## The Alano Club of San Jose Newsletter

Volume 63, Issue 10 A Monthly Publication Published by Alano Club of San Jose, Inc. October 2012

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Content for this Issue:

Milestones & Member of the Month 1

Employee of the Quarter 1

Activities & More 2-5

Fair Avenue Fellowship Group Info

Save the Dates 7

Encouragement & Hope 8

Message from your 9

President 10

11

**Club Advertisers** 

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The mission of the Alano Club of San Jose is to provide:

- a safe and supportive environment where twelve step recovery can take place,
- information to help those new to recovery,
- a source of encouragement through fellowship within a twelve step community,
- a facility where twelve step meetings can take place, and
- a social setting for events and other recovery-related activities.

We have been a community asset for over sixty years.

### October Sobriety Milestones

NAME	MILESTONE	YEARS	NAME	MILESTONE	YEARS
Norma R	10/01/2007	5	Michael H	10/01/2000	12
Pat E	10/01/1994	18	Andy P	10/01/2007	5
Sedrick A	10/01/1997	15	Buzz S	10/02/1973	39
Vern E	10/02/1970	42	Dale P	10/04/1987	25
Peter O	10/04/2003	9	Milton B	10/06/1980	32
Christopher S.	10/08/2006	6	Gary E	10/12/1976	36
Chris G	10/12/2003	9	Michael D	10/13/1985	27
Roger V	10/14/1992	20	Raymond M	10/15/1992	20
Geno H	10/16/1985	27	David D	10/19/2008	4
Kathleen S	10/20/2002	10	Pat S	10/23/1957	55
Hank C	10/24/1978	34	William M	10/25/2006	6
Justin G	10/27/1993	19	Jess R	10/27/2011	1
Eric P	10/28/1994	18	Rosemarie C	10/29/1968	44
Art Y	10/30/2009	3	Ed M	10/31/1991	21
Lee A	10/31/1997	15			

We regretfully announce that our longest living member of the club, Milton Siskin, passed away on September 24, 2012. Al Easthouse is now our longest living member.

### October Member of the Month

#### Jackie L

Jackie L. has spent many hours of her time organizing Tony's office as well as the downstairs office – no easy task! Her pleasant demeanor and professional work style has made it a pleasure for all here at the club. She has made some valuable recommendations and these are currently in process – things are happening and we thank Jackie for her continued support and unconditional love of the club!

### Employee of the Quarter

#### Angela Y

We thank Angela for her above-and-beyond work ethics here at the club. Angela takes her job to a whole new level – often times donating the main course for the special that will be served on her shift as well as reviewing the best price for the customer. Thank you, Angela, for your time and talent! We appreciate you as a valued employee!!

### Activities at the Alano Club of San Jose

Board meetings are now held at 6:30 pm. The next Board of Directors Meeting - Thursday, October 18, 2012 at 6:30 pm. All Members are Welcome!

Join us for our

### 61<sup>ST</sup> HERITAGE DINNER

The Alano Club of San Jose — Duncan Hall Saturday, October 20, 2012

5 pm — 8 pm

\$25 — tickets limited

Cream of Asparagus Soup
Autumn Greens with Raspberries & Glazed Walnuts
Sorbet Intermezzo
Choice Of:

Chateaubriand with Exotic Mushroom Demi Glace Roasted Yukon Gold Potatoes

Or

Broiled Salmon with Citrus Hollandaise
Basmati Rice Pilaf
Fresh Vegetable Medley
Dessert



### Halloween Party for the Kids





Saturday, October 27, 2012 1:30 pm – 3:00 pm Kids 12 and under only Pumpkins, Candy, Snacks

Prizes for Best Costume – By Age Group

## Activities & More at the Alano Club of San Jose (cont'd)

### Stop by our Halloween Bake Sale & Boutique Saturday, October 27, 2012 8:30 am – 4:00 pm

Baked Goods Holiday Treats Gift Items



### Join us in the Café on Halloween Day!!



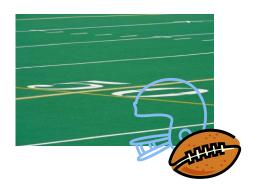
Wednesday, October 31, 2012

All Day Specials
8:00 am - Closing

## Monday Night Football Tailgate Party at the Alano Club Café!!

Buffalo Wings Popcorn Chicken Chili Verde Quesadillas Sampler Platter Louisiana Hot Links All-Beef Hot Dogs





## Activities & More at the Alano Club of San Jose (cont'd)

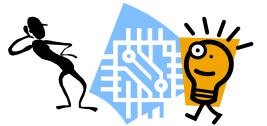
It's your Club - You have responded & we have listened!! Your Ideas & Suggestions have been great! So what's upcoming?

New technology for better communications – keeping you informed daily!

New menu items for the health-conscious

New menu items for the budget-conscious

We encourage you to stay involved – suggestion box, form, or online at <a href="https://www.alanosj.org">www.alanosj.org</a>



Want to Help Out? Join one of our teams! Send us an email at board@alanosj.org

Member of the Club? Join & begin saving 22-25% in the Café See all benefits & pricing at <a href="www.alanosj.org">www.alanosj.org</a>

## It's Our "All You Can Eat" Pancake Breakfast – With the Works!! Saturday, October 13, 2012 8 am – 4 pm

Classic Pancakes

Banana Pancakes

**Blueberry Pancakes** 

Bacon

Sausage

Eggs cooked your way

Coffee, juice, or soda



Members - \$ 5 Non-Members - \$ 8

## Activities & More at the Alano Club of San Jose (cont'd)

October Dances at the Alano Club of San Jose!

Sponsored by Parisi House On The Hill Saturday, October 6, 2012 9:30 pm - Midnight



Sponsored by Pathways Friday, October 26, 2012 9:30 pm - Midnight

## Help the Alano Club buy a new TV!

THAT'S RIGHT — WE'RE BUYING A LARGE SCREEN WALL-MOUNTED HDTV!

Wondering How You Can Help?

Make a Donation Spread the Word!

**Donation Box in the Cafe** 





Got Wi Fi?

Become a member of the Club and get it today!

Check out all benefits of membership at www.alanosj.org

### The Fair Avenue Fellowship Group

## A message from your Steering Committee of the Fair Avenue Fellowship Group...

Welcome to the first page and monthly set of information and announcements for the Fair Avenue Fellowship Group (FAFG)! Over the years, our fellowship has grown immensely and we would like to thank all who have supported the fellowship. We would like to encourage anyone and everyone to attend our monthly Steering Committee meetings – this is your opportunity to speak out and be heard! We really want to know just how we can best serve our 12 step AA community.

As you had noticed within the last few months, the FAFG has held several activities – we are not a glum lot! The Cup of Coffee 9 am meeting held daily just recently celebrated 5 years, and all had a great time! Thank you to those of who were in service for this event! In addition, as this newsletter is being written, the fellowship is getting ready to host the FAFG 1<sup>st</sup> Annual End Of Summer Campout at Mt. Madonna – the response has far exceeded our expectations. Those in service for this event have organized meetings, a group dinner, and kid's activities, to name a few. Stay tuned.

Our next Steering Committee meeting will be held on Thursday, October 11, 2012 at 6:30 pm downstairs at the Alano Club of San Jose. All are welcome. Just a reminder to all FAFG secretaries – this meeting is mandatory for each of you to attend.

The Steering Committee
The Fair Avenue Fellowship Group

#### The "Fair Avenue Fellowship Group" Logo Contest

Yes, now is the time to be in service as well as tap into your creative side! Our fellowship would like to be recognized by a logo – so we are hosting a contest!

Send your entry to Trish H. at trish.hill1@yahoo.com or Laura M. at lauramariem@yahoo.com.

#### The "Fair Avenue Fellowship Group" Upcoming Holiday Alkathons

Thanksgiving Day Alkathon Thursday, November 22, 2012 at the Alano Club of San Jose

Meetings from 9 am – 9 pm

Thanksgiving Day Dinner Hosted by the Alano Club of San Jose

Served at 2 pm. All are welcome.

Christmas Day Alkathon Tuesday, December 25, 2012 at the Alano Club of San Jose

Meetings from 9 am – 9 pm

Christmas Day Dinner Hosted by the Alano Club of San Jose

Served at 2 pm. All are welcome.

# Save the Dates – Upcoming Activities & More at the Alano Club of San Jose

"All You Can Eat Pancake Breakfast – With the Works!" Fundraisers Saturday, November 17<sup>th</sup> & December 8<sup>th</sup> of 2012 8 am – 4 pm



The Fair Avenue Fellowship Group – Thanksgiving Alkathon

Thursday, November 22, 2012 9 am – 9 pm



Thanksgiving Day Dinner

Thursday, November 22, 2012 2 pm



The Fair Avenue Fellowship Group – Christmas Day Alkathon

Tuesday, December 25, 2012 9 am – 9 pm



Santa makes a stop at the Club!

Tuesday, December 25, 2012 10 am



**Christmas Dinner at the Club** 

Tuesday, December 25, 2012 2 pm



New Year's Eve Celebration at the Club

Monday, December 31, 2012 Potluck at 10 pm 7 pm – Midnight



**New Year's Day AA Meeting** 

Tuesday, January 1, 2013 12:15 am



## Words of Encouragement & Hope

### ... 12 Step Recovery – Doing the Right Thing

"...nothing will so much insure immunity from drinking as intensive work with other alcoholics. ...Both you and the new man must walk day by day in the path of spiritual progress...Follow the dictates of a Higher Power and you will presently live in a new and wonderful world, no matter what your present circumstances!"

ALCOHOLICS ANONYMOUS, pp. 89, 100

Doing the right things for the right reasons – this is my way of controlling my selfishness and self-centeredness. I realize that my dependency on a Higher Power clears the way for peace of mind, happiness and sobriety. I pray each day that I will avoid my previous actions so that I will be helpful to others.

I take pride in my accomplishments today – giving back being my biggest and most rewarding. I am an instrument and any work I seem to be doing is being done by my Higher Power through me. I ask Him on a daily basis to remove my shortcomings, in order that I may freely go about my 12 step recover of "love and service".

I know the torment of drinking compulsively. I also know the pain of white-knuckled sobriety. Today, I do not forget the unknown person who suffers quietly, withdrawn and hiding in the desperate relief of drinking. I ask my Higher Power to give me His guidance and the courage to be willing to be His instrument to carry within me compassion and unselfish actions. Let the group continue to give me the strength to do with others what I cannot do alone.







## A Message from your President – Board of Directors at The Alano Club of San Jose...

As you may have noticed within this month's newsletter, we have not only appreciated your ideas, suggestions, and comments – we have listened and responded. Speaking on behalf of the entire Board of Directors, I thank each of you for taking the time to "become a part of".

Your ideas and suggestions have been great! You may have noticed some changes already – more of "cleaning house" as you enter the club. The lobby is now free of "clutter" and the windows no long have flyers on them. Upcoming additions will include newer means of technology for better communications – keeping you informed daily! And, as you enter the club, it will be all there – at a glance!

We have also listened to your ideas, suggestions and comments regarding the Café. And, again, we have listened and responded. We currently host a new menu of appetizers, smaller meals, and desserts on Sunday and Monday Night Football – at a lower cost to you – with more options to choose from. Upcoming additions very soon will include new menu items for the health-conscious as well as new menu items for the budget-conscious.

Regarding events and activities at the club, we are constantly reviewing what is working, and what is not working. Once again, you ideas, suggestions, and comments have been our best source of feedback. Keeping in mind our mission statement, the Board of Directors and Club Manager continue to welcome all 12 step recovery communities, including utilizing the club as a place for recovery-related events, workshops, and other sources of all-inclusive recovery. This month, two dances will be held on October 6<sup>th</sup> and October 26<sup>th</sup>. Please come out and join us as we celebrate recovery!

You will also notice in this issue of newsletter that the Fair Avenue Fellowship Group will now have their own page dedicated to their events, activities, and other information. We are excited to support this ever-growing fellowship.

Take note also of the Donation Box in the Café – "Help the Alano Club buy a new TV". We are buying a large screen wall-mounted HDTV, so any donations are welcome. You can also help by spreading the word!

It's that time – The Alano Club of San Jose is having their 61<sup>st</sup> Annual Heritage Dinner on Saturday, October 20, 2012 from 5 – 8 pm. Our dinner, along with 2 speakers and many awesome raffle prizes will be held in the Duncan Hall this year at the club. Tickets are limited and now available in the Café. Please join us for this special event.

In summary, thank you to all who participated in our "Become a Part Of" campaign. This is your club, and we are here to support you as valued members of the club! See you at the Alano Club of San Jose!

Warm Regards, Mike Austin, President Board of Directors The Alano Club of San Jose, Inc.

More Than Solutions – Enabling Possibilities

## The Alano Club of San Jose – 12 Step Meetings

Alcoholics Anonymous					
,	Daily Daily Mon- Fri Mon-Sat	9:00 am 12:00 pm 4:00 pm 6:00 pm	Sat (backroom) Sun downstairs) Friday (closed meeting)		
	Daily Sunday Sunday	7:30 pm 6:30 pm 7:30 pm	Fri (backroom) Sat (downstairs) Speaker Birthday Chip meeting (downstairs candlelight)		
AA Women's Meetings	Wednesday Sunday	8:00 pm 3:00 pm	(downstairs) (backroom)		
AA Men's Meeting	Tuesday Saturday Sunday	9:30 pm 10:00 am 5:00 pm			
AA Spanish Speaking	Monday Tuesday Wednesday Thursday Friday	7:30 pm 7:30 pm 7:30 pm 7:30 pm 7:30 pm	(back room) (back room) (back room) (back room) (downstairs)		
AA Medicine Crow Talking Circle	Saturday	12:00 pm	(backroom)		
SAA	Wednesday	6:00 pm	(backroom)		
Al-Anon (Understanding friends & relatives who are Alcoholics)	Monday Tuesday	8:00 pm 12:00 pm	(downstairs) (backroom)		
Co-Dependents Anonymous (Dealing with childhood and relationship issues)	Wednesday Sunday	6:30 pm 5:00 pm	(downstairs) (downstairs)		
Narcotics Anonymous					
Open Meeting Open Meeting Open Meeting Tagalog Speaking NA Closed Women's Meeting Open Meeting Open Meeting Open Meeting Open Meeting Open Meeting	Monday Tuesday Sat & Sun Saturday Friday Friday Saturday Sunday	6:30 pm 6:30 pm 10:00 am 1:00 pm 6:00 pm 8:00 pm 8:00 pm 2:00 pm	(downstairs) (downstairs) (downstairs on Sat) (backroom) (downstairs) (Chip 3 <sup>rd</sup> Fri)  (2 <sup>nd</sup> & 4 <sup>th</sup> Sun – downstairs)		

### 12-Step Recovery

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### Please support our Club Advertisers!



#### **Adrian Flores Presents**



Norm's Auto Repair



A&H Heating and Air



**RJL Installations** 



**All About Recovery** 



**Legacy Sanitation** 

Run Your Own Business? Licensed & Bonded with a Trade?
Advertise with The Alano Club of San Jose, Inc.
We continue to support your business!
<a href="http://www.alanosj.org">http://www.alanosj.org</a>