

The Alano Club of San Jose Newsletter

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Alano Club of San Jose, Inc.

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www.alanosj.org

September 2012

Trusted Servants on the Board of Directors

- Mike Austin
- Laura Martin
- Sue Erskin
- Sue Whiteside
- Judith Bell
- Regina Palacios
- Phil Lohafer
- Michael Johnson
- Milton Brock

Trusted Servants within your Employment

- Tony Baron
- Maria Garcia
- Regina Palacios
- Angela Young
- Anthony Martinez
- Stefanie McKewon
- Lea Guthrie
- Terisa Martinez
- Ricky Lopez
- Doug Higgins

The mission of the Alano Club of San Jose is to provide:

- a safe and supportive environment where twelve step recovery can take place,
- information to help those new to recovery,
- a source of encouragement through fellowship within a twelve step community,
- a facility where twelve step meetings can take place, and
- a social setting for events and other recovery-related activities.

We have been a community asset for over sixty years.

September Sobriety Milestones

NAME	MILESTONE	YEARS	NAME	MILESTONE	YEARS
Nancy C	01 Sept 1988	24	Jill L	02 Sept 1987	25
Thomas G	07 Sept 1982	30	Rosalinda C	09 Sept 1991	21
Steve T	09 Sept 1992	20	Robert C	09 Sept 2011	1
Edward M	09 Sept 1977	45	Robert P	09 Sept 1994	18
Rechelle P	10 Sept 2006	6	Sal C	15 Sept 1988	24
Lawrence H	16 Sept 2011	1	Barbara W	17 Sept 1989	23
Celeste H	17 Sept 2004	8	Mike W	17 Sept 2007	5
Randy G	21 Sept 1987	25	Joel R	21 Sept 2008	4
Michael R	22 Sept 1990	22	John R	22 Sept 2007	5
Michael J	24 Sept 2001	11	Mac M	25 Sep 1973	39
Joe P	25 Sept 2000	12	Marlene S	27 Sept 1993	19
Mike A	27 Sept 1997	15			

September Member of the Month

Doug H.

As the club's on and off site volunteer photographer, Doug has captured priceless moments for so many activities, events, and spontaneous times. Most recently, Doug has stepped up to the position of secretary for the new Speaker Birthday Chip Meeting that is now held on Sundays at 6:30 pm. His enthusiasm is contagious, and his energy seems to be endless! For those of you who do not know, Doug has also just accepted the position of Maintenance Grounds Keeper for the Alano Club of San Jose. We look forward to seeing Doug here on a daily basis! Congratulations, Doug!!

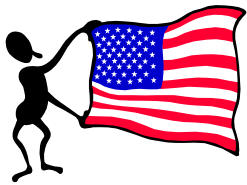
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Activities at the Alano Club of San Jose

Board meetings are now held at 6:30 pm. The next Board of Directors Meeting - Thursday, September 20, 2012 at 6:30 pm. All Members are Welcome!

Labor Day BBQ at the Club!!

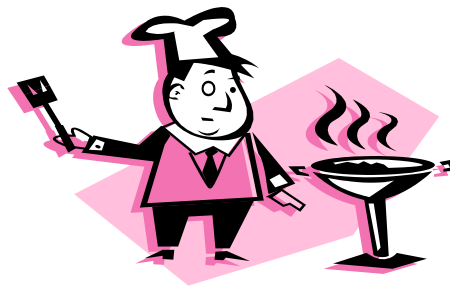


Monday, September 3, 2012

4 pm – 7 pm

\$5 per person and

Kids 5 and under are free



Menu includes:

Chicken

Hot Links

Potato Salad

Green Salad

Melons

Vanilla Ice Cream

Fountain Drink

Join us for our

COMMUNITY YARD SALE

The Alano Club of San Jose – Front Lawn

Saturday, September 8, 2012

9 am – 4 pm

Secure your reservation for a booth today!!

\$15



To register & pay for your booth,
just stop by the Club Café
or call the Club at 408.297.1878

Activities & More at the Alano Club of San Jose (cont'd)

It's Monday Night Football at the Club!

**Join us in the Café for game night and fellowship
Special tailgate menus weekly
See you there!**



**The Fair Avenue Fellowship Group invites you to the
End of Summer Campout**

**28th – 30th September of 2012
Mt. Madonna**



**Horseshoes
Hiking
Fellowship
Activities for the Kids
Evening AA Meeting
Group Dinner on Saturday**



For info, contact Michael J at 408.726.7816

Activities & More at the Alano Club of San Jose (cont'd)

It's Your Club – Join In & Become a Part Of !!

Yes! We Really Want to Know!!

Voice Out – Place Your Ideas or Comments in the Suggestion Box
...Or go online at www.alanosj.org



What's going on? Check it out on our website at
www.alanosj.org

Want to Help Out? Join one of our teams!
Send us an email at board@alanosj.org

It's Our "All You Can Eat" Pancake Breakfast - With the Works!!

Saturday, September 8, 2012 8 am - 4 pm
Members - \$ 5 Non-Members - \$ 8

Your choice of:

Classic Pancakes
Banana Pancakes
Blueberry Pancakes
Bacon
Sausage
Eggs cooked your way
Coffee, juice, or soda



Activities & More at the Alano Club of San Jose (cont'd)

Join the Alano Club of San Jose!

As a Member, you get –

- 20-25 % discounts at the café
- PCs available for use & Wi-Fi – your own personal account
- Special prices on many events & activities
- Newsletters, other mailings, & email club updates
- A place to hang out & work on your 12 step recovery
- A place to bring family, friends, and meet new friends



The Cost – a month of a membership pays for itself

\$20 per month or \$10 per month (if a senior or on a fixed income)
Other discounted “pre-payment” options at the café



Sunday Evenings at the Café

Light Menu Fare, Appetizers, and Desserts
Special prices - from 4 pm until closing

Sunday Night Football, 12 Step Meetings, Social Gatherings!
Join us at the club café!!

Join Our Network: The Alano Club of San Jose Business Leads Club!

Run your own business? Licensed & bonded with a trade?

This referral club is perfect for you! Grow your business & supporting other club member professionals! Check it out!

For info – www.alanosj.org or Judith B at 408-439.6050 for info to join.



Ballroom Dance Lessons

The Alano Club of San Jose
All are Welcome – Especially Beginners!
Every Saturday – \$5 suggested donation
3:00 pm – 4:30 pm

Save the Dates – Upcoming Activities & More at the Alano Club of San Jose

“All You Can Eat Pancake Breakfast – With the Works!” Fundraisers
Saturday, October 13th, November 17th, & December 8th of 2012
8 am – 4 pm



The 61st Annual Heritage Dinner
Saturday, October 20, 2012
5 pm – 8 pm



Halloween Bake Sale and Boutique
Saturday, October 27, 2012
8:30 am – 4:00 pm



Halloween Celebration in the Café
Wednesday, October 31, 2012
All Day of Specials - Breakfast, Lunch, Appetizers, & Dinner



The Fair Avenue Fellowship Group – Thanksgiving Alacathon
Thursday, November 22, 2012
9 am – Midnight



Thanksgiving Day Dinner
Thursday, November 22, 2012
1:30 pm



The Fair Avenue Fellowship Group – Christmas Day Alacathon
Tuesday, December 25, 2012
9 am - Midnight



Santa makes a stop at the Club!
Tuesday, December 25, 2012
10 am



Christmas Dinner at the Club
Tuesday, December 25, 2012
1:30 pm



New Year's Eve Celebration at the Club
Monday, December 31, 2012
7 pm – Midnight



New Year Midnight AA Meeting
Monday, December 31, 2012
Midnight – 1 am New Year's Day



Words of Encouragement & Hope

... Carrying the Message – 12 Step Recovery

In a meeting today that I attended today, I was asked why I was there. I had a simple answer, “Because I know I can’t do it alone. None of us can.”

Our programs are based on one person helping another in the recovery of our addiction, whether it be alcohol, drugs, co-dependancy, or any other 12 step recovery program. For myself, I try to help whenever someone is in need. In meetings, I go to the newcomer, and ask if there is anything they need. I see if they have a meeting guide, if they have any questions, and or just want to talk. I introduce them to others in the room and suggest that they get phone numbers. I remember that so many caring and kind people approached me, and their care meant a lot. Because of this, I kept coming back.

If someone asks for my number, I willingly give it. If they call, I make sure I speak with them, and follow up on their questions or their need to just talk.

I never forget how much help, advice and support that I have received from many special men and women, and I want to give back for all I received. I sign up for what service commitments I can, and help celebrate sobriety birthdays. I also share information about impactful recovery books and materials that have been meaningful to me.

I don’t do anything for others to get something for myself. I do it because it makes me feel good, makes me not focus on myself, and hopefully pays back all of the members of whom so freely gave to me in my recovery.

Certainly, economic times can be a challenge to many, but helping others doesn’t cost a thing but our time!

Whatever your 12 step recovery program(s) – each of us are in service to each other and should never forget it!

~ Anonymous member of 12 Step Recovery



ALATEEN

*Hope and Help for Young People who are the relatives
and Friends of a Problem Drinker*

A Message from your President – Board of Directors at The Alano Club of San Jose...

As your President on the Board of Directors of the Alano Club of San Jose, I would like to thank all of you who have continued to support the club as well as those new to the club! Your time, talent, and contributions are a key part of our focus on the future of the club – yes, we really do want to know what your feedback and suggestions are as well as any roles that you would like to play on the upcoming teams that are being formed. These are exciting times at the club – remember, this is your club! We encourage you to become a “part of” in any way that you and or your family members see fit.

These are exciting times at the club! Tony Baron, our awesome Manager, has been stepping up to many of the Technology and Green Team Initiatives – thank you, Tony! He has been putting in an amazing amount of hours in an effort to transition with technology, no easy task. We appreciate his willingness and “Yes, we can!” attitude.

In last month’s newsletter, the Board outlined the in-process Initiatives and Programs, Events, and Activities that are currently being developed. We are on target with our 2012 Business Plan, and will easily meet our three-pronged strategy by end of calendar year. To refresh, the Board’s three-pronged strategy for the 2012 year is as follows:

- Teamwork and positive alignment between the Manager and Board of Directors
- Financial Stability of the club
- Increase the use of the club – Bring back the “Magic of the Club”

It goes without saying that we, as Board members, get along great with our Manager, Tony. The teamwork and positive, “can do” attitude has the club moving in a productive direction.

Regarding the financial stability of the club, we have a Board member working on an Initiative known as “Project Restore” and it’s target completion date is no later than end of December 2012. This initiative will restore the club’s finances as well as allow the cushion necessary so that we can focus on bigger and better things. Stay tuned.

We also have several Initiatives that are focused on generating awareness of our club throughout the 12 Step Communities within Silicon Valley. I will be updating you in each monthly newsletter on these programs. The members on the Board are busy building the foundation for these initiatives. Should you be interested in lending your time and talent, please email us at board@alanogsj.org. We welcome your service. After all, it is your club!

You may have noticed that our Mission Statement has been updated to reflect the depth of what the Alano Club of San Jose offers to 12 Step Communities. To reiterate, our mission is to:

- Provide a safe and supportive environment where twelve step recovery can take place
- Provide information to help those new to recovery
- Provide a source of encouragement through fellowship within a twelve step community
- Provide a place where twelve step meetings can take place
- Provide a social setting for events and other recovery-related activities

In summary, I would like to encourage you and your family and friends to use the club more than just a place for meetings – after all, we offer so much more! It’s now football season, and the Café is hosting both Sunday Night and Monday Night Football. Get the ongoing calendar of activities on our website at www.alanosj.org and we’ll see you at the club!!

Warm Regards,
Mike Austin, President
Board of Directors
The Alano Club of San Jose, Inc.

More Than Solutions – Enabling Possibilities

The Alano Club of San Jose – 12 Step Meetings

Alcoholics Anonymous

Daily	9:00 am	Sat (backroom) Sun downstairs)
Daily	12:00 pm	
Mon- Fri	4:00 pm	
Daily	6:00 pm	Friday (closed meeting)
Daily	7:30 pm	Fri (backroom) Sat (downstairs)
Sunday	6:30 pm	Speaker Birthday Chip meeting
Sunday	7:30 pm	(downstairs candlelight)

AA Women's Meetings

Wednesday	8:00 pm	(downstairs)
Sunday	3:00 pm	(backroom)

AA Men's Meeting

Tuesday	9:30 pm	
Saturday	10:00 am	
Sunday	5:00 pm	

AA Spanish Speaking

Monday	7:30 pm	(back room)
Tuesday	7:30 pm	(back room)
Wednesday	7:30 pm	(back room)
Thursday	7:30 pm	(back room)
Friday	7:30 pm	(downstairs)

AA Medicine Crow Talking Circle

Saturday	12:00 pm	(backroom)
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SAA

Wednesday	6:00 pm	(backroom)
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AI-Anon

(Understanding friends & relatives who are Alcoholics)

Monday	8:00 pm	(downstairs)
Tuesday	12:00 pm	(backroom)

Co-Dependents Anonymous

(Dealing with childhood and relationship issues)

Wednesday	6:30 pm	(downstairs)
Sunday	5:00 pm	(downstairs)

Narcotics Anonymous

Open Meeting	Monday	6:30 pm	(downstairs)
Open Meeting	Tuesday	6:30 pm	(downstairs)
Open Meeting	Sat & Sun	10:00 am	(downstairs on Sat)
Tagalog Speaking NA	Saturday	1:00 pm	(backroom)
Closed Women's Meeting	Friday	6:00 pm	(downstairs) (Chip 3 rd Fri)
Open Meeting	Friday	8:00 pm	
Open Meeting	Saturday	8:00 pm	
Open Meeting	Sunday	2:00 pm	(2 nd & 4 th Sun – downstairs)

12-Step Recovery

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October 2012



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