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May 2016

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Alano Club of San Jose Board of Directors Meeting May 5 at 6:00 pm Members Welcome

Fair Avenue Fellowship Steering Committee Meeting May 12th at 6:30 pm All Are Welcome

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The Alano Club of San Jose News

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The Alano Club is your Club. Our mission is to:

- Provide a safe & supportive environment where 12-step recovery can take place
- Provide information to help those new to recovery
- Provide encouragement through fellowship within a twelve step community
- Provide a place where twelve step meetings can take place
- Provide a social setting for events and other recovery-related activities

We have been a community asset for over sixty years.

Sobriety Milestones							
Name	Milestone	Years	Name	Milestone	Year		
Felix L	05/04/1992	24	Steve H	05/06/1985	31		
David R	05/06/1989	27	Andy H	05/13/2005	11		
Doug M	05/15/2014	2	Danny G	05/18/2004	12		
Tamsen K	05/18/2010	6	Mark M	05/24/1985	31		
Alex L	05/24/2006	10	Doris G	05/26/1973	43		
Douglas C	05/28/2008	8					

Member of the Month – Angela Y.

Angela Has been a valued member and employee for many years. She takes the time to organize and cook fundraiser dinners and BBQ's. She is always here to lend a helping hand when ever needed.

Quote from "Keep it Simple"

The reason why worry kills more people than work is that more people worry than work. -Robert Frost

Worry—It's a lonely activity. It puts distance between us and others. Our program is full of ideas about what to do with worry. In step 3, we turn our will and lives over to God. This includes our worry.

Our slogans also suggest what to do with worry. One day at a time. Live and let live. Easy does it. Let go and Let God. Their main message is to stop worrying. Trust the program. Trust your higher power. Everything will be ok.

Activities & More at the Alano Club of San Jose

The 8th Annual "Alano Recovery Walkathon" Stand Up For Your Recovery!

Not Walking?

Why not sponsor someone?

May 14, 2016 Registration at 8 AM Walk at 9 AM



Alano Club of San Jose 1122 Fair Ave, San Jose CA

Registration packets at the Club Café counter Questions, call Regina at 408-297-1794

30th Annual "Alano Club Golf Classic" 2016

Our Largest Event of the Year!

May 22nd 2016 9 AM Check In – 10 AM Begins Steak Dinner & Awards at Alano Club \$100 Entry Fee



Los Lagos Golf Course 2995 Tuers Road San Jose, CA 95121

In Honor Of Our Veterans & Those Serving Our Country Memorial Day BBQ Fundraiser

Monday, May 30th 2016 1:00 pm – 5:00 pm Join Us in the Serenity Garden!

\$12 Members and \$15 Non-Members

Includes: BBQ Ribs, Chicken, & Hot Links Potato Salad, Baked Beans, and Fruit Beverage



30th Annual "Alano Club Golf Classic" 2016

Schedule of Events: May 22, 2016

9:30 a.m.	Check in!! Enjoy some great prizes.
10:30 a.m.	The tournament begins with
	electricity in the air and anticipation
	in our hearts.
**Steak Din	ner and awards to follow the round at

The Alano Club BBQ pit**

Location: Los Lagos Golf Course 22995 Tuers Road San Jose, CA 95121 (408) 361-0255

All benefits from this Tournament go directly to the Alano Club of San Jose, Inc. The Alano Club is a Non-Profit 12 Step Meeting Hall/Social Club, established in 1951! We do hold the longevity record!! Let's keep it like that! The Classic is our BIGGEST SINGLE EVENT, year in and year out. You make that happen!

What you get:

\$100 dollar entry fee covers: Procrastinator Special (after May 7th)

To be a Tournament Sponsor: Tee or Hole Sponsor: Golf An Electrical Golf Cart Rib Eye Steak Dinner Fabulous Prizes \$125

\$200

\$50



The Official Registration Form			
Your Name: Mailing Address: Email Address:		_Telephone:	Zip:
NCGA #(If you don't have one then ent ** You will be in the Calloway Fligh			lgs:)
Who would you like in your group? This is of course contingent on early entry fees for y			
Entry Fee \$Optional: Tee Sponsor	\$ <u></u>	_Tournament Sponso	or \$
Entry forms may be mailed or hand delivered to:			

The Alano Club of San Jose – 12 Step Meetings

	Alcoholics Anonymous		Narcotics Anonymous
Daily	9:00 am, 12:00 pm	Mon & Tue	6:30 pm
Mon- Fri	4:00 pm	Tue	8:00 pm (Book Study)
Mon-Thu	6:00 pm	Tue	8:00 pm (Spanish)
Mon	8:00 pm (Tagalog)	Fri	6:00 pm (Women)
Sat	6:00 pm (Newcomers Q & A's)	Fri	8:00 pm
Tue	9:30 pm (Men)	Sat	8:00 pm (Speaker)
Fri	6:30 pm (Speaker)	Sat & Sun	10:00 am
Sat	10:00 am (Men)	Sun	10:00 am (Spanish)
Sun	1:30 pm (Women) , 5:00 pm (Men)	Sun	6:30 pm (Speaker)
Mon-Fri	7:30 pm (Spanish)	Sun	7:30 pm (Spanish)
AA	A Medicine Crow Talking Circle		Cocaine Anonymous (CA)
	12:00 pm	Sat	8:00 pm
	• • • • •		
	Co-Dependents Anonymous		Al-Anon
Wed	6:30 pm	Mon	8:00 pm
-	5:00 pm	Tue	12:00 pm

Alano West Has Challenged Us To A Soft Ball Tournament

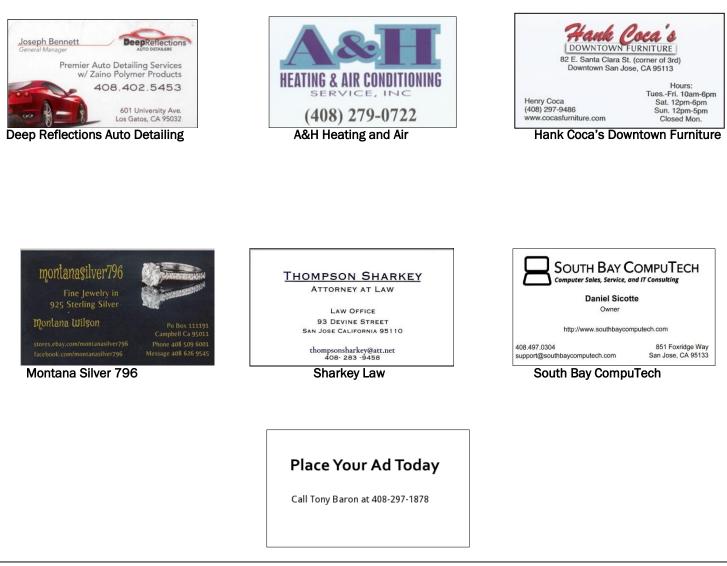
Interested in playing? Sign up at the café counter

Estimated Date of Tournament Is Sat June 11th 2016

If you have any questions please see Anthony P. or Laura M.



Please support our Club Advertisers!



"Angel Trucking" - Help Wanted

Small Business owner seeking four reliable, responsible men or women willing to work hard.

Work description: Relocating offices and other professional settings details discussed at interview If interested please contact Angel Badillo at (408)876-3603 or ag.badillo@gmail.com

> If you are licensed and bonded with a Trade, and or run your own Business, we welcome you to advertise with The Alano Club of San Jose, Inc. We continue to support your business!

<u>www.alanosj.org</u>