

Monthly Publication  
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 Alano Club of San Jose, Inc.

**November 2018**

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Alano Club of San Jose  
**Board of Directors Meeting**  
**Nov. 1st, at 6:00 pm**  
 Members Welcome

Fair Avenue Fellowship  
**Steering Committee Meeting**  
 Training for New Secretaries  
**Nov. 8th, at 6:00 pm**  
 All Are Welcome

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# The Alano Club of San Jose News

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[www.alanosj.org](http://www.alanosj.org)

The Alano Club is your Club. Our mission is to:

- Provide a safe & supportive environment where 12-step recovery can take place
- Provide information to help those new to recovery
- Provide encouragement through fellowship within a twelve-step community
- Provide a place where twelve step meetings can take place
- Provide a social setting for events and other recovery-related activities

We have been a community asset for over sixty-eight years.

## Sobriety Milestones

Name	Milestone	Years	Name	Milestone	Years
Reggie Y	11/01/1981	37	Kimberley O	11/01/1986	32
Robert R	11/01/1995	23	Daniel F	11/03/2016	2
Matt S	11/04/2004	14	Felix C	11/05/1975	43
Larry B	11/06/2005	13	Barbara H	11/08/1992	26
J.C. S	11/11/1989	29	Don M	11/12/1983	35
Bruce L	11/12/2016	2	Jackie L	11/13/2014	4
Tinamarie S	11/14/2015	3	Karl D	11/21/2012	6
Marlene L	11/26/2011	7	Charles M	11/27/1983	35

## November Members of the Month Margerete C. & Don P.

We would like to give a big thank you to Margerete and Don both stepped up and dedicated their time and energy night after night for a month to help Kiki keep this place clean when no one else was available.

## Why I Am a Member – By Gino H.

### **Please Tell Us, “Who Are You?”**

“My name is Gino H. I was born Over-Seas in a military family.

### **What Age Were You When You Had Your First Drink or Used Your First Addictive Substance? Please Tell Us About the Situation and What You Were Thinking ...**

“I was age 13. I loved the way alcohol made me feel. But, by age 16 I was blacking-out regularly. I got married at age 20 and I put my family through the nightmare for the next 10 years.

### **What Year Was it – (or What Was Your Age?) – When You Had Your Last Drink or Used Your Last Drug?**

“I was age 31 and my Sobriety Birth-Date is Oct. 16, 1985.

### **Please Tell Us The Situation and/or the Helpful People Who Reached Out To You, which Resulted in Helping You to Quit Drinking or Drugging?**

“My last drink was the just before I received my second DUI. I drove onto a military base while in a Blackout. I was court-ordered to attend AA meetings for a year, and it stuck. I fell in love with AA right away. I just recently celebrated 33 years of continuous sobriety.

### **How Did You Find Out About Your Twelve -Step Program, Which is Now Helping to Save Your Life?**

“I was doing a 90-day stint at a halfway house and they told me that I needed to attend AA meetings for a year.

### **About What Year and Month Did You First Find Out About the Alano Club of San Jose?**

“It was during the later part of 1985. I lived near the Fair Avenue Alano Club and I started attending meetings regularly.

### **Please Tell Us, Why You Are a Member of the Alano Club, and When Did You First Become a Member?**

“I became a member in 1985. I still have the same badge number. I’ve met many wonderful people; attended lots of meetings, and learned a great deal from the AA speakers.

### **What Is Your Advice for the Newcomer?**

“It’s very simple: 1 ‘Keep coming back.’ 2 ‘Don’t drink between meetings.’ 3 ‘Attend lots of meetings.’ “Everything gets better by attending meetings and working with others. I wouldn’t change my life for anything.”

# Activities & More at the Alano Club of San Jose

## 2018 - 2019 – Upcoming Events Here at Your Club:

### **Annual Thanksgiving Dinner** *Thursday, Nov. 22nd – Serving from 2:00 to 4:00 p.m.*



*Donations needed for this event.*

- *Turkeys*
- *Hams*
- *Stovetop Stuffing*
- *Yams*
- *Boxed mashed potatoes*
- *Dinner Rolls*
- *Veggies*

- *Cranberries*
- *Gravy*
- *Marshmallows*
- *Apple pie*
- *Pumpkin pie*
- *Whipped cream*

**A.A. Alcathons on Christmas and New Year's Day**  
***All Regularly Scheduled Meetings Will Meet!***  
Christmas Day -- Dec. 25, 2018 and New Year's Day -- Jan. 1, 2019

# The Alano Club of San Jose - 12 Step Meetings

<b>Alcoholics Anonymous</b>		<b>Narcotics Anonymous</b>	
Sat & Sun	8:30 am	Sat & Sun	10:00 am
Mon-Fri	9:00 am	Sun	10:00 am (Spanish)
Sat	10:00 am (Men)	Thu & Fri	6:00 pm (Women)
Daily	12:00 pm	Sun	6:30 pm (Speaker)
Sun	1:30 pm (Women)	Mon & Tue	6:30 pm
Sat	1:30 pm (Spanish)	Sun	7:30 pm (Spanish)
Mon-Fri	4:00 pm	Tue	8:00 pm (Spanish)
Sun	5:00 pm (Men)	Tue	8:00 pm (Book Study)
Mon-Thu, Sun	6:00 pm	Fri	8:00 pm
Sat	6:00 pm (Newcomers Q&A's)	Sat	8:00 pm (Speaker)
Tue	6:00 pm Veterans Meeting	<p style="color: blue; text-decoration: underline;"><a href="http://www.AlanoSJ.org">www.AlanoSJ.org</a></p> <p>Check-out our newly revised web site.  <i>This is a Great Way to                      Introduce a Friend to the Club.</i></p>	
Fri	6:30 pm (Speaker)		
Mon-Fri	7:30 pm (Spanish)		
Mon	8:00 pm (Tagalong)		
Tues	9:30 pm (Men)		
<b>A Medicine Crow Talking Circle</b>			
Sat	12:00 pm		
<b>Co-Dependents Anonymous</b>		<b>Al-Anon</b>	
Sun	5:00 pm	Mon	8:00 pm
Wed	6:30 pm	Tue	12:00 pm

**\*NOTE: All Meetings are "Open Meetings" Unless otherwise noted.**

## We Would Like Your Input

Anthony (Kiki) Martinez would like your input. How can we make the Alano Club better?

Do you have any ideas of how we can improve our club?

Your Ideas or concerns can be anonymously placed into an idea box at the coffee counter.

**Please Support Your Club Advertisers!**



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 Your Business Card will also be placed on the Alano Club website.  
 We continue to support your business!

[www.alanosj.org](http://www.alanosj.org)