

# The Alano Club of San Jose News

1122 Fair Avenue, San Jose CA 95122  
 Phone – 408.297.1878 Fax – 408.297.4100  
 www.alanosj.org

## Board of Directors

Laura Martin  
 Sue Erskin  
 Sue Whiteside  
 Milton Brock  
 Judith Bell  
 Regina Palacios  
 Fred Parra  
 Michael Dardis  
 Andy Salazar

The Alano Club is your Club. Our mission is to:

- Provide a safe & supportive environment where 12-step recovery can take place
- Provide information to help those new to recovery
- Provide encouragement through fellowship within a twelve step community
- Provide a place where twelve step meetings can take place
- Provide a social setting for events and other recovery-related activities.

We have been a community asset for the last sixty years.

## Sobriety Milestones

Name	Milestone/Years	Name	Milestone/Years
William L	01/01/1989 24	Eric C	01/01/1988 25
Joe V	01/01/2006 7	Sal C	01/01/2007 6
Jody K	01/01/1983 30	Cherie S	01/03/2012 1
Juan A	01/05/1982 31	Sheri R	01/06/2004 9
Nelson S	01/07/2010 3	Lionel O	01/07/1993 20
Terisa M	01/07/2009 4	Josephine B	01/12/1988 25
Audrey G	01/13/1972 41	Dan O	01/15/1973 40
Rodolfo B	01/16/2010 3	Jeanette E	01/17/2002 11
Kelly S	01/22/2009 4	Karen D	01/24/2010 3
Lori P	01/25/2010 3	Janet H	01/26/1981 32
Dee G	01/26/2003 10	Bruce B	01/28/2012 1
Andrew E	01/28/2012 1	Jorge V	01/29/2011 2
Bill R	01/30/1989 24		

## Alano Club Staff

Tony Baron  
 Maria Garcia  
 Regina Palacios  
 Angela Young  
 Anthony Martinez  
 Lea Gunthrie  
 Terisa Martinez  
 Ricky Lopez

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## Member of the Month – Curtis H

A huge thank you to the “DJ Kid”, Curtis H, for bringing back the Old School flavor of music and dancing to our club! On December 15, Curtis held the first of several to come Old School dances at our club. His time and talent never fails us, and his enthusiasm is contagious. We welcome more Old School dances from the DJ Kid as we move into the New Year! Thank you, Curtis, for once again taking initiative and making things happen!

## Activities & More at the Alano Club of San Jose

Congratulations to our 2013 Board of Directors:

Laura Martin	Sue Whiteside
Sue Erskin	Milton Brock
Regina Palacios	Fred Parra
Judith Bell	Andy Salazar
Michael Dardis	

**THE NEXT BOARD OF DIRECTORS MEETING - THURSDAY, JANUARY 17, 2013  
AT 6:30 PM. ALL MEMBERS ARE WELCOME!**

### **“Build Your Own Omelet” Breakfast – Stop by!!**

**Saturday, January 19<sup>th</sup> of 2013**

8 am – 4 pm

Members \$7.00

Non-Members \$9.25

### **Super Bowl Party – Join Us in the Café!!**

Sunday, February 3<sup>rd</sup> of 2013

3:30 pm

Appetizers, Big Screen TV, Fun Times

**Super Bowl  
Sunday** 

Join Us at the Alano Cafe  
Join Us at the Alano Cafe

# Activities & More at the Alano Club of San Jose

(cont'd)

## Old School Dance – Music by the DJ Kid



Saturday, February 9, 2013  
9:30 - Midnight  
\$5 at the door

## Do Your Shopping at our Valentine's Day Boutique

Wednesday, February 13, 2013  
5 pm – 8 pm



## Coming Soon at the Alano Club of San Jose

Dinner and Movie Night  
February 2013



Square Dance Lessons  
February 2013



Easter Party for the Kids  
Saturday, March 30, 2013



If you have ideas or comments,  
Let us know!

[www.alanosj.org](http://www.alanosj.org) or [board@alanosj.org](mailto:board@alanosj.org)

## The Fair Avenue Fellowship Group

The "Fair Avenue Fellowship Group" would like to thank all of you who were in service over the holidays for the Alcahons – our fellowship is very grateful to have such loyal and giving people!

Stepping into the new year, we look forward to providing the many meetings that the Fair Avenue Fellowship Group holds at the Alano Club of San Jose as well as several activities throughout the year. We will keep you all informed, so stay tuned.

Any ideas on new events for our fellowship? Your ideas are most welcome. You can either attend our monthly steering committee or send an email to [trish.hill1@yahoo.com](mailto:trish.hill1@yahoo.com)

Remember that the Steering Committee is still held on the second Thursday of each month. The next meeting is on Thursday, January 10, 2013 at 6:30 pm. It is mandatory that all secretaries of the fellowship attend. We also encourage everyone to attend as this is your opportunity to have your voice heard amongst the committee members.

The Steering Committee  
The Fair Avenue Fellowship Group

# A Message From Alateen

“Alateen has absolutely changed my life. No matter how I’ve felt before a meeting, all the problems I had go out the window. All of you let me know that I am not alone and that I’m here for a reason. When I feel alone and any person that I may need to talk to will take the time to talk to me. All of you that I don’t even know, I want to thank you for being there for me. You have been there for me because you helped someone else. Don’t stop helping others because what you do for them you are doing for someone else without even knowing it. So speak-up, talk to someone and keep coming back. XOXO”

~ Anonymous Alateen Member

“Oh Alateen, my life-savior. I remember starting Alateen at twelve years old not knowing what I was getting into or what I was already in. My meeting was a fun and lax meeting. Cross talk would get hectic but we younger kids understand when it was appropriate for comments which is kinda weird. One Thursday night meeting two other Alateens came to our meeting to share about the function that go on and that was the day that really changed my experience. I ended up going to a fundraiser and meeting a lot of people who I now call best friends. I started going to all the functions and meeting everyone. It was great. I realized why I’m in these meetings and I became smarter in my home life. Things stopped being so stressful and hectic and I couldn’t wait to go to my meeting. I’ve never had too much motivation to do anything before Alateen.

I guess what I’m really trying to say is that Alateen has done so much for me. I learned not just how to deal with the alcoholic in my family but how to deal with my emotions. A way to channel it not in negative ways. Like I said before Alateen is my Life Savior.”

~ Anonymous Alateen Member



**ALATEEN**

*Hope and Help for Young People who are the relatives  
and Friends of a Problem Drinker*

## **A Message from your President – Board of Directors at The Alano Club of San Jose...**

The New Year is here, and we would first like to thank all members who were in service over the holiday season. To our most valued club members – without you, we would be without such a great solution for the entire 12-step community. It has truly been a year of “giving back” – and your time, talent, and service has been so greatly appreciated.

As your new Board of Directors step into the New Year, they will continue on with our theme of “More Than Solutions – Enabling Possibilities”. In addition, your new Board will begin to integrate some initiatives, now underway and known as the “Shift of 2013”. More to come in the 2013 Business Plan of the Alano Club of San Jose, which will be presented at the next board meeting.

It has been a pleasure to have been your President on the Board of Directors for 2012. The entire Board, myself included, and our CEO/Manager, Tony Baron, have all found that change has been an easy concept here at the club. Our members have been awesome to work with, and we take pride with your ideas provided. Teamwork has been key!

A huge thank you to those who led the First Alano Club of San Jose Toy Drive as well as the First Alano Club of San Jose Bike Run – Santa had so many toys on Christmas Day for the kids! Thank you to those who helped to make Santa’s Workshop look so magical for the kids!

Welcome to our newest members on the Board of Directors – Fred Parra, Andy Salazar, and Michael Dardis. We hope that you will experience the same sense of pride from our members as we have.

Once again, the Board continues its’ commitment to be of service to all who walk through the doors – recovery can be fun and we strive to provide a safe place for all. As I hand off this position to another member for 2013, I thank each of you for the honor of serving the Alano Club of San Jose.

Warm Regards,  
Mike Austin, President  
Board of Directors  
The Alano Club of San Jose, Inc.

**More Than Solutions – Enabling Possibilities**

## The Alano Club of San Jose – 12 Step Meetings

### Alcoholics Anonymous

Daily	9:00 am	Sat backroom & Sun downstairs	
Daily	12:00 pm		
Mon- Fri	4:00 pm		
Mon-Sat	6:00 pm	Friday is a closed meeting	
Daily	7:30 pm	Fri backroom, Sat downstairs, & Sun downstairs candlelight	
Sunday	6:30 pm	Speaker Birthday Chip meeting	

### AA Women's Meetings

Wednesday	8:00 pm	Downstairs
Sunday	3:00 pm	Backroom

### AA Men's Meetings

Tuesday	9:30 pm
Saturday	10:00 am
Sunday	5:00 pm

### AA Spanish Speaking

Monday	7:30 pm	Backroom
Tuesday	7:30 pm	Backroom
Wednesday	7:30 pm	Backroom
Thursday	7:30 pm	Backroom
Friday	7:30 pm	Downstairs

### AA Medicine Crow Talking Circle

Saturday	12:00 pm	Backroom
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### AI-Anon

(Understanding friends & relatives who are Alcoholics)

Monday	8:00 pm	Downstairs
Tuesday	12:00 pm	Backroom

### Co-Dependents Anonymous

(Dealing with childhood and relationship issues)

Wednesday	6:30 pm	Downstairs
Sunday	5:00 pm	Downstairs

### Narcotics Anonymous

Open Meeting	Monday	6:30 pm	Downstairs
Open Meeting	Tuesday	6:30 pm	Downstairs
Open Meeting	Sat & Sun	10:00 am	Sat downstairs
Tagalog Speaking NA	Saturday	1:00 pm	Backroom
Closed Women's Meeting	Friday	6:00 pm	Downstairs
Open Meeting	Friday	8:00 pm	
Open Meeting	Saturday	8:00 pm	
Open Meeting	Sunday	2:00 pm	2 <sup>nd</sup> & 4 <sup>th</sup> Sun



**The Alano Club of San Jose**  
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