

December 2015

Board of Directors

Mike Austin - President
 Steve Holloway - VP
 Sue Erskin – Secretary
 Steve Carrasco
 Mingo Hurtado
 Joey Martinez
 Jerry Huntley
 Regina Palacios
 Penny Johnson

Alano Club Staff

Tony Baron
 Maria Garcia
 Regina Palacios
 Anthony Martinez
 Angela Young
 Tammy Aguirre
 Rudy Ortega
 Terri Weeman
 Cassandra Warren

Alano Club of San Jose
Board of Directors Meeting
December 03 at 6:00 pm
 Members Welcome

Fair Avenue Fellowship
Steering Committee
Meeting
December 10 at 6:30 pm
 All Are Welcome

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The Alano Club of San Jose News

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www.alanosj.org

The Alano Club is your Club. Our mission is to:

- Provide a safe & supportive environment where 12-step recovery can take place
- Provide information to help those new to recovery
- Provide encouragement through fellowship within a twelve step community
- Provide a place where twelve step meetings can take place
- Provide a social setting for events and other recovery-related activities

We have been a community asset for over sixty years.

Sobriety Milestones

Name	Milestone	Years	Name	Milestone	Year
Kindra T	12/01/2006	9	Taison W	12/03/2014	1
Jerry H	12/04/1990	25	Stephine H	12/04/2013	2
Shep H	12/07/2002	13	Muhammed Y	12/07/2007	8
John V	12/08/2014	1	James A	12/11/2013	2
Francisco H	12/12/1995	20	Eddie D	12/12/2006	9
Shauna T	12/12/2014	1	Jennifer V	12/17/2013	2
Butch M	12/18/1976	39	David K	12/22/1996	19
Michael O	12/27/1993	22	Chris G	12/28/1990	25
Mike O	12/30/1983	32	Diana B	12/31/1970	45

Member of the Month – Alano Club Staff

The Alano Club staff are so much more than just co-workers, they are a family. Each person contributes their time to help out with so much more than just keeping the café running. They work together to plan and coordinate events, bake sales, and most importantly they take the time to make everyone that walks through that door feel welcomed and loved.

Tony, Regina, Maria, Anthony, Angela, Tammy, Terri, Cassandra, and Rudy,

Thank You!

Quote from “Keep It Simple”

Each day, somewhere in the world, recovery begins when one alcoholic talks with another alcoholic, sharing experience, strength, and hope.... *Alcoholics Anonymous, p.xxii*

All over the world, recovering men and women use the same Twelve Steps to live their lives. Our fellowship keeps on growing. The bigger it gets, the faster it grows. Why? Because the program brings our spirits back to life. All over the world, many of us were dying, and now we're full of life and love. We are bringing our world back to life. As we share our experience, strength, and hope, we help others join us in coming back to life.

Activities & More at the Alano Club of San Jose

Christmas Toy Drive
Free cup of coffee when you
donate an unwrapped toy

**Food Donations taken for
Christmas Dinner**
Sign-up sheet at Café Counter

TALENT SHOW ADUCTIONS

DECEMBER 19TH 2PM-4PM

SANTA COMES TO THE ALANO CLUB!

FRIDAY, DECEMBER 25TH

STOP BY TO SEE SANTA AND HIS TOYLAND OF GIFTS FROM
12 PM – 1:30 PM

THE FAIR AVENUE FELLOWSHIP GROUP INVITES YOU TO OUR

CHRISTMAS DAY ALCATHON

FRIDAY, DECEMBER 25TH 9 AM – 9 PM

&

CHRISTMAS DINNER

WILL BE SERVED AT 2 PM – 4 PM

AND HOSTED BY THE ALANO CLUB OF SAN JOSE

All Are Invited – Our Way Of Giving Back

Come Fellowship With Us!

Why I am a Member of the Alano Club of San Jose

One Member's Story – Penny J.

Who Are You? I'm grateful co-dependent alcoholic who today, thanks to this program, lives life on life's terms without having to change the way I feel. Before coming to AA I was run by self-pity and dishonest and self-seeking thoughts, motives and behavior.

Tell Me About Your Early Home Life. I grew up in a non-drinking, female-dominated household after my father and grandfather -- both alcoholic and my favorite people on earth -- disappeared from my life. This event seemed to be a defining moment for me. I also had an older accomplished sister whose shoes I felt I needed to fill but couldn't.

When Did You Have Your First Drink? I was in high school and discovered that that first drink was going to be the answer to ALL my problems. My second drink was a spree that ended up being enough to cause me to blackout, pass out and waking up only God knew where, and getting really sick.

When Did You Have Your Last Drink? After I had been in AA for around three years I went out for one big binge. That binge resulted in my getting hurt, getting in trouble with our Public Safety office and having a visit from the cops, all while in a blackout.

How Did You Find Out About AA? I knew about AA years before I came in as my closest friend was an active alcoholic who had lost everything, but I didn't relate to her problem with alcohol. Years later, my husband was court ordered to attend meetings and I went along with him. I knew then that I wanted what you all had but I wasn't ready to go to any lengths to get it

What Is Your Advice For The Newcomer? Keep coming back. When I came in I got a sponsor and did the deal but I still didn't get it. But I kept coming back because I didn't have anywhere else to go, and I listened and I read and reread and listened and read some more. Then one day I realized I had finally gotten it. We can't explain to the newcomer how this works but if we can convince them to just keep returning, they will be able to experience the miracle of this program for themselves.

ELECTIONS FOR 2016 "BOARD OF DIRECTORS" POSITIONS ELECTIONS FOR 2016 ALANO CLUB OF SAN JOSE "BOARD OF DIRECTORS" POSITIONS

Sunday, December 6th 2015 at 2 PM

There are 5 positions up for re-election and available for any new candidates who are interested.

Requirements to be a Board Member are:

- Minimum of one year of clean and sober time
- Ability to attend the monthly board meeting (first Thursday of each month, 6 – 7:30 pm)
- Commitment to put in up to 15 hours monthly on various projects and activities
- Commitment to participate as a member on several team committees
- Ability to attend a minimum of 50% of the club activities

There Will Be A Free Dinner For Any Current Dues Paying Member That Attends The Elections

The Alano Club of San Jose – 12 Step Meetings

Alcoholics Anonymous		Narcotics Anonymous	
Daily	9:00 am, 12:00 pm	Mon & Tue	6:30 pm
Mon- Fri	4:00 pm	Tue	8:00 pm (Book Study)
Mon-Thu	6:00 pm	Tue	8:00 pm (Spanish)
Mon	8:00 pm (Tagalog)		
Sat	6:00 pm (Newcomers Q & A's)	Fri	6:00 pm (Women)
Tue	9:30 pm (Men)	Fri	8:00 pm
Fri	6:30 pm (Speaker)	Sat	8:00 pm (Speaker)
Sat	10:00 am (Men)	Sat & Sun	10:00 am
Sun	3:00 pm (Women) , 5:00 pm (Men)	Sun	10:00 am (Spanish)
		Sun	6:30 pm (Speaker)
Mon-Fri	7:30 pm (Spanish)	Sun	7:30 pm (Spanish)
AA Medicine Crow Talking Circle		Cocaine Anonymous (CA)	
Sat	12:00 pm	Sat	8:00 pm
Crystal Meth Anonymous (CMA)		Al-Anon	
		Mon	8:00 pm
		Tue	12:00 pm
Cross Addiction		Co-Dependents Anonymous	
		Wed	6:30 pm
		Sun	5:00 pm

Help Wanted

Do you know MS Office? How would you like to be our new Newsletter Editor?

Do you know computers and networking? How would you like to be our new “I.T. Guy/Gal”?

Please stop by and talk with Tony Baron. Training provided.

Please support our Club Advertisers!

Joseph Bennett
General Manager



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