

June 2015

# The Alano Club of San Jose News

1122 Fair Avenue, San Jose CA 95122  
 Phone – 408.297.1878 Fax – 408.297.4100  
[www.alanosj.org](http://www.alanosj.org)

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The Alano Club is your Club. Our mission is to:

- Provide a safe & supportive environment where 12-step recovery can take place
- Provide information to help those new to recovery
- Provide encouragement through fellowship within a twelve step community
- Provide a place where twelve step meetings can take place
- Provide a social setting for events and other recovery-related activities

We have been a community asset for over sixty years.

## Sobriety Milestones

Name	Milestone/Years	Name	Milestone/Years
Sonny P	06/01/1984 31	Cruz M	06/02/2007 8
Lori P	06/05/2014 1	Daniel L	06/07/1993 22
Dennis S	06/10/1989 26	Joey M	06/11/2007 8
Nina S	06/11/2013 2	Jeff S	06/13/1991 24
Tonya C	06/14/2007 8	Ronald C	06/15/1981 34
Manuel T	06/15/1992 23	Holly W	06/15/2009 6
Adrian F	06/16/1977 38	Jackie L	06/18/2013 2
Arnold C	06/25/2000 15	Garry B	06/28/1990 25

## Member of the Month – Rudy Ortega

Rudy has taken on the duties of keeping our grounds trimmed and weeded, he has also helped with some projects in the building. Rudy has really helped the club become a nicer place to visit.

## Our extreme thanks to those involved in the Recovery Walk-A-Thon.

Sixteen brave souls endured the searing heat and the clouds for the 10 kilometer trek and of most important we raised over \$1,600 for our Club.

Alano Club of San Jose  
**Board of Directors Meeting**  
 June 4th at 6:00 pm  
 Members Welcome

Fair Avenue Fellowship  
**Steering Committee Meeting**  
 July 9th at 6:30 pm  
 All Are Welcome

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## Did You Know . . .

- Alcohol is involved in one half of all homicides, most incidents of workplace violence, 70% of all family violence, and one -half of all other criminal activity.
- Approximately 40% of all traffic deaths involve drunken drivers.
- Alcohol is one of the most widely abused drugs in the United States. Experts estimate that 10 million to 20 million people suffer from alcoholism.
- Alcohol-related highway accidents is the leading cause of death among 15 to 24 year olds.”

- FOCUS On Substance Abuse, March 1996 issue

## Activities & More at the Alano Club of San Jose

### ***Alano Golf Classic***

June 14<sup>th</sup> at 9:00 am  
Los Lagos Golf Course

### ***Shake It Off Dance Production***

June 27<sup>th</sup> at 9:30 pm  
Following the Speaker Meeting

### ***Fourth of July Barbecue***

Serenity Garden  
1 pm – 4 pm  
Raffle

### **Car Show**

July 26<sup>th</sup> 10 am to 4 pm  
Contact Joseph  
408.402.5453 408.561.9791

## One Member's Story

“My name is Regina M. Palacios and I'm 46 years old. I am a cashier/cook at the ALANO Club of San Jose. I'm the mother of two adult children, and am currently a member of the ALANO Club Board of Directors. Badge # 57 is my number and I have been a club member since Nov. 12, 2003. I try to be very active here at the club.”

“I found the program in 1998, when I was court-ordered to go to meetings by the Drug Treatment Court. To comply with the wishes of the court, I was required to get a sponsor, work the steps, and get into service. Immediately, my life began to change. I am very grateful to Judge Manley and Judge Terri at Treatment Court.”

“Being court-ordered to do meetings, and I had to show proof. I was also required to do community service. The ALANO Club provided an opportunity for me to do both. Plus, the club was nearby where I lived. Over the years I had heard great things about the club...that I would get my life back, etc. Being a young woman, I knew my life had to change. God bless this wonderful place. Like many others, this place began to feel like a home.”

“My life now, 12 years later, has been great. My milestone date for me being both clean and sober is March 28, 2003. I feel good. I've always known in my heart that I am a sweet person. Now, I can look into a mirror and say, 'Regina, you're Awesome!'”

My children mean the world to me. My family is so supportive of the program. My oldest brother, Douglas is also in the program...so I know this works.”

What Advice Do You Have for the Newcomers?

Go to lots of meetings.

Get phone numbers.

Listen to the Old Timers.

Get a sponsor/Be a sponsor.

Find a home group.

Keep coming back.

**29<sup>th</sup> Annual “Alano Club Golf Classic” 2015**

**Schedule of Events: June 14<sup>th</sup>, Flag Day**

9:00 a.m. Check in!! Enjoy some great prizes.  
10:00 a.m. The tournament begins with  
electricity in the air and anticipation  
in our hearts.

**\*\*Steak Dinner and awards to follow the round at  
The Alano Club BBQ pit, Chef Angela\*\***

**Location:**

Los Lagos Golf Course  
22995 Tuers Road  
San Jose, CA 95121  
(408) 361-0255

All benefits from this Tournament go directly to the Alano Club of San Jose, Inc.  
The Alano Club is a Non-Profit 12 Step Meeting Hall/Social Club, established in 1951!  
We do hold the longevity record!! Let’s keep it like that!  
The Classic is our BIGGEST SINGLE EVENT, year in and year out.  
You make that happen!

**What you get:**

\$100 dollar entry fee covers:  
Procrastinator Special (after June 7<sup>th</sup>)  
To be a Tournament Sponsor:  
Tee or Hole Sponsor:

Golf  
An Electrical Golf Cart  
Rib Eye Steak Dinner  
Fabulous Prizes  
\$125  
\$200  
\$50



The Official Registration Form

Your Name: \_\_\_\_\_ Telephone: \_\_\_\_\_  
Mailing Address: \_\_\_\_\_ City: \_\_\_\_\_ Zip: \_\_\_\_\_  
Email Address: \_\_\_\_\_

NCGA # \_\_\_\_\_ (If you don’t have one then enter your average score for pairings: \_\_\_\_\_)  
\*\* You will be in the Calloway Flight if you do not have an NCGA #

Who would you like in your group? \_\_\_\_\_  
This is of course contingent on early entry fees for your group. 1<sup>st</sup> come 1<sup>st</sup> timers!!!

Entry Fee \$ \_\_\_\_\_ Optional: Tee Sponsor \$ \_\_\_\_\_ Tournament Sponsor \$ \_\_\_\_\_

Entry forms may be mailed or hand delivered to: The Alano Club of San Jose  
1122 Fair Avenue  
San Jose, CA 95122

## The Alano Club of San Jose – 12 Step Meetings

<b>Alcoholics Anonymous</b>		<b>Narcotics Anonymous</b>	
Daily	9:00 am, 12:00 pm	Mon & Tue	6:30 pm
Mon- Thu	4:00 pm	Tue	8:00 pm <b>(Book Study)</b>
Mon-Thu	6:00 pm	Tue	8:00 pm <b>(Spanish)</b>
Mon	8:00 pm <b>(Tagalog)</b>		
Sat	6:00 pm <b>(Newcomers Q &amp; A's)</b>	Fri	6:00 pm <b>(Women)</b>
Tue	9:30 pm <b>(Men)</b>	Fri	8:00 pm
Thu	7:30 pm <b>(Chip Mtg)</b>	Sat	8:00 pm <b>(Speaker)</b>
Wed	8:00 pm <b>(Women)</b>		
Fri	6:30 pm <b>(Speaker)</b>	Sat & Sun	10:00 am
Sat	10:00 am <b>(Men)</b>	Sun	10:00 am <b>(Spanish)</b>
Sun	3:00 pm <b>(Women)</b> , 5:00 pm <b>(Men)</b>	Sun	6:30 pm <b>(Speaker)</b>
Mon-Fri	7:30 pm <b>(Spanish)</b>	Sun	7:30 pm <b>(Spanish)</b>
		<b>Cocaine Anonymous (CA)</b>	
		Sat	8:00 pm
<b>AA Medicine Crow Talking Circle</b>		<b>Al-Anon</b>	
Sat	12:00 pm	Mon	8:00 pm
		Tue	12:00 pm
<b>Crystal Meth Anonymous (CMA)</b>		<b>Co-Dependents Anonymous</b>	
Sun	6:00 pm	Wed	6:30 pm
		Sun	5:00 pm
<b>Cross Addiction</b>			
Mon	7:30 pm		

### Speaker Meetings at the Alano Club of San Jose

Fridays:    AA – Fair Avenue Fellowship    6:30 pm

Saturdays: NA – Any Lengths Group            8:00 pm

Sundays:    NA – Any Lengths Group            6:30 pm

**Please support our Club Advertisers!**

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We continue to support your business!  
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