

**Monthly Publication**  
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**Alano Club of San Jose, Inc.**

**November 2017**

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Alano Club of San Jose  
**Board of Directors Meeting**  
**November 2, at 6:00 pm**  
 Members Welcome

Fair Avenue Fellowship  
**Steering Committee Meeting**  
**November 9, at 6:00 pm**  
 All Are Welcome

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# The Alano Club of San Jose News

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[www.alanosj.org](http://www.alanosj.org)

The Alano Club is your Club. Our mission is to:

- Provide a safe & supportive environment where 12-step recovery can take place
- Provide information to help those new to recovery
- Provide encouragement through fellowship within a twelve step community
- Provide a place where twelve step meetings can take place
- Provide a social setting for events and other recovery-related activities

We have been a community asset for over sixty-eight years.

## Sobriety Milestones

Name	Milestone	Years	Name	Milestone	Years
Reggie Y	11/01/1981	36	Kimberly O	11/01/1986	31
Robert R	11/01/1995	22	Antia K. S	11/01/2016	1
Gregg T	11/03/2015	2	Daniel F	11/03/2016	1
Matt S	11/04/2004	13	Felix C	11/05/1975	42
Larry B	11/06/2005	12	Barbara H	11/08/1992	25
J.C. S	11/11/1989	28	Don M	11/12/1983	34
Jackie L	11/13/2014	3	Tinamarie S	11/14/2015	2
Daniel R	11/16/1990	27	Benjamin R	11/16/2015	2
Ida L	11/21/1971	46	Charles M	11/21/1978	39
Karl D	11/21/2012	5	Sean B	11/21/2016	1

## Member of the Month

Bob Nelson was named “Member of the Month” at the October Board of Directors meeting. Bob recently relocated our flag pole to the grassy circle area in front yard. But he didn’t stop there, Bob also purchased a new flag! Bob is always willing to be of service, according to Club Manager Tony Baron. Thanks Bob for your hard work and generosity. You are greatly appreciated.

## We Welcome a New Board Member

Members, please welcome Ernie Orta, our newest member of our Board of Directors. Board President, Laura Martinez, said, “Ernie has stepped-up to Plate. Ernie has been a long-standing member of the Alano Club of San Jose. Ernie is very willing to jump-in and do what is needed!”

## **One Member's Story – Lea Sousa, Addict**

### **Lea, What Age Were You When You Had Your First Drug?**

"I first started using when I was 12 years old. I used continuously until I was 41.

### **When Did You Use Your Last Drug?**

"After 29 years of meth addiction; Life caught up to me. I got arrested and went to jail at 41 years. I was placed in the Program Dorm., and it was there that I learned about Recovery.

### **How Did You Find Out About AA and NA?**

"I learned about them while in Jail.

### **How Did You Find Out About the ALANO Club?**

"My Neighborhood Friend had a nice Boyfriend. She suggested that he check-out the volunteering openings here at the Club and make referrals for me. That led to a job for me, which lasted for three years.

### **What Is Your Life Like Now?**

"Life is good now. I am surrounded by people that I care about and who care about me.

### **What Is Your Advice for the Newcomer?**

"Don't give up! Life is going to show up even when you are in recovery. Stay focused and strong. Be good to yourself."

## **Celebrate Your Recovery Milestone Here at the Club**

Why not Celebrate your RECOVERY BIRTHDAY at the Alano Club with some Help from the Café Staff? Why should you go to some stuffy, fancy restaurant where they don't need or appreciate your money as much as we will? You can even choose what you want the Kitchen Staff to serve on your big day!

- Just get together with the KITCHEN STAFF a week or two before the event
- Set up a day and time you want to hold your party
- Let them know what you want to eat
- Let them know about how many people you expect to show up
- Then show up on your big day along with your loyal and supportive brothers and sisters in recovery

## **Activities & More at the Alano Club of San Jose**

### **Thanksgiving Day Dinner**

Thursday – November 23<sup>rd</sup>

Enjoy the company of Other 12 Step Recovery Patrons

**We Will Be Serving a Traditional Thanksgiving Dinner**

Serving Begins at 2:00 p.m.

### **Fair Avenue Fellowship of AA Thanksgiving and Christmas Day Alcahons**

Join Us for all Regular Meetings  
Plus an additional meeting at 10:30 a.m.

### **Christmas Toys for Children**

***Sunday, December 17<sup>th</sup> – 12:00 Noon***

Santa Claus and His Helpers will be here  
To give toys to younger children.

### **Christmas Day Dinner**

Monday – December 25<sup>th</sup>

**This is a FREE Event. Please Put Us on YOUR Christmas Events Calendar!**

Join Your Other “12 Step Friends” For Food, Fun, and Fellowship

**Includes Roasted Turkey - Dressing and**

**All the Traditional Holiday Fixings.**

Serving begins at 2 p.m.

# The Alano Club of San Jose – 12 Step Meetings

Alcoholics Anonymous		Narcotics Anonymous	
Sat & Sun	8:30 am	Sat & Sun	10:00 am
Mon-Fri	9:00 am	Sun	10:00 am (Spanish)
Sat	10:00 am (Men)	Thu & Fri	6:00 pm (Women)
Daily	12:00 pm	Sun	6:30 pm (Speaker)
Sun	1:30 pm (Women)	Mon & Tue	6:30 pm
Mon-Fri	4:00 pm	Sun	7:30 pm (Spanish)
Sun	5:00 pm (Men)	Tue	8:00 pm (Spanish)
Mon-Thu, Sun	6:00 pm	Tue	8:00 pm (Book Study)
Sat	6:00 pm (Newcomers Q&A's)	Fri	8:00 pm
Tue	6:00 pm Veterans Meeting	Sat	8:00 pm (Speaker)
Fri	6:30 pm (Speaker)		
Mon-Fri	7:30 pm (Spanish)		
Mon	8:00 pm (Tagalong)		
Tues	9:30 pm (Men)		
A Medicine Crow Talking Circle		Cocaine Anonymous (CA)	
Sat	12:00 pm	Sat	8:00 pm
Co-Dependents Anonymous		AI-Anon	
Sun	5:00 pm	Mon	8:00 pm
Wed	6:30 pm	Tue	12:00 pm

## ***Thirteen Steps To A Great Dance Team***

Starting up in early January one of our long-term members – with several years of continuous Sobriety – will be teaching Dance Lessons here at the Alano Club for a donation to the Club. Adrian Flores, a retired professional dancer, says the lessons are designed to assist new Dance Students to learn how to dance with a partner.

“The ability to dance as a team improves all ‘social opportunities.’” Dances taught are Bolero, Rumba and Salsa. The once a month classes are known as the ***“The Thirteen Steps To A Great Dance Team”*** and is the inside job of a successful team player according to Flores.

The lessons are held on the first Saturday of each month, with the first session beginning on Saturday, Jan. 6<sup>th</sup> from 3:30 p.m. until 5:00 p.m. right here at the Alano Club of San Jose.

For more information Check-Out Adrian’s website at [www.adrianflorespresents.com](http://www.adrianflorespresents.com)

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[www.alanosj.org](http://www.alanosj.org)