

The Alano Club of San Jose News

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www.alanosj.org

September 2016

Board of Directors

Steve Holloway - President
 Laura Martin- VP
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 Jerry Huntley
 Penny Johnson
 Tonalea Torres

Alano Club Staff

Tony Baron
 Maria Garcia
 Regina Palacios
 Anthony Martinez
 Angela Young
 Tammy Aguirre
 Aaron Buchannon
 Terri Weeman
 Madelyn Gonzalez

Alano Club of San Jose
Board of Directors Meeting
September 1st at 6:00 pm
 Members Welcome

Fair Avenue Fellowship
Steering Committee
Meeting
September 8 at 6:30 pm
 All Are Welcome

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The Alano Club is your Club. Our mission is to:

- Provide a safe & supportive environment where 12-step recovery can take place
- Provide information to help those new to recovery
- Provide encouragement through fellowship within a twelve step community
- Provide a place where twelve step meetings can take place
- Provide a social setting for events and other recovery-related activities

We have been a community asset for over sixty years.

Sobriety Milestones

Name	Milestone	Years	Name	Milestone	Year
Nancy C	09/01/1988	28	Jill L	09/02/1987	29
Carl H	09/04/1984	32	Latisha C	09/06/2015	1
Thomas G	09/07/1982	34	Daniel S	09/07/2015	1
Edward M	09/09/1977	39	Steve T	09/09/1992	24
Robert P	09/09/1994	22	Maria C	09/09/2010	6
Kevin O	09/10/2011	5	Larry A	09/10/2015	1
Ed R	09/12/1987	29	Ivory J	09/14/2006	10
Sal C	09/15/1988	28	Cassandra A	09/15/2014	2
Art V	09/18/1998	18	Randy G	09/21/1987	29
Steve M	09/21/1996	20	Gaylynn R	09/22/2009	7
Noah L	09/22/2013	3	Michael J	09/24/2001	15
Mac M	09/25/1973	43	Joe P	09/25/2000	16
Marlene S	09/27/1993	23	Carmen L	09/29/2014	2
Matt p	09/29/2015	1			

Member of the Month – Craig Swanson

In Memoriam of Craig Swanson – he would always give his time and help fix things around the club whenever it was needed, without a thought. He was a valued member of the club.



Activities & More at the Alano Club of San Jose

Lip Sync Battle Coming - This Month

Hangout with your friends!

Contact - Tony P. 408 -509-5150

Date: September 24th

Where: The Alano Club

Time 9:30 to Mid



The Alano Club of San Jose Heritage Dinner



*When: October 15th
\$25 Per Person
75 Tickets Available*

Tickets Will Be Available at Counter starting Sept. 15th



Would you Like to Be in Service?

Any ideas for an Event?

Would you like to help plan an event?
Please See Tony P. 408-509-5150

We also would like to thank everyone
that
gives Donations and Volunteers
Their Time



Question to the Members

The Alano Club of San Jose is
Requesting Your Input ...

The current By Laws require a quorum of Five Board Members to conduct Club business otherwise no decision can be made in regard to Club business, activities and or issues. The quorum is defined as more than half of the elected board members.

Choose one pf the following and give is us your feedback.

So we would like to know what do you think about dropping the amount of actual board members?

- 1, Keep the number of elected board members at (9) and current quorum of (5)
2. Change the number of elected board members to (7) for a new quorum of (4).
3. Change the number of elected board members to (5), then you only need three (3) for a quorum.

Or should it stay the same?

As always, every dues paying member is welcome to attend the monthly board meetings and the membership meeting that is held every December. We value your input!

We ask that you please contact Tony Baron or Laura Martin with your thoughts,

We Appreciate You and Your Input!

The Alano Club of San Jose – 12 Step Meetings

Alcoholics Anonymous		Narcotics Anonymous	
Daily	9:00 am, 12:00 pm	Mon & Tue	6:30 pm
Mon- Fri	4:00 pm	Tue	8:00 pm (Book Study)
Mon-Fri	6:00 pm	Tue	8:00 pm (Spanish)
Mon	8:00 pm (Tagalog)	Thurs	6:00pm (women)
Sat	6:00 pm (Newcomers Q & A's)	Fri	6:00 pm (Women)
Tue	9:30 pm (Men)	Fri	8:00 pm
Fri	6:30 pm (Speaker)	Sat	8:00 pm (Speaker)
Sat	10:00 am (Men)	Sat & Sun	10:00 am
Sun	1:30 pm (Women) , 5:00 pm (Men)	Sun	10:00 am (Spanish)
Mon-Fri	7:30 pm (Spanish)	Sun	6:30 pm (Speaker)
		Sun	7:30 pm (Spanish)
AA Medicine Crow Talking Circle		Cocaine Anonymous (CA)	
Sat	12:pm	Sat	8:00 pm
Co-Dependents Anonymous		AI-Anon	
Sun	5:00 pm	Mon	8:00 pm
		Tue	12:00 pm

EDITORIAL

Your Club Needs
Your Membership

By

William E. McBride

Creator of the Article Series:

*“Why I Am A Member
of the San Jose ALANO Club”*

On July 4th, 2016, America celebrated its 240th birthday since the signing of the “Declaration of Independence”.

That document was signed by dozens of statesmen and other Founding Fathers on July 4, 1776, in Philadelphia, PA.

This year in October, the San Jose ALANO Club celebrates over sixty some years of being a haven for Recovery Programs in the San Jose area. We didn't start with a Declaration of Independence, however, but with and by Twelve Step Members and Dreamers that wanted a gathering place for persons interested in recovering from their various addictions and "-isms".

Your ALANO Club sponsors (rents-out meeting space) to AL-Anon, Cocaine Anonymous, Narcotics Anonymous, Co-Dependents Anonymous, Native Americans and Alcoholics Anonymous. A meeting schedule for all these groups appears each month in the club newsletter; and on the bulletin board near the main meeting room, close to the water fountains and the Goble Café. Here's a break-down of the meetings offered by the various groups mentioned above. They are:

- *Native American Medicine Circle -- One meeting weekly.*
- *Cocaine Anonymous -- One meeting weekly.*
- *Co-Dependents Anonymous – 2 meetings weekly.*
- *AL-ANON – 2 meetings weekly.*
- *Narcotics Anonymous -- 12 meetings weekly.*
- *Alcoholics Anonymous – 33 meetings weekly.*

Operating the ALANO Club of San Jose is an expensive undertaking, but the challenge is met each month with competence and grace by the management and staff of the club – as well as Cheerleading and Guidance by the Board of Directors. With-out Volunteers and Club Members the club would constantly be hurting trying to operate in the black when actually it's operating almost in the red.

Please do not read something between the lines of this editorial. We are not going broke, but new members are constantly needed to fill the slots of those members who drop-out, die, or move away.

Your ALANO Club started in downtown San Jose, and has been located in one other location before opening up at Fair Ave. and McLaughlin a number of years ago

As of June 2, 2016, the ALANO Club has 387 members on the roll. However, of that number, a total of 175 members are quite delinquent in paying their monthly dues. This leaves us with a total of 210 current members, who are up-to-date with their dues.

Club Dues are paid monthly and are available for a wide assortment of conditions. Many members qualify for a discounted membership rate. Rates are:

<i>Normal Monthly Club Dues</i>	<i>-- \$20.00</i>
<i>Students</i>	<i>-- \$10.00</i>
<i>Seniors</i>	<i>-- \$10.00</i>
<i>Disabled</i>	<i>-- \$10.00</i>
<i>Lifetime Dues for Seniors (over age 62)</i>	<i>-- \$1,000.00</i>
<i>Regular Lifetime Dues</i>	<i>-- \$2,000.00</i>

Your budget may allow you to become a member. As noted above, the normal monthly dues are \$20 per month; but many members qualify for a discount. Because of numerous expenses, the Club always needs new

Each month the PG&E utility bill equals about \$1,800.00 per month. Once all the sources are tallied, the club receives about \$250,000.00 to \$275,000.00 approximately each year. This is approximately an estimated income amount of \$20,775 to \$22,770 per month.

Other monthly expenses include Workman's Compensation --- \$750.00 to \$1,500 per month. Payroll expenses average \$11,666 per month. The total Club Expenses (monthly) average \$17,466 to \$18,333.

For more information, contact a member of the Board of Directors; Tony Baron, Club Manager, or Kiki the Assistant Manager – who also is the Goble Café Kitchen Manager.

Please support our Club Advertisers!



Joseph Bennett
General Manager

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