

**Monthly Publication**  
 Published by:  
 Alano Club of San Jose, Inc.

**September 2017**

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Alano Club of San Jose  
**Board of Directors Meeting**  
**September ??, at 6:00 pm**  
 Members Welcome

Fair Avenue Fellowship  
**Steering Committee Meeting**  
**September, at 6:00 pm**  
 All Are Welcome

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# The Alano Club of San Jose News

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[www.alanosj.org](http://www.alanosj.org)

The Alano Club is your Club. Our mission is to:

- Provide a safe & supportive environment where 12-step recovery can take place
- Provide information to help those new to recovery
- Provide encouragement through fellowship within a twelve step community
- Provide a place where twelve step meetings can take place
- Provide a social setting for events and other recovery-related activities

We have been a community asset for over sixty-eight years.

## Sobriety Milestones

Name	Milestone	Years	Name	Milestone	Years
Nancy O	09/01/1988	29	Jill L	09/02/1987	30
Carl H	09/04/1984	33	Thomas G	09/07/1982	35
Edward M	09/09/1977	40	Steve T	09/09/1992	25
Robert P	09/09/1994	23	Sal C	09/15/1988	29
Natalie B	09/15/1997	20	Ivory J	09/16/2006	11
Art V	09/18/1998	19	Mike L	09/19/2015	2
Sonny S	09/21/1985	32	Randy G	09/21/1987	30
Steve M	09/21/1996	21	Gaylynn R	09/22/2009	8
Noah L	09/22/2013	4	Ron D	09/23/2014	3
Sabrina G	09/23/2016	1	Michael J	09/24/2001	16
Mac M	09/25/1973	44	Joe P	09/25/2000	17
Delbert B	09/25/2016	1	Marlene S	09/27/1993	24
Guillermo E	09/28/2015	2	Carmen L	09/29/2014	3

## Members of the Month – Angela Young, Bill McBride

The Board of Directors named Angela Young as “Employee of the Quarter.” Angela – one of our Café’s cooks - has worked for the club for over Seven years. Angela and her brother, Martin, from Central Valley have prepared many of our club’s barbeques.

Bill McBride – who’s been a member for about five years – has worn a few hats during his time with our club. In 2014 and 2016 he stood-in for Santa Claus who couldn’t make it to the ALANO Club that day. During the past several months, Bill has helped to edit our monthly newsletter.

## Help Wanted

ATTENTION: Writers, Artists, Proofreaders, and Computer Nerds are urgently needed to assist the Editor in the Publication of Our Club’s Newsletter. Please give your Name, Email, and Phone Number to Tony Baron, Club Manager, or Kiki, Assistant Club Manager, who works with the Cafe staff.

# **One Member's Story**

## *Why I Support the Alano Club –Happy Andy*

### ***Who Are You?***

“My name is Happy Andy, and I am a Happy Alcoholic and a recovering drug addict.

### ***When Did You Have Your First Drink?***

“I had my first drink, around 1964. My addictions started first with a cigarette, then Booze. That was followed by Weed and Pills. And, last but not least was Heroin.

### ***When Did You Have Your Last Drink?***

“I had my last drink and last drug dosage on May 13, 2005. I went to 7 – 11, to get a pack of Cigarettes. I just got done doing a shot of Black Tar Heroin, had smoked a Joint, and was holding an open container. I was ‘on the Nod’, I don’t even know how long I was there. I came out of the Nod, and noticed that a Cop was there. The Cop told me to Blow [air] into his hand. Next, he said, ‘You’ve been drinking!’ When I said ‘yes’ he told me to Catch a Cab home. Then the Cop let me go. I took this as a sign – and the next day I went back to A.A.

### ***How Did You Find Out About the A.A. Twelve-Step Program?***

“My aunt suggested I go to A.A. That was back in 1987 and my first meeting was in San Leandro. The topic was ‘resentments’, and I had them in spades. I broke-down and cried. I had struggled with various addictions since 1987. My first Arrest was in 1969. My first program was 1971 and my last program was in 2002. Thankfully, my last arrest was in 2002.

### ***How did you find out about the ALANO Club of San Jose?***

“A friend of mine – in recovery – introduced me to the ALANO Club. We both lived in Fremont. In 2005, I was coming to the ALANO Club every day. The place saved my life. I knew if I stayed home, I would lose to my addiction. Staying home just encouraged the addictive voices shouting in the ‘battlefield of my mind.’ I definitely believe in the Club and what it represents. It has helped me tremendously!

### ***What Is Your Life Like Now?***

“I’m Happy, and I don’t have any problems. I’m living a dream. I learned not to feel sorry for myself, ‘no matter what’, is going on in my life or in the world, If I think I have a problem, most likely, I’m the Problem. I strive to practice all the Steps and the Principles ‘in all my affairs.’

### ***What Is Your Advice for the Newcomer***

“The thing that really saved me, was to study the Big Book. The Newcomer needs to study the Steps so they can work them properly. ‘When you are Ready, You will Change!’”

## **Activities & More at the Alano Club of San Jose**

### **Labor Day Barbeque**

Monday, September 4<sup>th</sup> 4:00 - 6:00 p.m.

Tickets are available at Café counter: \$10

#### **BBQ Fiesta – Menu:**

Barbeque Chicken Hot Links Barbeque Ribs

Carne Asada Corn Tortillas Hot Dogs for the Kids

Side Dishes: Spanish Rice – Pork-N-Beans – Macaroni Salad

Kids 5 and under eat free.

Our Labor Day Barbeque Chefs are Angela Young and Martin Young.

### **ALANO Club's 2017 Annual Car and Bike Show!**

1122 Fair Ave. @ McLaughlin – San Jose, CA. 95122

Sunday September 10<sup>th</sup> - 10:00 a.m. to 4:00 p.m.

Entry Fee: \$10 for Bikes and \$25 for Motor Vehicles

Trophies for Various Categories.

Vendor Booths Available

Presentations by Talented Members.

Raffle Prizes - Include a Huge Wide-Screen TV plus an original acrylic painting .

The Car and Bike Show helps Raise Funds for Our Club.

### **Heritage Dinner**

October 21<sup>st</sup>

The Annual Heritage Dinner is presented by a professional chef each year. The menu for year's event will feature Mexican cuisine.

Raffle and Prizes

# The Alano Club of San Jose – 12 Step Meetings

<b>Alcoholics Anonymous</b>		<b>Narcotics Anonymous</b>	
Sat & Sun	8:30 am	Sat & Sun	10:00 am
Mon-Fri	9:00 am	Sun	10:00 am (Spanish)
Sat	10:00 am (Men)	Thu & Fri	6:00 pm (Women)
Daily	12:00 pm	Sun	6:30 pm (Speaker)
Sun	1:30 pm (Women)	Mon & Tue	6:30 pm
Mon-Fri	4:00 pm	Sun	7:30 pm (Spanish)
Sun	5:00 pm (Men)	Tue	8:00 pm (Spanish)
Mon-Thu, Sun	6:00 pm	Tue	8:00 pm (Book Study)
Sat	6:00 pm (Newcomers Q&A's)	Fri	8:00 pm
Tue	6:00 pm Veterans Meeting	Sat	8:00 pm (Speaker)
Fri	6:30 pm (Speaker)		
Mon-Fri	7:30 pm (Spanish)		
Mon	8:00 pm (Tagalong)		
Tues	9:30 pm (Men)		
<b>A Medicine Crow Talking Circle</b>		<b>Cocaine Anonymous (CA)</b>	
Sat	12:00 pm	Sat	8:00 pm
<b>Co-Dependents Anonymous</b>		<b>Al-Anon</b>	
Sun	5:00 pm	Mon	8:00 pm
Wed	6:30 pm	Tue	12:00 pm

## What I Love About The ALANO Club of San Jose

“The ‘People’ ... and the support they give to New-Comers.” – Marvin H.

“Fellowship.” — Sedrick A.

“The Camaraderie, the Fellowship, and the Sunday Men’s Meeting.” — Anon.

“It’s a Safe Environment! The Food and great Friends. The Sunday afternoon Men’s Meeting.” — Eric P.

# Please Support Your Club Advertisers!



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We continue to support your business!

[www.alanosj.org](http://www.alanosj.org)