

Monthly Publication
 Published by:
 Alano Club of San Jose, Inc.

March 2018

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Alano Club of San Jose
Board of Directors Meeting
March 1, at 6:00 pm
 Members Welcome

Fair Avenue Fellowship
Steering Committee Meeting
 Training for New Secretaries
March 8, at 6:00 pm
 All Are Welcome

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The Alano Club of San Jose News

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www.alanosj.org

The Alano Club is your Club. Our mission is to:

- Provide a safe & supportive environment where 12-step recovery can take place
- Provide information to help those new to recovery
- Provide encouragement through fellowship within a twelve step community
- Provide a place where twelve step meetings can take place
- Provide a social setting for events and other recovery-related activities

We have been a community asset for over sixty-eight years.

Sobriety Milestones

Name	Milestone	Years	Name	Milestone	Years
Brett W	03/01/2008	10	David W	03/03/1988	30
Phil L	03/03/2004	14	Denise G	03/04/2003	15
Joe B	03/06/1983	35	Andy L	03/06/1989	29
John K	03/06/1993	25	Tonalea T	03/08/2015	3
Juan G	03/10/2006	12	Larry R	03/14/2017	1
Esequiel Z	03/15/1994	24	Bruce B	03/16/1991	27
Carlos L	03/18/2007	11	Carolyn S	03/19/1977	41
BryBear G	03/20/1997	21	Chris K	03/20/2017	1
Heather W	03/21/2016	2	Pete O	03/24/2007	11
Mark M	03/24/2007	11	Royce F	03/25/1989	29
Dennis F	03/27/1985	33	Jerome A	03/27/2004	14
Mike A	03/28/1992	26	Regina P	03/28/2003	15
Diane N	03/28/2012	6	Chris E	03/28/2017	1
Kevin A	03/30/2004	14			

Member of the Month

At the February meeting the Board of Directors named Daniel Sandoval “Member of the Month”. One evening, while at a meeting in the Conference Room, Daniel noticed there was a very dark area on the ceiling. He then shared his observation with the Club Management Team, and received permission to install a new light fixture in the room. Tony Baron, General Manager and “Kiki” Anthony Martinez, Assistant Manager, told the Board about Daniel’s contribution to the Club. It’s amazing how one new light – Transformed our Conference Room / Small Meeting Room into a place of “Welcoming Light”.

Welcome to Our Newest Members

We welcome the following New Club Members. They are: *Alyssa, Claudia, David, Doris, Greg, Heather, Jesse, Larry, Linda, Matt, Mat, Nancy, Ralphie, Russell, Rejoice. Russell, Shoshi, and Zenia..* Thanks for your Support.

Why I Am a Member – By Bill McBride

Tell Us, “Who Are You?” “My name is Bill McBride, I’m a 67 year-old man who grew-up in the Ozark Mountains of Northwestern Arkansas and Southwestern Missouri. I prefer to call myself a native of the Midwest.

Bill, at What Age Were You When You Had Your First Drink or Used Your First Addictive Substance? Please Tell Us about the Situation, and How Your Mind Convinced You to Give It a Try: “Well, there were two different incidents, with my first drink being a Beer at age seven. I took a tiny sip of my Uncle Bill’s beer, with a 50 cent bribe and my Dad’s reluctant permission. The second drink, also a beer was when I was 19 years old and I was sharing pizza and beer with another guy who lived in my apartment building in Miami, Okla. He drove us about 20 miles away to Baxter Springs, Kans., where 18-year-olds could legally drink.

When Did You Have Your Last Drink or Use Your Last Drug? “My last drink was on August 12, 1987 in a small town near the border of the Texas Panhandle. This was Clovis, New Mexico and I will always be grateful that two nights later, when I went to my first A.A. meeting after an absence of 3.5 years. Those wonderful people told me two very important messages when I introduced myself as a Newcomer. “I’m Bill, and I think I just might be an Alcoholic” Their response, with lots of Love and Understanding was, “You’re in the right place – and Keep Coming Back!”

How Did You Find Out About AA or your own Twelve Step Program? “My first introduction was in 1977 in Des Moines, Iowa, a couple of years after my divorce from Cindy. A friend invited me. I liked the meeting, but still felt I didn’t have a drinking problem. Another friend introduced me in the spring of 1982 while I was a student in Topeka, Kans. at Washburn University. My last introduction was on August 14, 1987 in Clovis, N. Mex., as mentioned above. This time it finally started to make sense.

Bill, when did you first find out about the ALANO Club of San Jose? “It was during the summer or fall of 2006. I had just recently moved to San Jose from Monterey. When I mentioned to a roommate that I needed a meeting, they gave me the address and directions and then they loaned me a car and the car keys to get me here for a Noon Meeting.

How long into the program before you discovered that you had been granted a ‘New Way of Life’, and that the Ninth Step ‘Promises’ were now appearing in your life? “I don’t totally remember, but it was the **Promises** that had attracted me into the program and the ideal that I **‘must keep coming back,’** for the promises to succeed.

Please tell us, “Why Are You a Member of the Alano Club of San Jose?” “Because I am like most people, I want to belong. I came back to the Alano Club in 2010 after returning to Monterey County for two years. I was sponsoring a newcomer, who introduced me to the Men’s Group, the “Think Tank” which meets on Saturday mornings. Even after my friend was deported back to the Philippines I continued to attend the Men’s Meeting. One day, Tony Baron, asked me to join, and I did.

Bill, what is Your Advice for the Newcomer? **1.** Be Open-Minded. **2.** When you listen to a speaker, look for the similarities and not the differences. **3.** Get a Sponsor immediately. It’s better to have a Temporary Sponsor than none at all. **4.** Make sure that your Sponsor has a Sponsor and that they communicate frequently. **5.** Call your Sponsor daily. **6.** Find a Higher Power. Then Write Down the characteristics of this **“God of your own understanding!”** I think it’s helpful to believe in a Non-Punishing Higher Power; and a Higher Power that can do Miracles. Because our Recovery often results from Miracles. Some seasoned program people will even say to the Newcomer – **‘Stick around until the miracle happens’** and Pretend your Home Group is a herd of Buffalo. Then, **“Remember to stay in the Center of the Herd.”**

Activities & More at the Alano Club of San Jose

Tenth Annual “Alano Recovery Walkathon”



Saturday, May 19th

Registration begins at 7:00 a.m. and the Walk begins at 8:00 a.m.

The 6-mile Walk Route begins and ends in our Parking Lot and winds through Downtown

Sign-Up Now to Raise Funds for the Alano Club

Registration Packets are Available at the Club Café Counter

Any Questions, Call Regina at 1-408-297-1878

AA Central Office Presents
The 11th Annual Chili Cook-Off

Sat. March 17th

12 Noon to 3:00 p.m.

*Lincoln Glenn Church
2700 Booksin Dr. – San Jose*

Saint Patrick's Dinner

March 17th

Fundraiser here at the Club

Bike Run

March 24th

Easter Celebration “for our Kids”

March 31st

The Alano Club of San Jose – 12 Step Meetings

Alcoholics Anonymous		Narcotics Anonymous	
Sat & Sun	8:30 am	Sat & Sun	10:00 am
Mon-Fri	9:00 am	Sun	10:00 am (Spanish)
Sat	10:00 am (Men)	Thu & Fri	6:00 pm (Women)
Daily	12:00 pm	Sun	6:30 pm (Speaker)
Sun	1:30 pm (Women)	Mon & Tue	6:30 pm
Mon-Fri	4:00 pm	Sun	7:30 pm (Spanish)
Sun	5:00 pm (Men)	Tue	8:00 pm (Spanish)
Mon-Thu, Sun	6:00 pm	Tue	8:00 pm (Book Study)
Sat	6:00 pm (Newcomers Q&A's)	Fri	8:00 pm
Tue	6:00 pm Veterans Meeting	Sat	8:00 pm (Speaker)
Fri	6:30 pm (Speaker)	CPS Support Group	
Mon-Fri	7:30 pm (Spanish)	Mon	5:00 pm
Mon	8:00 pm (Tagalong)	Cocaine Anonymous (CA)	
Tues	9:30 pm (Men)	Sat	8:00 pm
A Medicine Crow Talking Circle			
Sat	12:00 pm		
Co-Dependents Anonymous		AI-Anon	
Sun	5:00 pm	Mon	8:00 pm
Wed	6:30 pm	Tue	12:00 pm

Our \$10 Membership Fee Has Increased to \$15

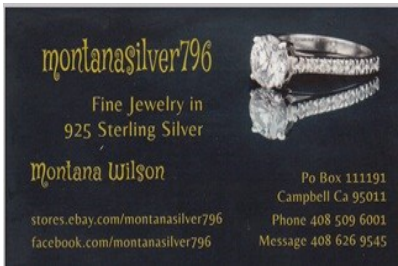
Dear Members: In January, the Local Minimum Wage was increased to \$13.50. Your Board of Directors and the Club's Management Team believe that all of our employees deserve that and more for their efforts. All of us know how expensive it is to live here in the Silicon Valley Area. That said, we felt we needed to find ways to increase our Club's revenue. One of those ways, regrettably, is to increase Senior and Fixed Income dues.

Most of you know we haven't had a dues increase in many years. Effective March 1st, dues for Seniors and Fixed Income Members will be increased \$5 per month to \$15.00 a month. Dues will be \$75.00 for six months, and \$150 for a year (13 months). At this time, we are not increasing Regular Dues but if you have a little extra please donate it with your payment.

In addition to that, some of our food prices will need to be increased. We hope you can understand the necessity of these changes. Thank You Our Faithful Members for Helping Us Here to take care of, and to offer encouragements to hundreds of dying people.

Our Cooks and various Kitchen employees share the proceeds from the Tip Jar. A great way to show your appreciation is with an extra Dollar or Two – placed in the Tip Jar at the Counter. --- **Sincerely – Tony and the Board.**

Please Support Your Club Advertisers!



Montana Silver 796



A&H Heating and Air



Sharkey Law



HazMat

If you are licensed and bonded with a Trade, and or run your own Business, we welcome you to advertise with The Alano Club of San Jose, Inc. Your Business Card will also be placed on the Alano Club website. We continue to support your business!

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