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#### **Board of Directors**

Laura Martin - President Mark Buchanan VP Penny Johnson Secretary, Tammy Aguirre Peggy Mayo Bill Lawrence Joey Martinez

#### Alano Club Staff

Tony Baron - Manager Anthony Martinez - Ast.Mgr. Angela Young Maria Garcia Regina Palacios Tammy Aguirre Terri Weeman Tinamarie Savala Patrico Lomas

Alano Club of San Jose
Board of Directors Meeting
March 2, at 6:00 pm
Members Welcome

Fair Avenue Fellowship
Steering Committee Meeting
March 9, at 6:30 pm
All Are Welcome

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## The Alano Club of San Jose News

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www.alanosj.org

The Alano Club is your Club. Our mission is to:

- Provide a safe & supportive environment where 12-step recovery can take place
- Provide information to help those new to recovery
- Provide encouragement through fellowship within a twelve step community
- Provide a place where twelve step meetings can take place
- Provide a social setting for events and other recovery-related activities

We have been a community asset for over sixty-eight years

### **Sobriety Milestones**

Name	Milestone	Years	Name	Milestone	Years
David W	03/03/1988	29	Phil L	03/03/2004	13
Denise G	03/04/2003	14	Joe B	03/06/1983	34
Andy L	03/06/1989	28	John K	03/06/1993	24
Tonalea T	03/08/2015	2	Juan G	03/10/2006	11
Esequiel Z	03/15/1994	23	Socrates H	03/15/2015	2
Bruce B	03/16/1991	26	John H	03/16/2010	7
Carlos L	03/18/2007	10	Carolyn S	03/19/1977	40
Michael S	03/19/2013	4	Bry-Bear G	03/20/1997	20
Royce F	03/25/1989	28	Dennis F	03/27/1985	32
Jerome A	03/27/2004	13	Mike A	03/28/1992	25
Regina P	03/28/2003	14	Diane N	03/28/2012	5
Kevin A	03/30/2004	13			

### **Member of the Month - Tony Purnell**

Tony P. has been an exemplary member of the Alano Club. He has served on the Board of Directors. Tony provides invaluable service to our 12<sup>th</sup> Step Fellowships. He always pitches in when help is needed. Tony has participated in countless events to assure their success. He has been involved in planning and overseeing various events. He will soon be involved with various renovations of our club. The Alano Club is better for his contributions and service.

### Help Wanted - Newsletter Publications Committee

We are working with two club members who have agreed to become Co-Editors. We need Artists, Photographers, and Writers who will meet at least two times monthly to prepare the next month's issue of our newsletter. Bad Spelling & Grammar is Okay!

Please stop by and talk with Tony Baron. Training provided.

## Activities & More at the Alano Club of San Jose

## St. Patrick's Day Dinner

Friday, March 17th

Traditional Irish Dinner – Corned Beef and Cabbage We will start serving at 3 pm

The Santa Clara County Intergroup Presents

# Annual Chili Cook-off Lincoln Glen Church – 2700 Booksin Ave. – San Jose \$10 Suggested Donation

Saturday – March 18<sup>th</sup> - 12 Noon to 3:00 p.m. If you're on a Cooking Team or Volunteering, this will be an "All Day Long" Event.

To Volunteer or Register your Team, please Call the A.A. Central Office at 1-408-374-

Our 9<sup>th</sup> Annual 10K Recovery Walkathon- May 20<sup>th</sup>, 2017 Registration Packets are now available at the café counter here at the Club Or call Regina P. 408-297-1878

> Join us Sign in at 8:00, Walk at 9:00 am

Hello Golfers and Golf Lovers -- Mark your Calendar for June 11, 2017 for the

# Our 31st Annual ALANO Club of San Jose - Golf Classic Los Lagos Golf Course

2995 Tuers Rd. - San Jose - 95121

June 11, 2017 – 9:30 Check-In 10:30 1<sup>st</sup> Tee Time Steak Dinner & Prizes follow at the Alano Club BBQ Pit. For more information call Tony B. 1-408-297-1878.

### The Alano Club of San Jose - 12 Step Meetings

Alcoholics Anonymous		Narcotics Anonymous	
Daily	9:00 am, (except Saturday 8:30 ณฑ)	Mon & Tue	6:30 pm
Daily	12:00 pm	Tue	8:00 pm (Book Study)
Mon- Fri	4:00 pm	Tue	8:00 pm (Spanish)
Mon-Thu+S	Sun 6:00 pm	Thurs	6:00pm (women)
Mon	8:00 pm (Tagalog)	Fri	6:00 pm <b>(Women)</b>
Sat	6:00 pm (Newcomers Q & A's)	Fri	8:00 pm
Tue	9:30 pm <b>(Men)</b>	Sat	8:00 pm (Speaker)
Fri	6:30 pm (Speaker)	Sat & Sun	10:00 am
Sat	10:00 am <b>(Men)</b>	Sun	10:00 am <b>(Spanish)</b>
Sun	1:30 pm (Women), 5:00 pm (Men)	Sun	6:30 pm (Speaker)
Mon-Fri	7:30 pm (Spanish)	Sun	7:30 pm <b>(Spanish)</b>
AAN	Medicine Crow Talking Circle		Cocaine Anonymous (CA)
Sat	12:00 pm	Sat	8:00 pm
	Co-Dependents Anonymous		Al-Anon
Sun	5:00 pm	Mon	8:00 pm
Wed	6:30 pm	Tue	12:00 pm

## **Cup of Coffee Meeting Location – Update**

The Saturday "Cup of Coffee" meeting will now be held in the Fellowship Hall from 8:30 a.m. to 9:30 a.m. each Saturday morning. The first meeting in the "Big Room" was held on Saturday morning, Feb. 11<sup>th</sup>.

If you have questions or need more information, please contact "Magic Mike"Y. at 1-734-558-1501 or by email at *mjyoung19@yahoo.com* 

## Fair Avenue Fellowship Secretary Workshop

The The following members of the Fair Avenue Fellowship Group of Alcoholics Anonymous successfully completed the Secretary Workshop in January and February.

Bobby B. Steve C. Jim G Ivory J Marliza L. Keith S. Kerry B. Robert D. Jerry G. Laura K. Tinamarie S. Terri W.

Congratulations on your continued commitment to service.

# Please Support Your Club Advertisers!



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Montana Silver 796



**Sharkey Law** 



South Bay CompuTech



HazMat

If you are licensed and bonded with a Trade, and or run your own Business, we welcome you to advertise with The Alano Club of San Jose, Inc.

Your Business Card will also be placed on the Alano Club website.

We continue to support your business!

www.alanosi.org

# A Member's Story

### Bill L. Talks About the Alano Club of San Jose

Bill L. began his journey in sobriety on January 4, 1989, the first day he set foot in the Alano Club of San Jose. He was happily, so he says, staying at a homeless shelter where Charlie L., a fellow traveler in the disease of alcoholism and addiction, said to him, "Bill, you're a rat. Go talk to Tony at the Alano Club." So, early on the morning of January 4, he camped on the steps until Tony arrived and invited Bill in for a cup of coffee, breakfast, handed him a dust mop and gave him something to do. This was quite a shock to Bill as no one was inviting him anywhere or expecting him to do anything but drink and use in those days.

When Bill returned to the shelter that night, Charlie asked him how it went and told him, "You gotta go back, Bill, you gotta go back," and so he returned the next day. In the kitchen, Mary, who's still working at the cafe, started giving him little jobs to do. Soon he was spending all his days at the Club and within a few weeks Tony offered him a place to stay and food to eat in exchange for working around the Club. He began taking pride in his work, waxing the floors every week to such a high sheen that people were slipping and sliding at the many dances being held at the time. During that year he wasn't really working a strong program, but when he found himself entertaining 'Stinking Thinking', it was the closeness he had with the staff and his feelings of being accepted and included by them -- that kept him from going out.

In 1990, he met his future wife and they moved away. He spent the next couple of years moving from Yosemite to Reno to Pismo Beach to Santa Cruz. When life "showed up" in the guise of his wife's relapses and ultimately a divorce, he returned to San Jose where he got a job in sheet metal and started coming back to the Club. Suffering still from his divorce, he began talking again to Tony and he recommended Bill look into another 12-step fellowship at the Club: CoDA (Co-dependents Anonymous). "It was really inspirational the way Tony was always there for me," he says. Soon, Tony became Bill's sponsor and has continued being so now for nearly 26 years.

Today, Bill L. secretaries meetings, helps out with events, serves on the Board and gives what he can regularly to support the Club. "This place saved my life and the people I have met here saved my life. They got me to see things in myself that definitely need to be addressed and changed," he says. To Bill the Alano Club of San Jose is the ultimate safe harbor. The doors are always open and people always welcoming. I was able to learn a new way of living through the volunteers here and their generosity. "It's inclusive welcoming and comforting especially to strangers," Bill says. He is forever grateful to Charlie L. for persuading him to come into the Alano Club. Although Charlie never made it, he, like Bill L. himself, found the people loving and willing to do anything to help.

--- By Penny J. -- A Club Member and Supporter