

# The Alano Club of San Jose News

1122 Fair Avenue, San Jose CA 95122  
 Phone – 408.297.1878 Fax – 408.297.4100  
 www.alanosj.org

## Board of Directors

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The Alano Club is your Club. Our mission is to:

- Provide a safe & supportive environment where 12-step recovery can take place
- Provide information to help those new to recovery
- Provide encouragement through fellowship within a twelve step community
- Provide a place where twelve step meetings can take place
- Provide a social setting for events and other recovery-related activities.

We have been a community asset for the last sixty years.

## Sobriety Milestones

### Alano Club Staff

Tony Baron  
 Maria Garcia  
 Regina Palacios  
 Angela Young  
 Anthony Martinez  
 Lea Guthrie  
 Terisa Martinez  
 Diamond Valen  
 Ricky Lopez

Name	Milestone/Years	Name	Milestone/Years
Ray O	04/01/1991 22	Donnie G	04/01/2002 11
Apyll J	04/01/2006 7	Lea G	04/01/2011 2
Darlene M	04/03/2010 3	Martha M	04/04/2001 12
Mary G	04/07/1984 29	Wade G	04/08/2001 12
Tony P	04/09/2004 9	John G	04/10/2004 9
Warren R	04/12/1998 15	Daniel R	04/14/2008 5
Amos G	04/15/2002 11	Casey R	04/16/2003 10
Chuck G	04/17/1982 31	Tom N	04/17/1983 30
Arline L	04/18/2011 2	Mario R	04/19/1993 20
Al F	04/20/1979 34	Mitch P	04/20/2010 3
Nancy P	04/24/1981 32	Tom H	04/24/1989 24
Amy B	04/24/2011 2	Chris L	04/28/1984 29
Lea H	04/28/1991 22	Robert W	04/30/2012 1

### Contents:

Milestones, Member of the Month	1
Activities, Announcements, & Save the Dates	2-3
Alano Golf Classic Registration Form	4
Coming Events	5
Our Drinking Was But A Symptom	6
12 Step Meetings	7
Club Advertisers	8

## Member of the Month – Frank P

A huge thank you goes out to Frank P, who just recently installed new cabinets in the café. Many of you have already noticed these cabinets as the employees are ringing up your orders behind the counter. These counters were donated and Frank was gracious enough to install after the club closed one evening.

As a valued member of our club, we appreciate all that Frank continues to do here at the club on a continuous basis – it does not go unnoticed! Once again, thank you, Frank, for your time and talent here at the Alano Club of San Jose!

## Activities & More at the Alano Club of San Jose

### Announcing the 27<sup>th</sup> Annual “Alano Club Golf Classic”



#### Ridgemark Golf & Country Club

3800 Airline Highway, Hollister

**Sunday, May 5<sup>th</sup> of 2013**

Check-In Time 12 pm

Shotgun Tee Off 1 pm

Post Tournament Dinner & Awards

Entry Fee \$100

Registration Form on page 4

### Join us for the “5<sup>th</sup> Annual Alano Recovery Walkathon”



Saturday, May 18<sup>th</sup> of 2013

9 AM – 12 PM

**SPONSOR SOMEONE  
SUPPORT THE CLUB!!**

### The Club’s Memorial Day BBQ – In Honor Of Our Vets & Those Serving Our Country

**MONDAY, MAY 27<sup>TH</sup> OF 2013**



2 PM – 4 PM

**CHICKEN & RIBS WITH THE WORKS!!**

\$10 MEMBERS

\$12 NON-MEMBERS

## Activities & More at the Alano Club of San Jose (cont'd)



**A-Best and The Alano Club Car Show**  
Saturday, June 15<sup>th</sup> 2013  
10 AM — 6 PM



**The Alano Club Talent Show**  
Sunday, June 23<sup>rd</sup> 2013  
2 PM — 5 PM



**The Alano Club Community Yard Sale**  
Saturday, June 29<sup>th</sup> 2013  
10 AM — 3 PM

# The 27<sup>th</sup> Annual “Alano Club Golf Classic”

May 5<sup>th</sup> of 2013

## Schedule of Events:

12:00 pm Check in!! Enjoy some great prizes, too.  
 1:00 pm Shotgun Tournament begins with  
 electricity in the air and anticipation in our  
 hearts.  
 \*\*Dinner and awards to follow the round\*\*

## Location:

Ridgemark Golf & Country Club  
 3800 Airline Highway  
 Hollister, CA 95023

All benefits from this Tournament go directly to the Alano Club of San Jose, Inc.  
 The Alano Club is a Non-Profit 12 Step Meeting Hall/Social Club that was established in 1951!  
 We do hold the longevity record!! Let’s keep it like this!  
 The Classic is our **BIGGEST SINGLE EVENT**, year in and year out.  
 You make that happen!

## What you get:

\$100 dollar entry fee covers:

- Golf
- An Electrical Golf Cart
- Dinner
- Fabulous Prizes

To be a Tournament Sponsor: \$200  
 Tee or Hole Sponsor: \$50



## The Official Registration Form

Your Name: \_\_\_\_\_ Telephone: \_\_\_\_\_  
 Mailing Address: \_\_\_\_\_ City: \_\_\_\_\_ Zip: \_\_\_\_\_  
 Email Address: \_\_\_\_\_

NCGA # \_\_\_\_\_ (If you don’t have one then enter your average score for pairings: \_\_\_\_\_)  
 \*\* You will be in the Calloway Flight if you do not have an NCGA #

Who would you like in your group? \_\_\_\_\_  
 This is of course contingent on early entry fees for your group. 1<sup>st</sup> come 1<sup>st</sup> timers!!!

Entry Fee \$ \_\_\_\_\_ Optional: Tee Sponsor \$ \_\_\_\_\_ Tournament Sponsor \$ \_\_\_\_\_

Entry forms may be mailed or hand delivered to: The Alano Club of San Jose  
 1122 Fair Avenue, San Jose CA 95122

## The Fair Avenue Steering Committee Meeting

Will be held – Thursday, April 11, 2013 at 6:30 pm  
Mandatory for all secretaries - All Members are Welcome!

## Board of Directors Meeting

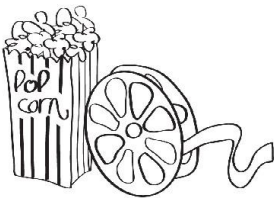
Will be held - Thursday, April 18, 2013 at 6:30 pm  
All Members are Welcome!

## Coming Soon at the Alano Club of San Jose

– All Event Pricing To Be Announced Later –



4<sup>th</sup> of July BBQ – July 4, 2013 – 4 pm to 6 pm



Weekend Movie Nights – Throughout the Summer

Stay Tuned for Dates & Times!



**The Alano Club BBQ Cook-Off – One Saturday in August – Stay Tuned**

If you have ideas or comments,  
Let us know!

[www.alanosj.org](http://www.alanosj.org) or [board@alanosj.org](mailto:board@alanosj.org)

## Our Drinking Was But a Symptom

We are told in Alcoholics Anonymous that drinking is but a symptom of deeper-lying problems.

After voluntarily admitting myself to treatment twice, and finally being sent by the law, I finally realized over a period of about ten years that alcohol was no my problem. Alcohol was my “solution.”

Each time I got ready to do a Fourth Step, I would back off. I couldn't or wouldn't admit that I was a human being and subject to all sorts of character defects. Finally, however, I did take the Fourth Step and realized that my problems were resentment, anger, jealousy, self-pity, and remorse. When one or more of these bothered me, my solution, although temporary, was to drink.

Alcohol was my drug of choice. But from talking to dually-addicted friends, I have discovered that the deeper-lying problems are the same.

Should we let the people addicted to drugs other than alcohol into closed AA meetings? I think so. We also need to offer hope that there is a solution through Narcotics Anonymous – or whatever program applies. We need to give the strength from our own experience and relate, if we can, to their feelings.

For this I am responsible, and also thankful that I can help.

~ H. B.



**ALATEEN**

*Hope and Help for Young People who are the relatives  
and Friends of a Problem Drinker*

## The Alano Club of San Jose – 12 Step Meetings

### Alcoholics Anonymous

Daily	9:00 am	Sat backroom & Sun downstairs	
Daily	12:00 pm		
Mon- Fri	4:00 pm		
Mon-Sat	6:00 pm	Friday is a closed meeting	
Daily	7:30 pm	Fri backroom, Sat downstairs, & Sun downstairs candlelight	
Sunday	6:30 pm	Backroom	

### AA Women's Meetings

Wednesday	8:00 pm	Downstairs
Sunday	3:00 pm	Backroom

### AA Men's Meetings

Tuesday	9:30 pm
Saturday	10:00 am
Sunday	5:00 pm

### AA Spanish Speaking

Monday	7:30 pm	Backroom
Tuesday	7:30 pm	Backroom
Wednesday	7:30 pm	Backroom
Thursday	7:30 pm	Backroom
Friday	7:30 pm	Downstairs

### AA Medicine Crow Talking Circle

Saturday	12:00 pm	Backroom
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### Al-Anon

(Understanding friends & relatives who are Alcoholics)

Monday	8:00 pm	Downstairs
Tuesday	12:00 pm	Backroom

### Co-Dependents Anonymous

(Dealing with childhood and relationship issues)

Wednesday	6:30 pm	Downstairs
Sunday	5:00 pm	Downstairs

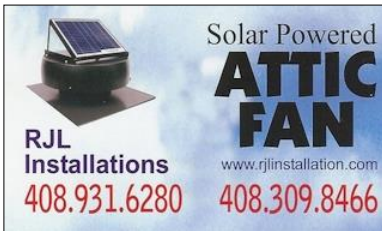
### Narcotics Anonymous

Open Meeting	Monday	6:30 pm	Downstairs
Open Meeting	Tuesday	6:30 pm	Downstairs
Open Meeting	Sat & Sun	10:00 am	Sat downstairs
Tagalog Speaking NA	Saturday	1:00 pm	Backroom
Closed Women's Meeting	Friday	6:00 pm	Downstairs
Open Meeting	Friday	8:00 pm	
Open Meeting	Saturday	8:00 pm	



**The Alano Club of San Jose**  
1122 Fair Avenue, San Jose CA 95122  
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www.anlanosj.org

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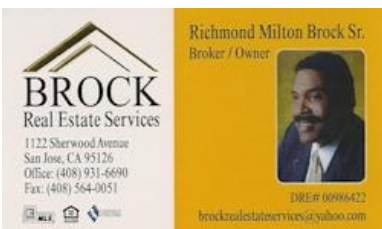
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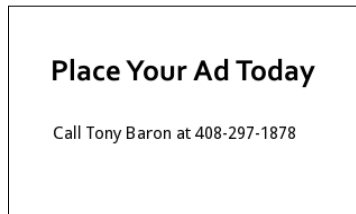
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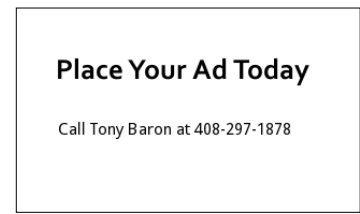


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PANDA EXPRESS FUNDRAISER EVENT FOR:

## ALANO CLUB OF SAN JOSE

Come and support our fundraiser for the  
1st Alano Club of San Jose Car Show



**Event Date:** Saturday, April 20, 2013

**Event Time:** 5:00 PM - 8:00 PM

Present this Flyer from 5:00 PM to 8:00 PM and 20% of your purchase will be donated to this organization.

AT THIS PANDA EXPRESS LOCATION:

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