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Alano Club of San Jose Board of Directors Meeting July 2nd at 6:00 pm Members Welcome

Fair Avenue Fellowship Steering Committee Meeting July 9th at 6:30 pm All Are Welcome

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The Alano Club of San Jose News

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<u>www.alanosj.org</u>

The Alano Club is your Club. Our mission is to:

- Provide a safe & supportive environment where 12-step recovery can take place
- Provide information to help those new to recovery
- Provide encouragement through fellowship within a twelve step community
- Provide a place where twelve step meetings can take place
- Provide a social setting for events and other recovery-related activities

We have been a community asset for over sixty years.

Sobriety Milestones

Name	Milestone/Ye	ears	Name	Milestone/Ye	ears
Tony B	07/04/1973	42	William B	07/04/2010	5
Bob R	07/05/2009	6	Christina N	07/06/2007	8
John M	07/07/1988	27	Frank R	07/07/2014	1
Peter F	07/08/2008	7	Domingo H	07/09/1989	26
Rocky F	07/09/2014	1	Mark P	07/10/1986	29
Jeanne W	07/10/2013	2	Rudy P	07/11/1998	17
Carolyn M	07/12/1987	28	Leo P	07/12/2010	5
Penny J	07/12/2014	1	Betty A	07/13/1982	33
Ricky L	07/13/2005	10	Leigh G	07/13/2007	8
Luis S	07/13/2014	1	Lisa R	07/15/1999	16
lan Y	07/16/2013	2	Victoria M	07/17/1994	21
Michael D	07/18/1982	33	Steve C	07/18/2005	10
Cassandra V	07/19/2008	7	Ed S	07/20/1984	31
AI G	07/20/2001	14	Kiki M	07/22/2008	7
Montana W	07/24/1996	19	Tim M	07/24/2012	3
Mike S	07/25/1971	44	Mike H	07/25/2008	7
Tammy A	07/26/2009	6	Stefanie C	07/27/1999	16

Member of the Month – Angela & Martin

Angela and her brother Martin have put forth great efforts to make bar-b-cues here at the Club a success. Many thanks for the spirit of volunteering that these two have always shown. Angela's enthusiasm encourages other and sets an example for others to follow.

Surprising Facts About Addiction*

Everyone knows that addictions are harmful, because they often cause serious physical, psychological, social and financial problems for people who struggle with them - the following facts about addiction tend to surprise many people:

- Addiction is unpredictable—it can happen to anyone at any time
- Many addicts suffer from co-occurring disorders, meaning they have an addiction alongside at least one other mental health condition
- Relapse happens to many people during recovery
- Addiction is a disease that is completely treatable

*FoundationsRecoveryNetwork.com

Activities & More at the Alano Club of San Jose

Fourth of July Barbecue

Serenity Garden 1 pm – 4 pm Raffle

Shake It Off Dance Production

July 27th at 9:30 pm Following the Speaker Meeting

2nd Annual Alano Club Car Show

July 26th 10 am – 4 pm Awards and Raffles Schedule Your Event Here at the Club With Tony Baron

One Member's Story

Hi, my name is Kiki Martinez; my sobriety date is July 22, 2008. Like many of us I came from a dysfunctional family. Many nights, I woke-up to hear violent fighting going on between my parents. My father was a "functional alcoholic". He went to work every day. He died at the age of 52, due to his drinking and drugging.

My mom abandoned me at a hotel in Santa Rosa when I was six or seven years old. It was during those early years that I discovered alcohol and drugs. I was sent to live with my grandparents in Orland, CA. My brother and I became juvenile delinquents. After breaking into the home of the county sheriff, I was placed on probation. I realized that I loved the excitement of stealing which I practiced well into my adult life.

I discovered the San Jose gangs while I was doing time in Juvenile Detention. Gang members made me feel part of and appreciated. From the age 15 to age 33, I was mostly homeless.

During one of the times I got involved with gangs, I was sent to the Boy's Ranch to do six months. I ended up doing a and a half because I was a fighter and was very disrespectful to the staff.

I had a daughter when I was 17. I wasn't part of her life until she was 11. My involvement with drugs, alcohol and gangs kept me locked up. I did time at the County Jail and Elmwood. In 2005, I got shipped-off to San Quinton where I served prison time of about two years.

The first time I came to the Alano Club was in 1999. I was sent here due to drinking and drug possession. I felt I was too young to be here. My second introduction to the Alano Club was in my twenties. I came here on Prop. #36. I stayed Clean and Sober for about one year, and then I went back-out. I was homeless again.

My real sobriety started in 2008, when I was 33 and I had been living in a shelter for about a month and one-half. It was during this time that I met my wife Terisa at the Club. Both of us were newcomers, with less than six months of sobriety.

Since 2009 I have had my daughter back in my life. My wife, Terisa and I have a Son who is now four. The most exciting news of my life was seven months ago. On November 24, 2014, my family moved into a beautiful four-bedroom apartment. This is my first place ever....l've never owned a home, ever in my life."

Today I'm giving back by supporting the Club which gave me back my life. It was the Alano Club which gave me a home when I did not have a home. I am now Alano Club's Assistant Manager. Sobriety helped make that happen.

Alano Club of San Jose Car Show

Saturday, July 26th 2015 10:00 am - 4:00 pm



For More Info: Joseph 408-402-5453 or 408-561-9791

Entrance Fee for Cars – \$ Your Donation Volunteers – Sign up in Cafe

People's Choice Awards	Two Raffles
 Best in Show Deepest Reflection Sweetest Low Rider Rattiest Rod 	 \$1 - Prizes includes 2 tickets to Gilroy Gardens \$5 - Two Tickets to Mexico or Hawaii

The Alano Club of San Jose – 12 Step Meetings

Alcoholics Anonymous		Narcotics Ar	Narcotics Anonymous	
Daily	9:00 am, 12:00 pm	Mon & Tue	6:30 pm	
Mon- Thu	4:00 pm	Tue	8:00 pm (Book Study)	
Mon-Thu	6:00 pm	Tue	8:00 pm (Spanish)	
Mon	8:00 pm (Tagalog)			
Sat	6:00 pm (Newcomers Q & A's)	Fri	6:00 pm (Women)	
Tue	9:30 pm (Men)	Fri	8:00 pm	
Thu	7:30 pm (Chip Mtg)	Sat	8:00 pm (Speaker)	
Wed	8:00 pm (Women)			
Fri	6:30 pm (Speaker)	Sat & Sun	10:00 am	
Sat	10:00 am (Men)	Sun	10:00 am (Spanish)	
Sun	3:00 pm (Women), 5:00 pm (Men)	Sun	6:30 pm (Speaker)	
Mon-Fri	7:30 pm (Spanish)	Sun	7:30 pm (Spanish)	
		Cocaine And	onymous (CA)	
		Sat	8:00 pm	
AA Medici	ne Crow Talking Circle			
Sat 12:00 pm		Al-Anon		
		Mon	8:00 pm	
Crystal Me	th Anonymous (CMA)	Tue	12:00 pm	
Sun	6:00 pm			
		Co-Depende	nts Anonymous	
Cross Addiction		Wed	6:30 pm	
Mon	7:30 pm	Sun	5:00 pm	

Help Wanted

Do you know MS Office? How would you like to be our new Newsletter Editor?

Do you know computers and networking? How would you like to be our new "I.T. Guy/Gal"?

Please stop by and talk with Tony Baron.

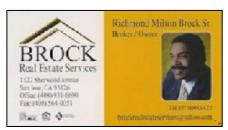
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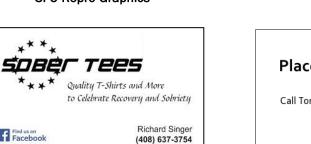


Adrian Flores Presents





SFO Repro Graphics





All About Recovery





SoberLife Mouthwash



If you are licensed and bonded with a Trade, and or run your own Business, we welcome you to advertise with The Alano Club of San Jose, Inc. We continue to support your business! <u>www.alanosj.org</u>

Sober Tees