

January 2014

# The Alano Club of San Jose News

1122 Fair Avenue, San Jose CA 95122  
 Phone – 408.297.1878 Fax – 408.297.4100  
 www.alanosj.org

## Board of Directors

Mike Austin  
 Sue Erskin  
 Steve Holloway  
 Jerry Huntley  
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The Alano Club is your Club. Our mission is to:

- Provide a safe & supportive environment where 12-step recovery can take place
- Provide information to help those new to recovery
- Provide encouragement through fellowship within a twelve step community
- Provide a place where twelve step meetings can take place
- Provide a social setting for events and other recovery-related activities

We have been a community asset for over sixty years.

## Sobriety Milestones

## Alano Club Staff

Tony Baron  
 Maria Garcia  
 Regina Palacios  
 Angela Young  
 Anthony Martinez  
 Lea Guthrie  
 Terisa Martinez  
 Scott Lauer  
 Tammy Aguirre

Name	Milestone/Years	Name	Milestone/Years
Jody K	01/01/1983 31	Eric C	01/01/1988 26
William L	01/01/1989 25	Eddie V	01/01/2005 9
Joe V	01/01/2006 8	Y A	01/05/1982 32
Sheri R	01/06/2004 10	Shawn B	01/07/1987 27
Lionel O	01/07/2004 10	Terisa M	01/07/2009 5
Louie R	01/08/1991 23	Reba R	01/09/1989 25
Michael S	01/10/2011 3	Josephine B	01/12/1988 26
Audrey G	01/13/1972 42	Linda R	01/14/2005 9
Dan O	01/15/1973 41	Jim W	01/15/1989 25
Jeanette E	01/17/2002 12	Hershel C	01/18/2013 1
Ray R	01/22/1980 34	Kelly S	01/22/2009 5
Hector P	01/23/2013 1	Terry S	01/24/2013 1
Alberto R	01/27/2013 1	Andrew E	01/28/2012 2
Jorge V	01/29/2011 3		

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## Member of the Month – Bob N

Bob N has been one of our valued members at the club for many years. Most recently, he has been here and there at the club working on several electrical projects. And, sssh... rumor has it that he was around on Christmas morning here at the club wearing a Santa suit! What a joy he brought to the kids as they had their pictures taken with Santa – and, of course – pick out toys from Santa’s workshop. The kids had so much fun as well as Santa!

Thank you Bob N!

## Activities & More at the Alano Club of San Jose

### January – February

*Adrian Flores Presents:*

**“Team Dance Class Training”**

**Begins Saturday January 4<sup>th</sup> 2014**

**3:30 – 5:00 pm**

**Cost: \$3 Suggested Donation each class**

**More Info Below**

**Super Bowl Party**  
**Sunday, February 2<sup>nd</sup> 2014**

**Kickoff is 3:20 pm**  
**Come out and join us!**

**Valentines Bake Sale & Boutique**  
**Thursday, February 13<sup>th</sup> 2014**  
**5:00 pm – 8:00 pm**

**Valentine’s Day Dinner**  
**Friday, February 14<sup>th</sup> 2014**  
**5:00 pm – 8:00 pm**

## Team Dance Class Training: The 13 Step Dance Team

The club environment has become a part of the AA life. Thousands testify they may have had a more difficult time staying sober in their first months without clubs. In any case, they would always wish for easy contact and warm friendships which clubs afford. “We might conceive them as a central AA institution – a sort of “thirteen step” of our recovery.”

*~ Written by Bill W. in Language of the Heart*

As a founder of the 13 Step Dance Team, I find the name fitting. However, the thirteenth step has come to be known as ‘the newcomer in a personal relationship before they were ready’ – therefore, we want the issue discussed and the vulnerability of the newcomer to be protected. Here in this team dance class training, we stay focused on the healthy structure of a relationship, practice dance and what it takes to be a good partner through 13 easy steps. Dancing for health and social benefits is encouraged. The dance team will be run like a meeting. Donations will help us to pay the rent. Our goal is to help the Alano Club double its’ membership by December 31, 2014.

*~ Adrian Flores*

For membership of the Team Dance Class Training, please call 408-297-1878 or email [www.adrianflorespresents.com](http://www.adrianflorespresents.com)

## The Alano Club of San Jose – 12 Step Meetings

<b>Alcoholics Anonymous</b>		<b>Narcotics Anonymous</b>	
Daily	9:00 am, 12:00 pm	Mon & Tue	6:30 pm
Mon- Fri	4:00 pm	Fri	6:00 pm ( <b>Women</b> )
Mon-Sat	6:00 pm	Fri & Sat	8:00 pm
Tue	9:30 pm ( <b>Men</b> )	Sat & Sun	10:00 am
Wed-Fri	7:30 pm	Sat	1:00 pm ( <b>Tagalog Speaking</b> )
Wed	8:00 pm ( <b>Women</b> )	Sun	6:30 pm ( <b>Speaker</b> )
Sat	10:00 am ( <b>Men</b> )		
Sun	3:00 pm ( <b>Women</b> ), 5:00 pm ( <b>Men</b> )	<b>AI-Anon</b>	
Sun	7:30 pm	Mon	8:00 pm
Mon-Fri	7:30 pm ( <b>Spanish</b> )	Tue	12:00 pm
<b>AA Medicine Crow Talking Circle</b>		<b>Co-Dependents Anonymous</b>	
Sat	12:00 pm	Wed	6:30 pm
		Sun	5:00 pm

## Alano Club Board and FAFG Steering Committee

### The Next Alano Club Board of Directors Meeting

Will be held Thursday  
January 2, 2014 at 6:00 pm  
All Members are Welcome!

### The Next Fair Avenue Fellowship Group Steering Committee Meeting

Will be held Thursday  
January 9, 2014 at 6:30 pm  
Mandatory for all secretaries  
All Members are Welcome!

## Alano Club of San Jose – 2014 Board of Directors

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Sue Erskin  
Steve Holloway  
Jerry Huntley  
Laura Martin

Regina Palacios  
Sheri Raczkowski  
Mike Sousa  
Sue Whiteside

New 2014 board officers will be elected at the first board meeting on January 2, 2014.

## Ten Years of Freedom

Ten years ago defeated, I thought my life was done.  
Little did I know in San Quentin cell a new life had begun.

I called on my higher power to bring me some peace.  
So the drugs, booze and madness would all stop and cease.

I was led to the steps of Alano where lives had been changed.  
Change is what I needed so my life could be rearranged.

I went to the meetings that lasted for an hour.  
It was here at these meetings I got in touch with a higher power.

I started to feel that my life was one that mattered.  
Though I came in hopeless and battered.

Step one is about surrender to this disease that took me down.  
To admit complete defeat and pick myself up off the ground

In step 2 and 3 I found a place in something greater than me.  
Through the spiritual awareness I began to feel free.

Free to become the man god had intended.  
A person to be trust and to be befriended.

A father to my kids, a husband to my wife.  
A person of substance to lead us through life.

Steps 4, 5 and 6 helped me get to the issues ones that caused me strife  
Character defects and issues replaced with tools for life.

Steps 7, 8 and 9 are about me making my amends.  
To return those I've hurt from enemies to friends.

The last three steps are meant to keep my life on track.  
I can't keep what I have unless I give back.

Ten years ago defeated barely able to survive.  
The steps have made me grateful and happy to be alive.

Freddie P.

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