

February 2014

The Alano Club of San Jose News

1122 Fair Avenue, San Jose CA 95122
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 www.alanosj.org

Board of Directors

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The Alano Club is your Club. Our mission is to:

- Provide a safe & supportive environment where 12-step recovery can take place
- Provide information to help those new to recovery
- Provide encouragement through fellowship within a twelve step community
- Provide a place where twelve step meetings can take place
- Provide a social setting for events and other recovery-related activities

We have been a community asset for over sixty years.

Sobriety Milestones

Alano Club Staff

Tony Baron
 Maria Garcia
 Regina Palacios
 Anthony Martinez
 Angela Young
 Lea Guthrie
 Terisa Martinez
 Scott Lauer
 Tammy Aguirre

Name	Milestone/Years	Name	Milestone/Years
Norman Q	02/01/1994 20	Brian F	02/01/2007 7
Hank B	02/02/1988 26	Lawra C	02/02/1997 17
Andy S	02/05/1987 27	Judith B	02/06/1992 22
Sue E	02/07/2009 5	Luther B	02/09/1990 24
Sue W	02/09/2007 7	David C	02/09/2011 3
David E	02/10/1998 16	Anthony R	02/10/2010 4
David C	02/10/2013 1	Bud N	02/14/2009 5
Jerry V	02/15/1991 23	Walter M	02/16/2004 10
Jack S	02/17/1988 26	Steve H	02/17/2011 3
Rigo J	02/18/1987 27	Lupe Z	02/19/2012 2
Horace C	02/21/1995 19	Curtis H	02/23/1988 26
Cora S	02/24/1987 27	Harvey D	02/24/2005 9
Diamond V	02/26/2004 10		

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Members of the Month Our 2013 Outgoing Board Members

It is the club's honor to acknowledge the outgoing 2013 board members as Members of the Month – their time and talent throughout each's one-two commitment has not gone unnoticed.

A heartfelt thank you to Milton B, Freddie P, Mike D, Judith B, and Lea G for being in service on the Board of Directors for the Alano Club of San Jose!

Activities & More at the Alano Club of San Jose

February – April

Super Bowl Party at the Club

Join Us in the Café
Appetizer Specials

Seahawks vs Broncos
Kickoff is at 3:25 pm

“Valentine’s Day Groove” at the

Alano Club of San Jose
Presented by Project Ninety and Still Bizzy Productions

Saturday, February 8th 2014
9:30 pm til midnight

50/50 Raffle – Prize Raffle
\$5 Admission \$8 Couples

Valentines Bake Sale & Boutique

Thursday, February 13th 2014
5:00 pm – 8:00 pm

Valentine’s Day Dinner

Friday, February 14th 2014
5:00 pm – 8:00 pm

St. Patrick’s Day Dinner

Monday, March 17th 2014
5:00 pm – 8:00 pm

Easter Party for the Kids

Saturday, April 19th 2014
2:00 pm – 3:30 pm

Our Largest Events of the Year

May 10th – The 6th Annual “Alano Recovery Walkathon”

June 1st – The 28th Annual “Alano Club Golf Classic”

June – The 2nd Annual “Alano Club Car Show”

The Alano Club of San Jose – 12 Step Meetings

Alcoholics Anonymous		Narcotics Anonymous	
Daily	9:00 am, 12:00 pm	Mon & Tue	6:30 pm
Mon- Fri	4:00 pm	Tue	8:00 pm (Spanish)
Mon-Sat	6:00 pm	Fri & Sat	6:00 pm (Women)
Tue	9:30 pm (Men)	Fri & Sat	8:00 pm
Wed-Fri	7:30 pm	Sat & Sun	10:00 am
Wed	8:00 pm (Women)	Sat	1:00 pm (Tagalog Speaking)
Sat	10:00 am (Men)	Sun	6:30 pm (Speaker)
Sun	3:00 pm (Women) , 5:00 pm (Men)	Al-Anon	
Sun	7:30 pm	Mon	8:00 pm
Mon-Fri	7:30 pm (Spanish)	Tue	12:00 pm
AA Medicine Crow Talking Circle		Co-Dependents Anonymous	
Sat	12:00 pm	Wed	6:30 pm
		Sun	5:00 pm

Alano Club Board and FAFG Steering Committee

The Next Alano Club Board of Directors Meeting

Will be held Thursday
February 6th 2014 at 6:00 pm
All Members are Welcome!

The Next Fair Avenue Fellowship Group Steering Committee Meeting

Will be held Thursday
February 13th 2014 at 6:30 pm
Mandatory for all secretaries
All Members are Welcome!

Take the Pledge with United Way

Support the Club with your United Way Pledge – Here’s How

How can you help out the Alano Club of San Jose with your United Way contributions? It’s simple – when you pledge your donation at the office, you can at that time designate to have your contributions go to the Alano Club of San Jose. Help out United Way while helping out the Alano Club of San Jose – we appreciate your support! Any questions, please see Tony Baron or call 408-297-1878.

Friendships in Sobriety

I have heard it said that a friend is one who, when, after asking how we are, waits for the answer. I have learned to be the same way, thanks to Alcoholics Anonymous and Narcotics Anonymous. Because here, I have learned that I can be friends with people from “jail to Yale”, as I have heard, and really, really care how they are. My friendships have no boundaries; they are everyone...sober and clean...some with very different backgrounds from mine...but who I call my friends today.

It is said that “friendship” – just one friend – has the capacity to make one’s endorphins happier than they were before that one friend. This is an example of how my AA/NA friendships have affected me and turned my happiness quotient upside down! I was fortunate to have that with two of my really true friends who I grew up with, and am still close to today. However, over the years, until I came into AA and NA, I had not really experienced friendships to the degree I have now; I could not believe the camaraderie, the love and caring that people demonstrated toward each other in the rooms. They were, and are, really real. In the program I also have two very intimate and close women friends... and a lot in my life who have become more than just AA and NA acquaintances; they have become my special pals/friends.

My AA/NA friends are an added gift of the program that I work. They are there when I need a lift, countless times they have brought me joy, and they make my work a better and happier place. Friendship has different levels: intimate and close, moderately close and those who never miss saying “hi” to me, both in the rooms and at the supermarket. My daughters are always in awe of the fact that wherever we go, we meet up with one or more of “my friends”! What a gift!

Each of my friends is different from each other, yet we are all the same through the common bond of addiction. We understand each other’s defects and therefore our friendships are on a higher spiritual plane than others in my life. We have helped and watched each other grow.

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