

The Alano Club of San Jose News

1122 Fair Avenue, San Jose CA 95122
 Phone – 408.297.1878 Fax – 408.297.4100
 www.alanosj.org

Board of Directors

Laura Martin – President
 Sue Whiteside – VP
 Sue Erskin – Secretary
 Milton Brock
 Judith Bell
 Regina Palacios
 Freddie Parra
 Michael Dardis
 Andy Salazar

Alano Club Staff

Tony Baron
 Maria Garcia
 Regina Palacios
 Angela Young
 Anthony Martinez
 Lea Gunthrie
 Terisa Martinez
 Diamond Valen
 Ricky Lopez

The Alano Club is your Club. Our mission is to:

- Provide a safe & supportive environment where 12-step recovery can take place
- Provide information to help those new to recovery
- Provide encouragement through fellowship within a twelve step community
- Provide a place where twelve step meetings can take place
- Provide a social setting for events and other recovery-related activities.

We have been a community asset for the last sixty years.

Sobriety Milestones

Name	Milestone/Years	Name	Milestone/Years
Brian F	02/01/2007 6	Anthony P	02/01/1988 25
Ernest O	02/01/2001 12	Lawra C	02/02/1997 16
Italo T	02/02/2012 1	Hank B	02/02/1988 25
Andy S	02/05/1987 26	Judith B	02/06/1992 21
Sue E	02/07/2009 4	Michele A	02/08/2008 5
Luther B	02/09/1990 23	Sue W	02/09/2007 6
Gary B	02/09/2006 7	Whitney G	02/10/2001 12
David E	02/10/1998 15	Anthony R	02/10/2010 3
Irene M	02/13/2001 12	Bud N	02/14/2009 4
Jerry V	02/15/1991 22	Walter M	02/16/2004 9
Steve H	02/17/2011 2	Judy H	02/17/2008 5
Jack S	02/17/1988 25	Carroll P	02/19/1994 19
Hortencia B	02/19/2012 1	Melva L	02/21/2012 1
Horace C	02/21/1995 18	Curtis H	02/23/1988 25
Jose C	02/23/2003 10	Cora S	02/24/1987 26
Harvey D	02/24/2005 8	Diamond V	02/26/2004 9
Jesse T	02/28/2011 2		

Member of the Month – Ernie A

A huge thanks goes to Ernie for his time and talent on several occasions. Behind the scenes, the freezers have been a challenge and have required repair. Ernie has stepped up to not only finding an immediate repair, but also long term solutions to avoid any future problems. Thank you, Ernie, for your loyalty to the club!

In Memory Of

Paul Paridiso – A longtime member of the Alano Club of San Jose before moving to Morro Bay, Paul was one of our favorites here at the club. He was most known for saying “you can’t change nobody”. Our prayers are with his family.

Jerry Head – We are saddened by the passing of our friend and member of the Alano Club of San Jose. Jerry was known for his warm smile, sense of humor, pride for our club, the AA program, and bike runs. He will be truly missed.

Contents:

Milestones, Member of the Month, In Memory Of	1
Activities & Announcements	2-3
Activities & Save the Dates	3
Fair Avenue Fellowship Group	4
Why I Keep Coming Back	5
Board of Directors' Message	6
12 Step Meetings	7
Club Advertisers	8

Activities & More at the Alano Club of San Jose

The next Board of Directors Meeting - Thursday, February 21, 2013
at 6:30 pm. All Members are Welcome!

Valentine Old School Dance – Music by the DJ Kid GC



Saturday, February 9, 2013
9:30 - Midnight
\$5 at the door

Do Your Shopping at our Valentine's Day at the Alano Club of San Jose

Bake Sale & Boutique
Wednesday, February 13, 2013
5 pm – 8 pm



Dance, Dance, Dance – Sponsored by Pathways



Saturday, February 23, 2013
9:30 - Midnight
\$5 at the door

Activities & More at the Alano Club of San Jose

(cont'd)

Join Us for St. Patrick's Day



Our Traditional St. Patrick's Day Dinner

Sunday, March 17, 2013
4 pm – closing

Bake Sale

Saturday, March 16, 2013
9 am – 2 pm

Easter Party for the Kids

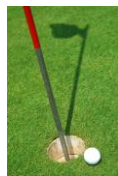
Saturday, March 30, 2013
1:30 pm – 3:00 pm



Egg Coloring
Baskets
Easter Egg Hunt
Prizes by age

Coming Soon at the Alano Club of San Jose

27th Annual "Alano Club Golf Classic"
May 5, 2013



5th Recovery Walkathon
Saturday, May 18, 2013



Memorial Day BBQ
May 27, 2013



Alano Community Yard Sale
Saturday, June 29, 2013



If you have ideas or comments,
Let us know!

www.alanosj.org or board@alanosj.org

The Fair Avenue Fellowship Group

The "Fair Avenue Fellowship Group" is well into another year of fellowship. We continue to encourage any ideas that you may have for group activities. We have set up an email address that you can send any of your ideas, suggestions, and comments to: SteeringCommittee@alanosj.org

One idea presented to our committee was to host a Bowling Night, and we are in process of coming up with a plan to make that happen. Please look for that info soon.

We currently have secretaries committed for all the meetings that are Fair Avenue Fellowship Group meeting held at the Alano Club of San Jose. However, we can always use Greeters, so if interested, please send us an email or talk to a meeting secretary.

Remember that the Steering Committee meeting is still held on the second Thursday of each month. The next meeting is on Thursday, February 14, 2013 at 6:30 pm. It is mandatory that all secretaries of the fellowship attend. Your attendance gives you an opportunity to have your voice heard.

The Steering Committee
The Fair Avenue Fellowship Group

Why I Keep Coming Back

“A few of my family members are in AA. The rest of my family still drink and are alcoholics. I am an alcoholic.

For a long time, my AA family members have been pushing me to try AA. One day I just couldn't face life one more day. So I came to a morning meeting at the Alano Club. I announced myself as a newcomer. A lot of men welcomed me after the meeting and talked to me. One of the men even talked to me before the meeting. I came back the next day. After the meeting, one of the men bought me breakfast in the café and talked with me for a long time. I related to his story. I had a lot to say because I understood his story. I bought a big book. I came back the next day. I got a sponsor. After a week, I was called on to share and I gave one week's worth of my recovery. It felt good to have one week of recovery, and sober friends. I keep coming back because it has been working for me. I am sober, happy, and life has been good as long as I follow directions – directions like keep going to meetings, work with a sponsor, get a support group, and get into service.”

~ Anonymous AA Member

“AA has changed my life completely. For years, I tried to stop drinking on my own. I tried everything and every day I would fail and drink. I was a terrible way to live. I was court ordered to AA. I came three times a week. I did as what I was told by others in the program. Soon I began to come every day. Soon I began to listen and understand that I was like others. I was court ordered for only six months, but I kept coming back. I kept doing all of the things that the program and fellowship suggested. I started working. I started to become happy again. Actually, happier than I ever had been. I started to want to become responsible and get rid of the baggage of my past. Life was getting better. And I had support. I didn't have to do this alone. I keep coming back because it really does work.”

~ Anonymous AA Member



ALATEEN

*Hope and Help for Young People who are the relatives
and Friends of a Problem Drinker*

A Message from your President – Board of Directors at The Alano Club of San Jose...

Welcome to our newest members on the Board of Directors – Freddie Parra, Michael Dardis, and Any Salazar. Our 2013 Board of Directors is as follows:

Laura M – President
Sue W – Vice President
Sue E – Secretary
Milton B
Freddie P
Regina P
Judith B
Andy S
Michael D

Our first board meeting was held on January 17, 2013 and we are off to a great start. As a note, we very much appreciate the many club members that have been attending our monthly board meetings.

Currently, we are in process of planning key milestones for the year. In addition, we are in process of researching a broad range of financial stability plans. A stable financial foundation is taking time to build, but will ensure our immediate future. What does this mean for you – our club members? We believe that our club members should have an idea of what's going on with the club at all times. We are in process of scheduling the majority of events, activities, fundraisers, and giving-back programs for the year. Stay tuned for an update on this.

It is a pleasure to serve as your President of the 2013 Board of Directors. The entire Board and our CEO/Manager, Tony Baron, are excited to move ahead and keep up the momentum of change. Our members have been awesome to work with, and we take pride in having such a wonderful team here at the club!

And, most importantly, the Board continues its' commitment to be of service to all who walk through the doors of the Alano Club of San Jose – recovery can be fun and we strive to provide a safe place for all.

Warm Regards,
Laura Martin, President
Board of Directors
The Alano Club of San Jose, Inc.

More Than Solutions – Enabling Possibilities

The Alano Club of San Jose – 12 Step Meetings

Alcoholics Anonymous

Daily	9:00 am	Sat backroom & Sun downstairs	
Daily	12:00 pm		
Mon- Fri	4:00 pm		
Mon-Sat	6:00 pm	Friday is a closed meeting	
Daily	7:30 pm	Fri backroom, Sat downstairs, & Sun downstairs candlelight	
Sunday	6:30 pm	Speaker Birthday Chip meeting	

AA Women's Meetings

Wednesday	8:00 pm	Downstairs
Sunday	3:00 pm	Backroom

AA Men's Meetings

Tuesday	9:30 pm
Saturday	10:00 am
Sunday	5:00 pm

AA Spanish Speaking

Monday	7:30 pm	Backroom
Tuesday	7:30 pm	Backroom
Wednesday	7:30 pm	Backroom
Thursday	7:30 pm	Backroom
Friday	7:30 pm	Downstairs

AA Medicine Crow Talking Circle

Saturday	12:00 pm	Backroom
----------	----------	----------

AI-Anon

(Understanding friends & relatives who are Alcoholics)

Monday	8:00 pm	Downstairs
Tuesday	12:00 pm	Backroom

Co-Dependents Anonymous

(Dealing with childhood and relationship issues)

Wednesday	6:30 pm	Downstairs
Sunday	5:00 pm	Downstairs

Narcotics Anonymous

Open Meeting	Monday	6:30 pm	Downstairs
Open Meeting	Tuesday	6:30 pm	Downstairs
Open Meeting	Sat & Sun	10:00 am	Sat downstairs
Tagalog Speaking NA	Saturday	1:00 pm	Backroom
Closed Women's Meeting	Friday	6:00 pm	Downstairs
Open Meeting	Friday	8:00 pm	
Open Meeting	Saturday	8:00 pm	
Open Meeting	Sunday	2:00 pm	2 nd & 4 th Sun



The Alano Club of San Jose
1122 Fair Avenue, San Jose CA 95122
408-297-1878
www.anlanosj.org

Please support our Club Advertisers!



Solar Powered
ATTIC FAN
RJL Installations
www.rjinstitution.com
408.931.6280 408.309.8466

RJL Installations



www.adrianflorespresents.com
ADRIAN FLORES
PRESENTS
Join a Dance Team from San Francisco to Gilroy
6 Week Training Cycles
Contact Adrian
transforming@adrianflorespresents.com
(925) 766-8136

Adrian Flores Presents



All About Recovery
Unique Gifts, Medallions, Books, and more...
Celebrating our Recovery
2477 Forest Ave. San Jose, CA 95128
408-244-PRAY
Angie & Rob
Email: AllAboutRecovery@att.net
www.AllAboutRecovery.org

All About Recovery



Foreign & Domestic Norm Davis
Norm's
AUTO REPAIR
1292 E. Saint James San Jose, CA 95116
PH: (408) 298-0471
Cell: (408) 390-1090

Norm's Auto Repair



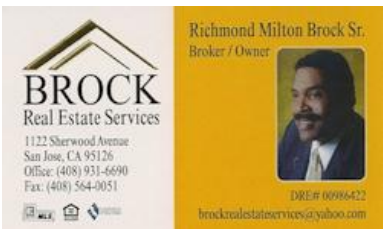
A&H
HEATING & AIR CONDITIONING
SERVICE, INC
(408) 279-0722

A&H Heating and Air



Legacy
SANITATION
1748 Grant Street Santa Clara, CA 95050
office 408-727-7700
fax 408-727-7704
email info@legacysanitation.com
www.legacysanitation.com

Legacy Sanitation



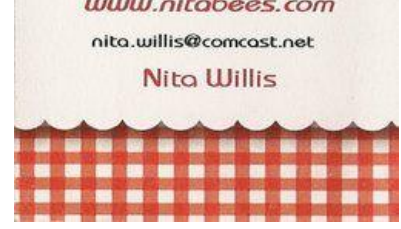
BROCK
Real Estate Services
1122 Sherwood Avenue San Jose, CA 95126
Office: (408) 931-6690
Fax: (408) 564-0051
Richmond Milton Brock Sr.
Broker / Owner
DRE# 00986422
brockrealestateservices@yahoo.com

Brock Real Estate Services



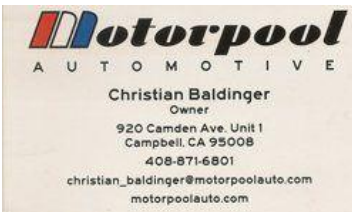
Hank Coca's
DOWNTOWN FURNITURE
82 E. Santa Clara St. (corner of 3rd)
Downtown San Jose, CA 95113
Henry Coca
(408) 297-9486
www.cocasfurniture.com
Hours:
Tues.-Fri. 10am-6pm
Sat. 12pm-6pm
Sun. 12pm-5pm
Closed Mon.

Hank Coca's Downtown Furniture



www.nitabees.com
nita.willis@comcast.net
Nita Willis

Nita Bee's Specialty Bakery

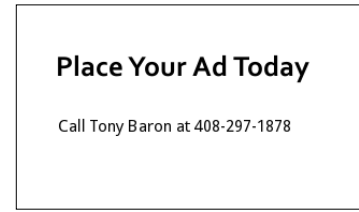


Motorpool
AUTOMOTIVE
Christian Baldinger
Owner
920 Camden Ave. Unit 1
Campbell, CA 95008
408-871-6801
christian_baldinger@motorpoolauto.com
motorpoolauto.com

Motorpool Automotive



Place Your Ad Today
Call Tony Baron at 408-297-1878



Place Your Ad Today
Call Tony Baron at 408-297-1878

Run Your Own Business? Licensed & Bonded with a Trade?
Advertise with The Alano Club of San Jose, Inc.
We continue to support your business!
www.alanosj.org