Us, Why You Are a Member of the Alano Club, and When Did You First Become a Member? "I'm a member because I see all the great work that our Alano Club does for Addicts and Alcoholics. In the rooms of A.A. and the Club, I get to hear success stories. I believe that about 95% of our A.A. members say they found this Club early on in their sobriety.

What Is Your Advice for the Newcomer? "Don't give up, no matter what. When I had only 66 days, I went to the new apartment that my husband and I were moving to, and found his dead body. I put our families first...I did not drink! Join our ALANO Club. It may seem that Alcohol is not your problem, just keep coming back to this place, where people Care for you."

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#### Activities & More at the Alano Club of San Jose

#### 2018 - 2019 - Upcoming Events Here at Your Club:

# 2<sup>nd</sup> Annual Kids Christmas Party

Come Meet Santa and Enjoy Some Christmas Treats Saturday December 8<sup>th</sup> 1:30 – 3:30

# **Annual Membership Meeting**

Sunday December 9<sup>th</sup> 1:30 – 3:30 Food Will Be Served After The Meeting This Is Your Chance to Get to Know Our Club Better and What's Happening.

# **Holiday Boutique**

December  $16^{th} 2 - 5 \text{ pm}$ 1122 Fair ave. San Jose Ca. 95122

### **Annual Christmas Dinner**

December 25th 1:30 - 3:30

#### Donations needed for this event.

- Turkeys
- Hams
- Stovetop Stuffing
- Yams
- Boxed mashed potatoes
- Dinner Rolls
- Veggies

- Cranberries
- Gravy
- Marshmallows
- Apple pie
- Pumpkin pie
- Whipped cream

# A.A. Alcathons on Christmas and New Year's Day All Regularly Scheduled Meetings Will Meet!

Christmas Day -- Dec. 25, 2018 and New Year's Day -- Jan. 1, 2019

# The Alano Club of San Jose - 12 Step Meetings

Alcoholics Anonymous			Narcotics Anonymous		
Sat & Sun	8:30 am	Sat & Sur	10:00 am		
Mon-Fri	9:00 am	Sun	10:00 am (Spanish)		
Sat	10:00 am (Men)	Thu & Fri	6:00 pm (Women)		
Daily	12:00 pm	Sun	6:30 pm (Speaker)		
Sun	1:30 pm (Women)	Mon & Tu	ie 6:30 pm		
Sat	1:30 pm (Spanish)	Sun	7:30 pm (Spanish)		
Mon-Fri	4:00 pm	Tue	8:00 pm (Spanish)		
Sun	5:00 pm (Men)	Tue	8:00 pm (Book Study)		
Mon-Thu, S	un 6:00 pm	Fri	8:00 pm		
Sat	6:00 pm (Newcomers Q&A's)	Sat	8:00 pm (Speaker)		
Tue	6:00 pm Veterans Meeting				
Fri	6:30 pm (Speaker)		<u>www.AlanoSJ.org</u>		
Mon-Fri	7:30 pm (Spanish)				
Mon	8:00 pm (Tagalong)	C	Check-out our newly revised web site.		
Tues	9:30 pm (Men)		This is a Great Way to		
			Introduce a Friend to the Club.		
ΑN	Medicine Crow Talking Circle				
	12:00 pm				
С	co-Dependents Anonymous		Al-Anon		
	5:00 pm	Mon			
Wed	6:30 pm	Tue	·		

<sup>\*</sup>NOTE: All Meetings are "Open Meetings" Unless otherwise noted.

# **We Would Like Your Input**

Anthony (Kiki) Martinez would like your input. How can we make the Alano Club better?

Do you have any ideas of how we can improve our club?

Your Ideas or concerns can be anonymously placed into an idea box at the coffee counter.

### **Please Support Your Club Advertisers!**



Montana Silver 796



**Sharkey Law** 



HazMat



A&H Heating and Air



Sue Saign Family Law



HazMat

If you are licensed and bonded with a Trade, and or run your own Business, We welcome you to advertise with The Alano Club of San Jose, Inc. Your Business Card will also be placed on the Alano Club website.

We continue to support your business!

www.alanosj.org

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# THE ALANO CLUB OF SAN JOSE IS HAVING A TOY DRIVE

From 10/26/2018 To 12/14/2018

1122 Fair Ave | San Jose, CA 95122

As Times Get Tougher in Our Area, It Has Been A Little Bit Harder To Get Toys Donated To Us! We Are Asking That, If You Can, Please Donate A Toy, So That We May Give It To The Kids At Our Annual Christmas Party!

Please Give It To A Staff Member And They Will Put It In Santa's Workshop!





# SANTA CLAUS WILL BE HOSTING A



# AT THE ALANO CLUB OF SAN JOSE SATURDAY DECEMBER 8<sup>TH</sup> 1:30 - 3:30

**CHRISTMAS TREATS WILL BE PROVIDED** 





# December 16 · 2-5pm

Shop small business & support the Alano Club 1122 Fair Ave, SJ 95122 Info: shoshanahmartinez@gmail.com

