

Monthly Publication  
 Published by:  
 Alano Club of San Jose, Inc.

**August 2017**

**Board of Directors**

Laura Martin - President  
 Mark Buchanan VP  
 Penny Johnson - Secretary  
 Tammy Aguirre  
 Peggy Mayo  
 Joey Martinez  
 (Vacant)

**Alano Club Staff**

Tony Baron - Manager  
 Anthony Martinez – Ast.Mgr.  
 Angela Young  
 Maria Garcia  
 Regina Palacios  
 Tammy Aguirre  
 Terri Weeman  
 Tinamarie Savala  
 Patrico Lomas

Alano Club of San Jose  
**Board of Directors Meeting**  
**August 3, at 6:00 pm**  
 Members Welcome

Fair Avenue Fellowship  
**Steering Committee Meeting**  
**August 10, at 6:00 pm**  
 All Are Welcome

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# The Alano Club of San Jose News

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[www.alanosj.org](http://www.alanosj.org)

The Alano Club is your Club. Our mission is to:

- Provide a safe & supportive environment where 12-step recovery can take place
- Provide information to help those new to recovery
- Provide encouragement through fellowship within a twelve step community
- Provide a place where twelve step meetings can take place
- Provide a social setting for events and other recovery-related activities

We have been a community asset for over sixty-eight years.

## Sobriety Milestones

Name	Milestone	Years	Name	Milestone	Years
Linda H	08/02/2015	2	Jim G	08/05/2015	2
John R	08/06/1991	26	Ricardo H	08/08/1982	35
Bill G	08/08/2016	1	Bill M	08/14/1987	30
Mark B	08/16/1994	23	Lisa M	08/16/2015	2
Freddie P	08/17/2003	14	Patrica C	08/17/2014	3
Klaus S	08/18/1986	31	Kristin G	08/18/2003	14
Norm D	08/23/1987	30	Tawni G	08/23/1988	29
Victoria K	08/23/2002	15	Ben C	08/24/2016	1
Wanda V	08/26/1998	19	Laura D	08/27/1999	18
Rick G	08/28/2014	3	Bobby P	08/29/2016	1
Laura M	08/30/1997	20	Tony L	08/30/2010	7
Terri W	08/30/2014	3	Rick I	08/31/2010	7

## Member of the Month – Michael Johnson

He donated a computer and a flat screen for our slide show in the lobby. Michael then set-up the machine to show the pictures that are sent in. Michael is always helping in large and small ways to make our Club better in every way. Thank you Michael, we greatly and gratefully appreciate it!

## Help Wanted

ATTENTION: Writers, Artists, Proofreaders, and Computer Nerds are Urgently needed to assist the Editor in the Publication of Our Club's Newsletter. Please give your Name, Email, and Phone Number to Tony Baron, Club Manager, or Kiki, Assistant Club Manager, who works with the Cafe staff.

## One Member's Story

### Why I Support the Alano Club – Tony B.

*Tuesday afternoon, July 4<sup>th</sup>, was a very special day here at the Alano Club as members observed Independence Day and celebrated the 44th Sobriety Birthday of Club Manager, Tony Baron. A fund-raiser barbeque was held in the Serenity Garden with the chefs being our own kitchen chef, Angela Young, and her brother, Martin.*

*In October of 1976 Tony began working as the Club Manager after having served for about two years on the Board of Directors. Tony came to a Twelve Step Group in 1971 and his sobriety birthdate is July 4<sup>th</sup>, 1973. When asked "Why did you make this your last drink?" Tony responded, "I got tired of waking up in Jail. I received Three DUIs in a Two-week period. That was the start of a Wake-up Call. I started to think that maybe alcohol could be a problem for me."*

*Born in Billings, Montana, Tony's family moved to Palo Alto when he was five years of age. He has great, happy memories of his early childhood. "I was treated very well as I was an only child." He says that in High School he had just three favorite subjects, "Drinking, Girls, and Cars. I wasn't a stellar student." Tony says he was a Quiet Student, and that he got his first pair of glasses at age five. In the early 60's he and about 150 other students graduated from Palo Alto High School.*

*Tony, when was your First Drink? "At age 11, my Father died in Stanford Hospital. He was 55. This was back in the day that people would check-into a hospital for a much-needed rest. The problem was that he just never came back out.*

*"I now felt like that I had to become a Man. I was angry and confused. I began smoking and drinking at age 11, right after Dad's Death. I was able to Quit Smoking about 35 years ago. When I quit, I was smoking close to five packs per day. I would just light one cigarette off the other, saving matches."*

*Shortly after graduating from High School, Tony went into the Army. He completed his service time in 1966 with the rank of E-4. He was stationed in Okinawa for two years. During his service time, he got to see Hawaii and Japan.*

*"Before starting as the Club manager in 1976, I had worked at jobs ranging from Ambulance Driver to Carpenter to Bartender. I was Bartender and manager for both the Hyatt and LeBaron Hotels. I was a bartender at the Hyatt House in downtown San Jose when I first began attending meetings at the Alano Club. When I became a Board member in 1973, I had just over one year of sobriety." As sobriety and meetings became Tony's normal routine he enrolled in San Jose City College with a Business Major, and later transferred over to San Jose State University. He left SJSU around 1985.*

*Tony has been married twice and is the Step-Father to three Daughters and one Son. In 1972, at age 27 he married his first wife Audrey. "We parted as friends, and in 1980 I married Sofia. Both of my ex-wives had children, and I learned a lot from them. All four are adults now."*

*A man of few words, Tony has worked with many Board Members to make the Alano Club of San Jose more inclusive by accepting a wide range of groups to have meetings here at the Club. "I think we were quite inflexible early on in regards to people who abused more things than alcohol. We have realized that drugs or alcohol are just a symptom of a deeper problem. Around 1976 there were Club members who couldn't tolerate members who had problems with drugs, and the Alano Club West was organized."*

*Tony has many precious memories of the Club's accomplishments. He knows the Twelve Steps work. His greatest frustration is that the club could easily go out of business without the financial support of Club Memberships. Some of the excuses he has heard from people who turn-down the invitation to become a supporting member include: "I don't use the Club as a Social Club." "I can't afford it" (because I have a Cell Phone). "I can't afford it because I have a \$60,000 automobile." Or, "I'm five years behind with my child support!"*

— By Bill McBride – A.A. member and ALANO Club Supporter

## Activities & More at the Alano Club of San Jose

**Luther Brock & Onnie Green**

408-828-8103                      916-706-9279

*Invite Fishing Lovers To the*

### **Milton Brock Memorial Fishing Trip**

--AA Meeting Onboard--

Sunday - Aug. 6, 2017

*PLACE: Monterey, CA.*

(All-Day Event - Costs about \$150)

**Intergroup Central Office Presents**

### **A.A. Unity Day - 2017**

Sunday, August 20<sup>th</sup>

8:30 a.m. to 8:00 p.m.

Milpitas Community Center

457 East Calaveras Blvd. - Milpitas, CA 95035

E-mail to volunteer: [unitydayscc@gmail.com](mailto:unitydayscc@gmail.com)

**Join Us for a day filled with Great Speakers, Fantastic Workshops,  
Free Food (Breakfast, Lunch & Dinner) and Unlimited Fellowship!**

Co-Sponsors: General Service Districts 04 and 40, Hospitals & Institutions, with participation from Al-Anon.

### **Car Show!**

September 10<sup>th</sup>

This all day event will feature  
classic and custom cars.

Raffle and Prizes

### **Heritage Dinner**

October 21<sup>st</sup>

The Annual Heritage Dinner is  
presented by a professional chef  
each year. The menu for year's  
event will feature Mexican cuisine.

Raffle and Prizes

# The Alano Club of San Jose – 12 Step Meetings

<b>Alcoholics Anonymous</b>		<b>Narcotics Anonymous</b>	
Sat & Sun	8:30 am	Sat & Sun	10:00 am
Mon-Fri	9:00 am	Sun	10:00 am (Spanish)
Sat	10:00 am (Men)	Thu & Fri	6:00 pm (Women)
Daily	12:00 pm	Sun	6:30 pm (Speaker)
Sun	1:30 pm (Women)	Mon & Tue	6:30 pm
Mon-Fri	4:00 pm	Sun	7:30 pm (Spanish)
Sun	5:00 pm (Men)	Tue	8:00 pm (Spanish)
Mon-Thu, Sun	6:00 pm	Tue	8:00 pm (Book Study)
Sat	6:00 pm (Newcomers Q&A's)	Fri	8:00 pm
Tue	6:00 pm Veterans Meeting	Sat	8:00 pm (Speaker)
Fri	6:30 pm (Speaker)		
Mon-Fri	7:30 pm (Spanish)		
Mon	8:00 pm (Tagalong)		
Tues	9:30 pm (Men)		
<b>A Medicine Crow Talking Circle</b>		<b>Cocaine Anonymous (CA)</b>	
Sat	12:00 pm	Sat	8:00 pm
<b>Co-Dependents Anonymous</b>		<b>Al-Anon</b>	
Sun	5:00 pm	Mon	8:00 pm
Wed	6:30 pm	Tue	12:00 pm

## An Interesting Observation: The Birds

- Most Birds are Happy Creatures.
- Birds never Complain.
- Birds are continually singing throughout the day or much of the night.
- Birds never have to take Vitamins or Valium.
- Birds don't Smoke, Drink or Take Drugs (unless it's against their will).
- Birds never have to worry about running out of Toilet Paper.
- Birds are seldom Constipated. I'm betting there are times you wish they were!
- Birds may stay-up half of the night, but they are always singing when daybreak arrives.

--- Bill McBride -- A.A. member

# Please Support Your Club Advertisers!



A&H Heating and Air



Montana Silver 796



Sharkey Law



HazMat

If you are licensed and bonded with a Trade, and or run your own Business, we welcome you to advertise with The Alano Club of San Jose, Inc. Your Business Card will also be placed on the Alano Club website. We continue to support your business!  
[www.alanosj.org](http://www.alanosj.org)