

The Alano Club of San Jose News

1122 Fair Avenue, San Jose CA 95122

Phone: 408.297.1878 Fax: 408.297.4100

www.alanosj.org

February 2017

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Alano Club of San Jose
Board of Directors Meeting
February 2, at 6:00 pm
 Members Welcome

Fair Avenue Fellowship
Steering Committee Meeting
March 9, at 6:30 pm
 All Are Welcome

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The Alano Club is your Club. Our mission is to:

- Provide a safe & supportive environment where 12-step recovery can take place
- Provide information to help those new to recovery
- Provide encouragement through fellowship within a twelve step community
- Provide a place where twelve step meetings can take place
- Provide a social setting for events and other recovery-related activities

We have been a community asset for over sixty-eight years

Sobriety Milestones

Name	Milestone	Years	Name	Milestone	Years
Anthony P	02/01/1988	29	Norman Q	02/01/1994	23
Erne O	02/01/2001	16	Bill B	02/01/2014	3
Steve C	02/01/2016	1	Hank B	02/02/1988	29
Bill P	02/02/1993	24	Lawra C	02/02/1997	20
Al D	02/02/2016	1	Andy S	02/05/1987	30
Sue E	02/07/2009	8	Luther B	02/09/1990	27
Robert M	02/09/2014	3	David E	02/10/1998	19
Bud N	02/14/2009	8	Jerry V	02/15/1991	26
Walter M	02/16/2004	13	Jack S	02/17/1988	29
Steve H	02/17/2011	6	Rigo J	02/18/1987	30
George P	02/18/1990	27	Carroll P	02/19/1994	23
Lupe Z	02/19/2012	5	Zenaida M	02/19/2013	4
Miguel M	02/20/2016	1	Horace C	02/21/1995	22
Judy H	02/22/2005	12	Ron B	02/22/2013	4
Curtis H	02/23/1988	29	Thompson S	02/23/1999	18
Jose C	02/23/2003	14	Peggy M	02/23/2015	2
Jared S	02/23/2016	1	Cora S	02/24/1987	30
Diamond V	02/26/2004	13	Samuel T	02/27/2014	3

Members of the Month – Steve H.

Steve Hill has been an exemplary member of the Alano Club. He has served on the Board, provides invaluable service to our 12th Step Fellowships and always pitches in when help is needed. Steve has participated in countless events to assure their success, planning, overseeing, cooking, cleaning, hauling – just helping out. The Alano Club is better for his contributions and service.

Remembering our Good Friends

Current member Daniel (Taco) Loyola passed and there will be a Celebration of Life Memorial here at the Club February 25th 2-5 pm

Current member Gary Bohn passed after a long battle with Cancer.

Former member Morris Taylor passed. Morris resided in Florida.

Activities & More at the Alano Club of San Jose

Super Bowl Party

Sunday, February 5th 2017
Kickoff at 2:30 PM

Come fellowship and watch the game in the Café
See you there!

Valentine's Day & Eve

Monday & Tuesday
February 13th and 14th 2017

Baked Treats, Balloons, During Business hours

St. Patrick's Day Dinner

Friday, March 17th

Traditional Irish Dinner – Corned Beef and Cabbage
We will start serving at 3 pm

The Alano Club of San Jose – 12 Step Meetings

Alcoholics Anonymous		Narcotics Anonymous	
Daily	9:00 am, 12:00 pm	Mon & Tue	6:30 pm
Mon- Fri	4:00 pm	Tue	8:00 pm (Book Study)
Mon-Thu	6:00 pm	Tue	8:00 pm (Spanish)
Mon	8:00 pm (Tagalog)	Thurs	6:00pm (women)
Sat	6:00 pm (Newcomers Q & A's)	Fri	6:00 pm (Women)
Tue	9:30 pm (Men)	Fri	8:00 pm
Fri	6:30 pm (Speaker)	Sat	8:00 pm (Speaker)
Sat	10:00 am (Men)	Sat & Sun	10:00 am
Sun	3:00 pm (Women) , 5:00 pm (Men)	Sun	10:00 am (Spanish)
Mon-Fri	7:30 pm (Spanish)	Sun	6:30 pm (Speaker)
		Sun	7:30 pm (Spanish)
AA Medicine Crow Talking Circle		Cocaine Anonymous (CA)	
Sat	12:pm	Sat	8:00 pm
Co-Dependents Anonymous		Al-Anon	
Sun	5:00 pm	Mon	8:00 pm
		Tue	12:00 pm

Help Wanted

Newsletter Publications Committee

We are working with two club members who have agreed to become Co-Editors. We need Artists, Photographers, and Writers who will meet at least two times monthly to prepare the next month's issue of our newsletter. Bad Spelling & Grammar is Okay!

Please stop by and talk with Tony Baron. Training provided.

Stories Wanted

Do you know a dues-paying member of the ALANO CLUB who has had an interesting 12 Step story? Encourage them to share their Recovery Story in Print. Please leave Your Name and Number for Tony or Kiki at Snack Bar. Or, leave your Friend's number.

Please Support Your Club Advertisers!



Joseph Bennett
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ATTORNEY AT LAW

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SAN JOSE CALIFORNIA 95110

thompsonsharkey@att.net
408-283-9458

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If you are licensed and bonded with a Trade, and or run your own Business,
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Your Business Card will also be placed on the Alano Club website.
We continue to support your business!
www.alanosj.org

Words of Encouragement and Hope

... Carrying the Message – 12 Step Recovery

In a meeting today that I attended today, I was asked why I was there. I had a simple answer, “Because I know I can’t do it alone. None of us can.”

Our programs are based on one person helping another in the recovery of our addiction, whether it be alcohol, drugs, co-dependency, or any other 12 step recovery program. For myself, I try to help whenever someone is in need. In meetings, I go to the newcomer, and ask if there is anything they need. I see if they have a meeting guide, if they have any questions, and or just want to talk. I introduce them to others in the room and suggest that they get phone numbers. I remember that so many caring and kind people approached me, and their care meant a lot. Because of this, I kept coming back.

If someone asks for my number, I willingly give it. If they call, I make sure I speak with them, and follow up on their questions or their need to just talk.

I never forget how much help, advice and support that I have received from many special men and women, and I want to give back for all I received. I sign up for what service commitments I can, and help celebrate sobriety birthdays. I also share information about impactful recovery books and materials that have been meaningful to me.

I don’t do anything for others to get something for myself. I do it because it makes me feel good, makes me not focus on myself, and hopefully pays back all of the members of whom so freely gave to me in my recovery.

Certainly, economic times can be a challenge to many, but helping others doesn’t cost a thing but our time!

Whatever your 12 step recovery program(s) – each of us are in service to each other and should never forget it!

~ Anonymous member of 12 Step Recovery

