

The Alano Club of San Jose News

August 2012

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 www.alanosj.org

Trusted Servants on the Board of Directors

- ☐ Mike Austin
- ☐ Laura Martin
- ☐ Sue Erskin
- ☐ Sue Whiteside
- ☐ Judith Bell
- ☐ Regina Palacios
- ☐ Phil Lohafer
- ☐ Michael Johnson
- ☐ Milton Brock

The Alano Club is your Club. Our mission is to:

- Provide a safe and supportive environment where twelve step recovery can take place
- Provide information to help those new to recovery
- Provide a source of encouragement through fellowship within a twelve step community
- Provide a place where twelve step meetings can take place
- Provide a social setting for events and other recovery-related activities.

We have been a community asset for the last sixty years.

Trusted Servants within your Employment

- ☐ Tony Baron
- ☐ Maria Garcia
- ☐ Regina Palacios
- ☐ Angela Young
- ☐ Anthony Martinez
- ☐ Stefanie McKewon
- ☐ Terisa Martinez
- ☐ Ricky Lopez
- ☐ Chris Morgan
- ☐ Leah Guthrie

August Sobriety Milestones

Name	Milestone	Years	Name	Milestone	Years
Sharon P	01-Aug 1972	40	Ray D	16 Aug 1987	25
Glenn S	04 Aug 2007	5	Freddie P	17 Aug 2003	9
Frank C	05 Aug 1990	22	Kristin G	18 Aug 2003	9
John R	06 Aug 1991	21	Klaus S	18 Aug 1986	26
Dick B	07 Aug 1985	27	Jim S	20 Aug 1981	31
Ricardo H	08 Aug 1982	30	Victoria K	23 Aug 2002	10
Brad R	09 Aug 2011	1	Norm D	23 Aug 1987	25
Lorenzo E	09 Aug 1991	21	Herman G	25 Aug 2006	6
Richard G	11 Aug 1994	18	Piano Joe S	26 Aug 1971	41
Clara N	12 Aug 2010	2	Laura D	27 Aug 1999	13
Bill M	14 Aug 1987	25	Abdallah N	27 Aug 2011	1
Bob N	15 Aug 1994	18	Tony L	30 Aug 2012	2
Mark B	16 Aug 1994	18	Laura M	30 Aug 1997	15

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August Member of the Month

Freddie P.

We thank Fred P, for his continued dedication, time, & talent here at the Club! As you will often hear Fred say, "I love the Club!" – well, it certainly shows time after time again! Busy here with the various NA Fundraisers that are held here at the Club to raise money for the upcoming Sept 29th NA Speaker Jam , Fred has ensured that a percentage of donations at these events go back to the Club! And, thanks to Fred – he generously donated the main entree for a 4th of July BBQ here. This allowed the Club to offer a 4th of July BBQ at a very reasonable price. A huge thank you, Fred, for all your service, time, and talent to our club!!

Activities at the Alano Club of San Jose

Board meetings are now held at 6:30 pm. The next Board of Directors Meeting - Thursday, August 16, 2012 at 6:30 pm. All Members are Welcome!

“Let’s Dine Out at Chilis” Fundraiser

Join us for dinner with your Board Members & Club Manager!!

Wednesday, August 8, 2012

6:00 – 7:30 pm

10% of all proceeds will go back to your Club!!



Bring with You: Bring with you a copy of the “Fired Up While Giving Back” flyer & present with your meal payment – it’s that easy!
...print a copy of flyer from our website at www.alanosj.org
or get a copy in the Club Café

Where: Chilis Restaurant located at 543 Coleman Ave, San Jose

... And, it gets even better!!

Dine out at this location for any of the Wednesdays in August & 10% of all proceeds will go back to your Club!!

Dates: Wednesdays of August 1, 8, 15, 22, and 29th

Hours: 11 am – 10 pm

Hot August Nights BBQ & Outdoor Movie – with a Kids Booth!!

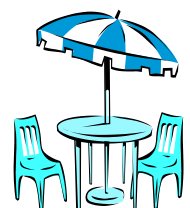
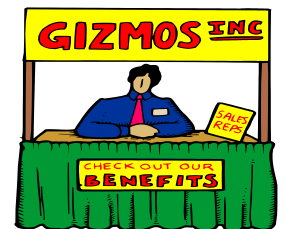
Friday, August 24, 2012 7 pm – 11 pm

BBQ starts at 7 pm

Movie starts at dusk

Come early, set up your chairs or blankets on the lawn, & let the kids have fun at the Kids Booth!!

BBQ includes: Hamburgers, Hot Dogs, Chips, Can Soda or Water - \$5 per person
Kids 5 and under eat free!



Activities & More at the Alano Club of San Jose (cont'd)

The Alano Club of San Jose – Our Last Dance!!
Celebrate with us!!

Sat, August 18, 2012 9:30 pm – midnight
\$3 suggested donation
See You There!!



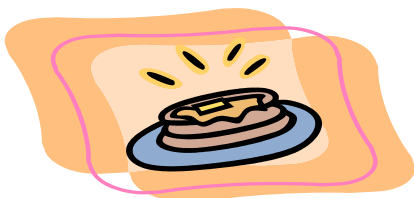
Join us for the “NA Any Lengths Group Speaker Meeting & Dance”

Sat, August 25, 2012 Meeting at 8 pm Dance at 9:30 pm – midnight
\$5 suggested donation



Our monthly “Pancake Breakfast” Fundraiser!!

Saturday, August 25, 2012 8 am – 4 pm
“All You Can Eat” Pancakes, Bacon, Sausage, and Eggs
Served with coffee
Members - \$ 5 Non-Members - \$ 8



Activities & More at the Alano Club of San Jose (cont'd)

**The Fair Avenue Fellowship Group
Invites you to the
“5 – Year Celebration of the Cup of Coffee Meeting”
Saturday, August 25, 2012
2 pm – 5 pm**

...Potluck Menu
...Music & Dancing
...For info – call Steve H
408.839.0111

**FAFG
Cup of Coffee
5 Years!!**



It's Your Club – Become a Part Of!!

Voice Out – Place Your Ideas or Comments in the Suggestion Box
...Or go online at www.alanosj.org
Yes! We Really Want to Know!!

Proud of your Club? Refer someone to become a Club Member today!!

**Need to Know? Check it out on our website at
www.alanosj.org**

**Become a Part Of? Want to Help Out?
Send us an email at board@alanosj.org**



Activities & More at the Alano Club of San Jose (cont'd)

Don't Miss Out!!

**Up to 35 MPH – ECO Friendly
Win a Battery Operated Electric Bicycle**



Check it out in the Duncan Hall at the Club
Raffle Tickets in the café

\$1 each – 6 for \$5 – 25 for \$20

Raffle Drawing will be held on August 10, 2012

Only on Sunday Evenings at the Café!!

Light Menu Fare, Appetizers, & Desserts!!

Special prices!

5 pm – Closing



...12 Step Meetings, Sports in café, and Social Gatherings
Join us at the club café!!

Member of the Club Yet?

The Benefits ~

- 20-25 % discounts at the café
- PCs available for use & Wi-Fi – your own personal account
- Special prices on many events & activities
- Newsletters, other mailings, & email club updates
- A place to hang out & work on your 12 step recovery
- A place to bring family, friends, and meet new friends



The Cost? ...One month of a membership pays for itself!!

\$20 per month or \$10 per month (if a senior or on a fixed income)

Other discounted "pre-payment" options at the café

Activities & More at the Alano Club of San Jose

(cont'd)

NA Any Lengths Homegroup invites you to our

“CHILI-FEST”



**at The Alano Club of San Jose
Sunday, September 9, 2012
11 am – 2 pm**

Bring Your Best Chili – 3 Prizes Awarded!

To enter, call Carolyn at 408.849.5885 or Fred at 408.849.3637

This is a fundraiser for the upcoming NA Speaker Jam –
29 Sept 2012 at the Alano Club of San Jose
(this event has no affiliation with the club)

Join Our Network: **The Alano Club of San Jose Business Leads Club!**

Run your own business? Licensed & bonded with a trade?

This referral club is perfect for you! Grow your business & supporting other club member professionals! Check it out!

For info – www.alanosj.org or Judith B at 408-439.6050 for info to join.



Ballroom Dance Lessons

The Alano Club of San Jose
All are Welcome – Especially Beginners!

Every Saturday

3:00 pm – 4:30 pm

\$5 suggested donation

Save the Dates – Upcoming Activities & More at the Alano Club of San Jose

“Labor Day BBQ”

Monday, September 3, 2012

5 pm – 7 pm



“All You Can Eat Pancake Breakfast” Fundraiser

Saturday, September 8th and October 18th of 2012

8 am – 4 pm garage



Alano Club of San Jose – “Community Yard Sale”

Saturday, September 8, 2012

9 am – 4 pm



NA Any Lengths’ Chili-Fest

Sunday, September 9, 2012

11 am – 2 pm



NA Any Lengths “Speaker Meeting & Dance”

Saturday, September 22, 2012

Meeting at 8 pm

Dance 9:30 pm – Midnight



The Fair Avenue Fellowship Group’s “1st Annual End of Summer Campout”

September 28 – 30, 2012

Mt. Madonna



FAFG
End of Summer Campout!!

NA Speaker Jam

Saturday, September 29, 2012

Starts at 9 am

Breakfast, Lunch, & Dinner – free

Dance at 9:30 pm – Midnight



Words of Encouragement & Hope

... Carrying the Message – A Letter from an Alateen

Dear Mom & Dad

Alcoholics suffer from alcoholism mentally, spiritually, and physically. Well, guess what? So does the family, regardless of age or maturity. I always used to hide my feelings, pretending that I didn't care when I was crying inside. Alateen has given me love, hope, and the feeling that I'm not alone. Please know that Alateen...

Is for kids like me who have been affected by someone else's drinking.

Provides a safe place where I can share.

Helps me understand the family disease of alcoholism.

Is a place for me to learn to feel good about myself.

Encourages me to change my attitude instead of reacting to the situation.

Gives me the courage to detach with love.

Is anonymous – we don't discuss what we hear or whom we see at meetings.

Is grrrrreat!!

I hope this has given you both a clearer picture of Alateen's importance in my life. I guess I just wanted to tell you that I need Alateen.



*Hope and Help for Young People who are the relatives
and Friends of a Problem Drinker*



A Message from your Board of Directors at The Alano Club of San Jose...

As your trusted servants on the Board of Directors at The Alano Club of San Jose, we would like to thank all of you as club members for supporting your Club! Your support, contributions, time, and talent do not go unnoticed. Each of us on the Board are honored to serve; we would like to share with each of you the new things that will be available to you at the Club.

Remember, the Club is your Club! Our mission is to:

- Provide a safe and supportive environment where twelve step recovery can take place
- Provide information to help those new to recovery
- Provide a source of encouragement through fellowship within a twelve step community
- Provide a place where twelve step meetings can take place
- Provide a social setting for events and other recovery-related activities

We are currently moving forward with a series of initiatives, projects, programs, and events – all in an effort to continue best serving all 12 step recovery communities. Having said that, the upcoming initiatives that are currently “in the works” are as follows:

- The “Yes, We Really Want to Know!” Initiative
 - Suggestion Box – Your Voice is Heard
 - Comments Form – Yes! We Really Want to Know!
 - Communications Forum – Keeping you Informed at all Times
- The “Did You Get Sober at the Club?” Initiative
 - Remember Your First Time at the Club?
 - Your Favorite Memory of the Club?
- The “Alano Gives Back” Initiative
 - Pack A Back Fundraiser – Giving Back to our School Children
 - Immersions Trips – Teaming Up With Sacred Heart Community Services
 - A Saturday at Sacred Heart – Another Way to Help Out
- The “Environmental Stewardship – Green Team” Initiative
 - Electronic Recycling Fundraiser – With 50% Back to Our Club
 - Recycling of Cans, Plastic, and Other
 - Getting the Job Done Paperless- Wherever Possible
- The “Bringing Back the Magic of the Club” Initiative
 - Our Best-Kept Secret – Getting the Word Out
 - Fill the Club – Make a Difference

Over the last few months, many of you have asked, “How can I volunteer my time and be of service to the Club?” – in this newsletter, you will see that we are implementing several avenues and forums for you to either help out as well as have the ability to “stay informed” and “have a voice”. And, yes, we encourage each of you to consider helping out with your time and talent – there are many ways that you can “tap into” our initiatives should you be interested in getting involved as well as giving back. We are just an email away – at board@alanosj.org – or better yet, join us at our monthly Board meetings! We look forward to continue all efforts to better serve as your Board of Directors team.

Warm Regards,
Your Board of Directors
The Alano Club of San Jose, Inc.

More Than Solutions – Enabling Possibilities

The Alano Club of San Jose

SERVING YOUR COMMUNITY FOR SIXTY YEARS

12-STEP MEETINGS

Held at Your Alano Club of San Jose – 1122 Fair Avenue San Jose

Alcoholics Anonymous

Daily	9:00 am	Sat (backroom) and Sun (downstairs)
Daily	12:00 pm	
Mon- Fri	4:00 pm	
Daily	6:00 pm	Friday (closed meeting)
Daily	7:30 pm	Fri (backroom) and Sat (downstairs)
Sunday	6:30 pm	Speaker Birthday Chip meeting (6:30-8 pm)
Sunday	7:30 pm	(downstairs candlelight)

AA Women's Meetings

Wednesday	8:00 pm	(downstairs)
Sunday	3:00 pm	(backroom)

AA Men's Meeting

Tuesday	9:30 pm	
Saturday	10:00 am	
Sunday	5:00 pm	

AA Spanish Speaking

Monday	7:30 pm	(back room)
Tuesday	7:30 pm	(back room)
Wednesday	7:30 pm	(back room)
Thursday	7:30 pm	(back room)
Friday	7:30 pm	(downstairs)

AA Medicine Crow Talking Circle

Saturday	12:00 pm	(backroom)
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SAA

Wednesday	6:00 pm	(backroom)
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Al-Anon

(Understanding friends & relatives who are Alcoholics)

Monday	8:00 pm	(downstairs)
Tuesday	12:00 pm	(backroom)

Co-Dependents Anonymous

(Dealing with childhood and relationship issues)

Wednesday	6:45 pm	(downstairs)
Sunday	5:00 pm	(downstairs)

Narcotics Anonymous

Open Meeting	Monday	6:30 pm	(downstairs)
Open Meeting	Tuesday	6:30 pm	(downstairs)
Open Meeting	Sat & Sun	10:00 am	(downstairs on Sat)
Tagalog Speaking NA	Saturday	1:00 pm	(backroom)
Closed Women's Meeting	Friday	6:00 pm	(downstairs) (Chip 3 rd Fri)
Open Meeting	Friday	8:00 pm	
Open Meeting	Saturday	8:00 pm	
Open Meeting	Sunday	2:00 pm	(2 nd & 4 th Sun – downstairs)

Please support our Club Advertisers!

www.adrianflorespresents.com



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(925) 766-8136

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August 2012

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Cell: (408) 390-1090

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Angie & Rob

Email: AllAboutRecovery@att.net
www.AllAboutRecovery.org

All About Recovery

June 2013

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October 2012



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June 2013

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We continue to support your business!**

<http://www.alanosj.org>