

The Alano Club of San Jose Newsletter

Volume 63, Issue 11
 A Monthly Publication
 Published by
 Alano Club of San Jose, Inc.
 November 2012

1122 Fair Avenue, San Jose CA 95122
 P – 408.287.1878
 F – 408.297.4100
 www.alanosj.org

Trusted Servants on the Board of Directors

- Mike Austin
- Laura Martin
- Sue Erskin
- Sue Whiteside
- Judith Bell
- Regina Palacios
- Phil Lohafer
- Michael Johnson
- Milton Brock

The mission of the Alano Club of San Jose is to provide:

- a safe and supportive environment where twelve step recovery can take place,
- information to help those new to recovery,
- a source of encouragement through fellowship within a twelve step community,
- a facility where twelve step meetings can take place, and
- a social setting for events and other recovery-related activities.

We have been a community asset for over sixty years.

Trusted Servants within your Employment

- Tony Baron
- Maria Garcia
- Regina Palacios
- Angela Young
- Anthony Martinez
- Lea Guthrie
- Terisa Martinez
- Ricky Lopez
- Doug Higgins

November Sobriety Milestones

NAME	MILESTONE	YEARS	NAME	MILESTONE	YEARS
Reggie Y	11/01/1981	31	Angie W	11/01/2011	1
Monette R	11/01/2011	1	Zenia C	11/04/2006	6
Matt S	11/04/2004	8	Felix C	11/05/1975	37
Brunie O	11/05/1986	26	Larry B	11/06/2005	7
Barbara H	11/08/1992	20	Steve H	11/09/2007	5
J C S	11/11/1989	23	Don M	11/12/1983	29
Fletcher G	11/13/2009	3	Kevin R	11/14/2007	5
Mark G	11/15/2003	9	Greg M	11/15/2007	5
Ernest A	11/18/2010	2	Thomas M	11/19/2011	1
Lee N	11/19/1978	34	Don W	11/20/2011	1
Jesus D	11/21/2007	5	Ida L	11/21/1971	41
Doug M	11/22/2007	5	Clyde R	11/26/1989	23
Yansi A	11/28/2011	1	Briant R	11/29/2007	5
John S	11/30/2001	11			

Content for this Issue:

Milestones & Member of the Month	1
Activities & More	2-3
Fair Avenue Fellowship Group Info	4
Save the Dates	5
Sharing a Message for the Holidays	6
Message from your President	7
12 Step Meetings	8
Club Advertisers	9

November Member of the Month

Steve H.

Steve H. is no stranger to the Alano Club of San Jose! He is one of our most valued members who is constantly in service at the club. Steve is always available to listen to the newcomer or pitch in on short notice – whether it be to help out with a project at the club or give a member a ride to or from the club. His happy demeanor and grateful sense of humor keep us well entertained. Most recently, you might notice that the meeting room downstairs looks much cleaner and fresh – many thanks to Steve for his time and talent to paint this room. Thank you, Steve, for all that you do here at the club!!

Activities at the Alano Club of San Jose

Board meetings are now held at 6:30 pm. The next Board of Directors Meeting - Thursday, November 15, 2012 at 6:30 pm. All Members are Welcome!

Please Note – Elections for upcoming Board of Director positions will be held on Sunday, December 9, 2012 at 2 pm in Duncan Hall. There are 3 positions up for re-election, and 2 open positions available for any members interested in joining the Board of Directors.

Requirements to be a Board Member are:

- Minimum of one year of sobriety
- Ability to attend the monthly board meeting on the third Thursday of each month (6:30-8:00 pm)
- Commitment to put in 20 hours monthly on various initiatives, projects, and activities (including some evenings and weekends). This commitment of hours is extremely important
- Commitment to participate as a member on several team committees for activities and see the project through to the end
- Ability to attend a minimum of 80% of the club/board-generated activities

The Fair Avenue Fellowship Group is hosting a
THANKSGIVING ALCATHON

Location: Alano Club of San Jose – Duncan Hall

Saturday, November 22, 2012

9:30 am – 8:30 pm

&

THANKSGIVING DINNER

Will be served at 2:00 pm – 4:00 pm

and hosted by the Alano Club of San Jose

All are welcome

You Don't Have to be Alone – Join Us



Christmas is coming soon – please help us by making a donation to the Club!
A toy or gift for kids and teenagers would be greatly appreciated!!

Giving Back - Bring a Smile to a Kid's Face



We encourage you to stay involved – www.alanosj.org

Want to Help Out? Join one of our teams!

Send us an email at board@alanosj.org

Activities & More at the Alano Club of San Jose (cont'd)

Dance of the Month at the Alano Club of San Jose!



Sponsored by Project 90
Saturday, November 10, 2012
9:30 pm – Midnight

Come Dance!!

Job Searching?

Just another reason to become a member of the Alano Club – get your own personal computer account for online access along with use of our computers today or your laptop anywhere onsite!



Check out all other benefits of membership at
www.alanosj.org

Game Nights & New Specials at the Café – Stop By!

Sunday Nights Appetizers & Desserts
Monday Nights “All You Can Eat” BBQs
Smaller Portions Menus

Join Us at the Alano Cafe

Join Us at the Alano Cafe

Stop by for our “All You Can Eat” Pancake Breakfast – With the Works!!

Saturday, November 17th of 2012 8 am – 4 pm
Members- \$6 and Non-Members \$8



**THE ALANO CLUB IS BUYING A
LARGE SCREEN WALL-MOUNTED HDTV!**

Wondering How You Can Help?
Make a Donation
Spread the Word!
Donation Box in the Cafe



Save the Dates – Upcoming Activities & More at the Alano Club of San Jose

“All You Can Eat Pancake Breakfast – With the Works!” Fundraisers
Saturday, November 17th & December 8th of 2012
8 am – 4 pm



The Fair Avenue Fellowship Group – Christmas Eve Alcathon
Monday, December 24, 2012
9:00 am – 8:30 pm

Christmas Eve Alcathon

Christmas Eve Alcathon

Santa makes a stop at the Club!
Tuesday, December 25, 2012
10 am



The Fair Avenue Fellowship Group – Christmas Day Alcathon
Tuesday, December 25, 2012
9:00 am – 8:30 pm

Christmas Day Alcathon

Christmas Day Alcathon



Christmas Dinner at the Club
Tuesday, December 25, 2012
2 pm



The Fair Avenue Fellowship Group – New Year's Eve Alcathon
Monday, December 31, 2012
9:00 am – 10:00 pm

New Year's Eve Alcathon

New Year's Eve Celebration at the Club
Monday, December 31, 2012
Join Us in the Café from 7 pm - Midnight
Potluck begins at 10 pm Downstairs



New Year's Day AA Meeting
Tuesday, January 1, 2013
12:15 am



The Fair Avenue Fellowship Group

A message from your Steering Committee of the
Fair Avenue Fellowship Group...

The Fair Avenue Fellowship Group recently held their 1st Annual End of Summer Campout at Mt. Madonna. Not only did the overwhelming response far exceed our expectations, but the enthusiasm and fellowship over this 3-day weekend was awesome and a good time to remember! A huge thank you to those of you who were in service for this event!

As we enter into the holidays, our fellowship has in place a number of Alkathons – thank you in advance for those who are scheduled to be in service. Scheduled Alkathons are noted below.

Our next Steering Committee meeting will be held on Thursday, November 8, 2012 at 6:30 pm downstairs at the Alano Club of San Jose. All are welcome. Just a reminder to all FAFG secretaries – this meeting is mandatory for each of you to attend.

The Steering Committee
The Fair Avenue Fellowship Group

The “Fair Avenue Fellowship Group” Logo Contest

Yes, there’s still time to tap into your creative side! Our fellowship would like to be recognized by a logo – so we are hosting a contest! Send your entry to Trish H. at trish.hill1@yahoo.com or Laura M. at lauramariam@yahoo.com.

The “Fair Avenue Fellowship Group” Upcoming Holiday Alkathons

Christmas Eve Alkathon	Monday, December 24, 2012 at the Alano Club of San Jose Meetings from 9:00 am – 8:30 pm
------------------------	--

Christmas Day Alkathon	Tuesday, December 25, 2012 at the Alano Club of San Jose Meetings from 9:00 am – 8:30 pm Dinner served at 2:00 pm. All are welcome.
------------------------	---

New Year’s Eve Alkathon	Monday, December 31, 2012 at the Alano Club of San Jose Meetings from 9:00 am – 10:00 pm Potluck at 10:00 pm
-------------------------	--

New Year’s Day	Additional meetings at 12:15 am and 10:30 am
----------------	--

Sharing a Message for the Holidays

... Enjoying the Holidays – Taking Care of Your Recovery

“The tremendous fact for every one of us is that we have discovered a common solution. We have a way out on which we can absolutely agree, and upon which we can join in brotherly and harmonious action. This is the great news this book carries to those who suffer from alcoholism.”

ALCOHOLICS ANONYMOUS, p. 17

Her Message of Experience, Strength, and Hope

In 1993, I was in a 30-day rehab for drugs and alcohol at O’Connor Hospital, from which I continued as an aftercare patient for a full year. The holidays were quickly approaching and I realized the last twenty holidays of my life were filled with getting drugs, drinking and buying booze. I prayed that I would not sneak off and steal a drink. I overheard someone say that there was a class on “How to Cope with the Holidays”. I signed up immediately.

Here are some of the things I learned that helped me not only with the holidays, but in other stormy events:

First and foremost, do not have expectations!

Have a backup plan. If your spouse or family and friends drink, then drive there in your own car. This way you do not need to rely on anyone else.

Pray, Pray, Pray, Pray, Pray.

Less is more; relax and watch. Laugh and smile.

Restrain your pen and tongue.

Jill C.



ALATEEN

*Hope and Help for Young People who are the relatives
and Friends of a Problem Drinker*

A Message from your President – Board of Directors at The Alano Club of San Jose...

I'd like to share with each of you a few of our most recent events as well as upcoming activities at your Alano Club of San Jose. In keeping with the spirit of "it's your club" – I'd first like to thank each one of you many members who have been in service over the last few months; the Board members and Tony B. appreciate your time, talent, and dedication. It shows everywhere at the club. It is obvious that the magic of the club is beginning to return – beginning with the teamwork of you, our members by working with us. Yes, your voice and suggestions are most important, so keep us informed as you have been. It does work!

The Café has made some changes most recently with their menu. Game night menus have become popular – anywhere from the Monday Night "All You Can Eat" BBQs to the smaller portion, appetizer menu offered on game nights and dance nights. You might also notice that the windows now have new blinds. Thank you to Andy S. for his donation, time, and talent. The 61st Annual Heritage Dinner was a great evening of fellowship, dinner, raffle prizes, and speakers. Thank you to all who attended! Halloween will also be celebrated at the club – a Bake Sale & Boutique on the 27th, and Party for the Kids on the 27th, and Café fun and specials on the day of Halloween.

Upcoming for November, we will continue to host the monthly Pancake Breakfast as it has become very popular. There will be a dance this month, also. Don't forget to check our web site calendar at www.alanosj.org. November kicks off the holiday season, so please stop by if you have some time and need to fellowship with others.

Also upcoming will be the elections for the 2013 Board of Directors. This will be held on Sunday, December 9, 2012 at 2 pm. This is your opportunity to have a voice and place your vote. There are 3 positions that are up for re-election, and 2 open positions available. Requirements are noted on page 2 of this newsletter.

Once again, the Board continues to enjoy receiving your comments and suggestions; most importantly, we enjoy the progress of changing things up – after all, this is your club! And, in summary, we all wish you and your family a blessed and joyous Thanksgiving Holiday; for those of you who are around, please join us on Thanksgiving Day for a meeting as well as dinner at 2 pm.

Warm Regards,
Mike Austin, President
Board of Directors
The Alano Club of San Jose, Inc.

More Than Solutions – Enabling Possibilities

The Alano Club of San Jose – 12 Step Meetings

Alcoholics Anonymous

Daily	9:00 am	Sat backroom & Sun downstairs
Daily	12:00 pm	
Mon- Fri	4:00 pm	
Mon-Sat	6:00 pm	Friday is a closed meeting
Daily	7:30 pm	Fri backroom & Sat downstairs
Sunday	6:30 pm	Speaker Birthday Chip meeting
Sunday	7:30 pm	Downstairs candlelight

AA Women's Meetings

Wednesday	8:00 pm	Downstairs
Sunday	3:00 pm	Backroom

AA Men's Meeting

Tuesday	9:30 pm
Saturday	10:00 am
Sunday	5:00 pm

AA Spanish Speaking

Monday	7:30 pm	Backroom
Tuesday	7:30 pm	Backroom
Wednesday	7:30 pm	Backroom
Thursday	7:30 pm	Backroom
Friday	7:30 pm	Downstairs

AA Medicine Crow Talking Circle

Saturday	12:00 pm	Backroom
----------	----------	----------

Al-Anon

(Understanding friends & relatives who are Alcoholics)

Monday	8:00 pm	Downstairs
Tuesday	12:00 pm	Backroom

Co-Dependents Anonymous

(Dealing with childhood and relationship issues)

Wednesday	6:30 pm	Downstairs
Sunday	5:00 pm	Downstairs

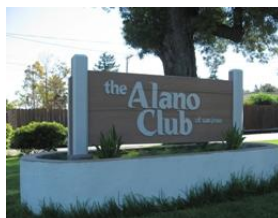
OA

(Big Book Study)

Wednesday	6:30 pm	Backroom
-----------	---------	----------

Narcotics Anonymous

Open Meeting	Monday	6:30 pm	Downstairs
Open Meeting	Tuesday	6:30 pm	Downstairs
Open Meeting	Sat & Sun	10:00 am	Sat downstairs
Tagalog Speaking NA	Saturday	1:00 pm	Backroom
Closed Women's Meeting	Friday	6:00 pm	Downstairs
Open Meeting	Friday	8:00 pm	
Open Meeting	Saturday	8:00 pm	
Open Meeting	Sunday	2:00 pm	2 nd & 4 th Sun



The Alano Club of San Jose
1122 Fair Avenue, San Jose CA 95122
www.ananosj.org

Please support our Club Advertisers!



Solar Powered
ATTIC FAN
RJL
Installations
408.931.6280
www.rjlinstallation.com
408.309.8466

RJL Installations



www.adrianflorespresents.com
ADRIAN FLORES
PRESENTS
Join a Dance Team from San Francisco to Gilroy
6 Week Training Cycles
Contact Adrian
transforming@adrianflorespresents.com
(925) 766-8136

Adrian Flores Presents



All About Recovery
Unique Gifts, Medallions, Books, and more...
Celebrating our Recovery
2477 Forest Ave. 408-244-PRAY
San Jose, CA 95128 Angie & Rob
Email: AllAboutRecovery@att.net
www.AllAboutRecovery.org

All About Recovery



Foreign & Domestic Norm Davis
Norm's
AUTO REPAIR
1292 E. Saint James PH: (408) 298-0471
San Jose, CA 95116 Cell: (408) 390-1090

Norm's Auto Repair



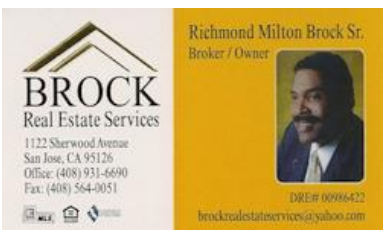
A&H
HEATING & AIR CONDITIONING
SERVICE, INC
(408) 279-0722

A&H Heating and Air



Legacy
SANITATION
1748 Grant Street office: 408-727-7700
Santa Clara, CA 95050 fax: 408-727-7704
Portable Restrooms & Special Events info@legacysanitation.com
Servicing the Greater Bay Area with over 20 years experience www.legacysanitation.com

Legacy Sanitation



Richmond Milton Brock Sr.
Broker / Owner
BROCK
Real Estate Services
1122 Sherwood Avenue
San Jose, CA 95126
Office: (408) 931-6690
Fax: (408) 564-0051
DRE# 00996422
brockrealestateservices@yahoo.com

Brock Real Estate Services



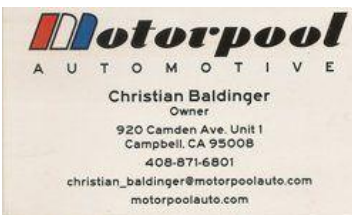
Hank Coca's
DOWNTOWN FURNITURE
82 E. Santa Clara St. (corner of 3rd)
Downtown San Jose, CA 95113
Hours:
Tues.-Fri. 10am-6pm
Sat. 12pm-6pm
Sun. 12pm-5pm
Closed Mon.
Henry Coca
(408) 297-9486
www.cocasturniture.com

Hank Coca's Downtown Furniture



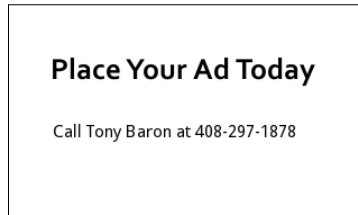
www.nitabees.com
nita.willis@comcast.net
Nita Willis

Nita Bee's Specialty Bakery

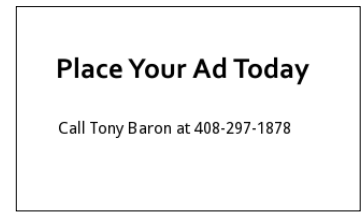


Motorpool
AUTOMOTIVE
Christian Baldinger
Owner
920 Camden Ave. Unit 1
Campbell, CA 95008
408-871-6801
christian_baldinger@motorpoolauto.com
motorpoolauto.com

Motorpool Automotive



Place Your Ad Today
Call Tony Baron at 408-297-1878



Place Your Ad Today
Call Tony Baron at 408-297-1878

Run Your Own Business? Licensed & Bonded with a Trade?
Advertise with The Alano Club of San Jose, Inc.
We continue to support your business!
<http://www.alanosj.org>