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September 2018

Board of Directors

Ernie Orta - President Mike Austin - VP Penny Johnson - Sec/Treas. Tammy Aguirre Mark Buchanan Laura Martin ---Vacant Position---

Alano Club Staff

Tony Baron - CEO
Anthony Martinez—Manager
Angela Young
Melody Garcia
Nick Ayala
Regina Palacios
Tammy Aguirre
Terri Weeman
Tinamarie Savala
Don Robinson

Alano Club of San Jose Board of Directors Meeting Sept. 6, at 6:00 pm Members Welcome

Fair Avenue Fellowship
Steering Committee Meeting
Training for New Secretaries
Sept. 13, at 6:00 pm
All Are Welcome

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The Alano Club of San Jose News

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The Alano Club is your Club. Our mission is to:

- Provide a safe & supportive environment where 12-step recovery can take place
- Provide information to help those new to recovery
- Provide encouragement through fellowship within a twelve step community
- Provide a place where twelve step meetings can take place
- Provide a social setting for events and other recovery-related activities

We have been a community asset for over sixty-eight years.

Sobriety Milestones

Name	Milestone	Years	Name	Milestone	Years
Nancy C	09/01/1988	30	Jill L	09/02/1987	31
Brian M	09/02/2017	1	Carl H	09/04/1984	34
Thomas G	09/07/1982	36	Edward M	09/09/1977	41
Steve T	09/09/1992	26	Robert P	09/09/1994	24
Sal C	09/15/1988	30	Ivory J	09/16/2006	12
Ken W	09/18/1981	37	Garry J	09/18/1994	24
Art V	09/18/1998	20	Randy G	09/21/1987	31
Melisa M	09/21/2018	0	Gaylynn R	09/22/2009	9
Noah L	09/22/2013	5	Michael J	09/24/2001	17
Mac M	09/25/1973	45	Joe P	09/25/2000	18
Delbert B	09/25/2016	2	Carmen L	09/29/2014	4

Member of the Month - Maria "Mary" Garcia

"Calm, Collected, Faithful and Modest," are the way some would describe Mary Garcia, who recently retired after 36 years of being an awesome Cook for the Club. In early August, the Board of Directors recognized her for her dedicated service. Mary was honored on Aug. 18th by Family, Friends, and Club Members at a special Retirement Celebration here at the Club.

New Board Member to be Interviewed at Sept. 6th Meeting

Qualifications to be considered for a Board position includes 1 – year of continuous Sobriety and Club Membership of at least 2 – months. One should also be skilled at Decision Making and possess Great Listening Skills. Please talk to Tony Baron or "Kiki" Martinez if you are interested. All candidates must attend the Thursday Night Board Member meeting on Sept. 6th at 6:00.

Bill McBride's Facebook Page Will Raise Funds for Restrooms

Tired of the reoccurring problems with the restrooms? Bill McBride has named Our Club as his favorite charity. Click the Charity Link on the Main Page of Bill's Facebook Page. www.Facebook.com/WilliamEugeneMcBride Please give whatever you can so we can get the plumbing working better in the restrooms.

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Why I Am a Member - By Ricardo Hernandez

Please Tell Us, "Who Are You?"

"My name is Ricardo Hernandez.

What Age Were You When You Had Your First Drink or Used Your First Addictive Substance? Please Tell Us About the Situation, and What You Were Thinking ...

"I was eight years old when I took my first drink. I was afraid of rejection and was told that if I took a drink the fear would go away.

What Year was it – (or what was Your Age?) – When You Had Your Last Drink or Used Your Last Drug?

"It was the Summer of 1982. I was detoxing at the former Caps Recovery House and I had a drink. My Sobriety Birthday is Aug. 8, 1982.

Please Tell Us About That Situation and/or the Helpful People Who Reached Out To You, which Resulted in Helping You to Quit Drinking or Drugging?

"His name was 'Little Vince'. He had relapsed and he told me that I don't have to go to prison anymore.

How Did You Find Out About Your Twelve -Step Program, Which is now helping to save Your Life?

"I found out in the recovery house that helped me detox.

When Did You First Find Out About the Alano Club of San Jose?

"August of 1982.

Please Tell Us, Why You Are a Member of the Alano Club, and When Did You First Become a Member?

"The recovery house, that helped me detox, paid the Club for six months of membership for me in the Summer of 1982. I like being of service. I go to the Club because people there love me unconditionally, and I love people too.

What Is Your Advice for the Newcomer?

"Bring the Body and your Mind will follow. Don't take that first drink and you won't get drunk!"

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Activities & More at the Alano Club of San Jose

The Kid's - Cool Summer Fun Day

September 1st from 12 Noon to 4:00 p.m.

Kids this party is for You! And it's Free.

Activities will take place in the Club's Parking Lot and On the Front Lawn.

67th Annual Heritage Dinner

Saturday Evening -- October 20, 2018 at 4:00 p.m.

Tickets are \$15 per Person – Limited Amount of Tickets Available
The Menu Selection:

Italian Theme Dinner

Spaghetti Lasagna Side Salad Garlic Bread And a Very Special Dessert

Drinks Available at Café Counter

Cash Donations Needed for Drink Cups, Napkins, Silverware, etc.

New to the Club? Receive Amazing Discounts by Being A Member. Monthly Memberships are \$15 and \$20.

2018 - Upcoming Events:

Kid's Halloween Party

Annual FREE Event - Saturday Afternoon Oct. 20th

Annual Thanksgiving Dinner

Here on Thursday, Nov. 22nd - Serving from 2:00 to 4:00 p.m.

Christmas and New Year's Day – Alcathons All Regularly Scheduled Meetings Will Meet!

Christmas Day - Dec. 25th and New Year's Day - Jan. 1, 2019

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The Alano Club of San Jose - 12 Step Meetings

	Alcoholics Anonymous		Narcotics Anonymous		
Sat & Sun	8:30 am	Sat & Sun	10:00 am		
Mon-Fri	9:00 am	Sun	10:00 am (Spanish)		
Sat	10:00 am (Men)	Thu & Fri	6:00 pm (Women)		
Daily	12:00 pm	Sun	6:30 pm (Speaker)		
Sun	1:30 pm (Women)	Mon & Tue	e 6:30 pm		
Sat	1:30 pm (Spanish)	Sun	7:30 pm (Spanish)		
Mon-Fri	4:00 pm	Tue	8:00 pm (Spanish)		
Sun	5:00 pm (Men)	Tue	8:00 pm (Book Study)		
Mon-Thu, S	un <mark>6:00 pm</mark>	Fri	8:00 pm		
Sat	6:00 pm (Newcomers Q&A's)	Sat	8:00 pm (Speaker)		
Tue	6:00 pm Veterans Meeting		www.AlanoSJ.org		
Fri	6:30 pm (Speaker)				
Mon-Fri	7:30 pm (Spanish)				
Mon	8:00 pm (Tagalong)	Ch	Check-out our newly revised web site.		
Tues	9:30 pm (Men)		_		
AN	Medicine Crow Talking Circle				
Sat	12:00 pm				
	·				
С	o-Dependents Anonymous	Al-Anon			
Sun	5:00 pm	Mon	Mon 8:00 pm		
Wed	6:30 pm	Tue	12:00 pm		

^{*}NOTE: All Meetings are "Open Meetings" Unless otherwise noted.

Celebrate Your Special Event Here At the Club

Hey ALANO CLUB Members:

Why not hold your Special Occasion Here At the Club? Sobriety Birthday; Wedding Anniversary; The Anniversary of Child's Baptism; or a Baby Shower.

- Schedule the Date and Menu with the Kitchen Staff 2 to 3 weeks early.
- Know how many Friends and Relatives Will Be Attending.
- Event Banquet Food Costs are in the Neighborhood of \$12 to \$20 per Person.
- Call everyone on your Guest List Two Days before the Party.
- Then Show up on your Big Day along with your Family & Friends and...
- ...Have a great party where everyone is celebrating without drugs or alcohol.

Help Save Our Wonderful Club! Memberships R Down, and Payroll & Utilities R Up!

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Please Support Your Club Advertisers!



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If you are licensed and bonded with a Trade, and or run your own Business, We welcome you to advertise with The Alano Club of San Jose, Inc. Your Business Card will also be placed on the Alano Club website.

We continue to support your business!

www.alanosj.org