

The San Jose Alano Club News

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- **Trusted Servants on the Board**
- **Tammy Henry**
- **Sue Whiteside**
- **Regina Palacios**
- **Mike Austin**
- **Domingo Hurtado**
- **Rudy Lugo**
- **Laura Martin**
- **Phil Lohafer**
- **Michael Johnson**

Trusted Servants in your Employ

- **Tony Baron**
- **Whitney Gonzales**
- **María García**
- **Regina Palacios**
- **Angela Young**
- **Anthony Martínez**
- **Judy Harvel**
- **Gisselle Talaraz**
- **Stefanie McKewon**

The Mission of the Alano Club is to maintain a safe, secure, and stable environment for 12 Step Recovery, support and fellowship to take place.

A Community Asset For The Last Fifty Nine Years

September Sobriety Milestones

Name	Milestone	Years	Name	Milestone	Years
Nancy C	9/1/1988	23	Randy G	9/21/1987	24
Jill L	9/2/1987	24	John R	9/22/2007	4
Rosalinda C	9/7/1991	20	Michael R	9/22/1990	21
Thomas G	9/7/1882	29	Eric B	9/22/2010	1
Edward M	9/9/1977	34	Michael J	9/24/2001	10
Steve T	9/9/1992	19	Mac M	9/25/1973	38
Rechelle P	9/10/2006	5	Joe P	9/25/2000	11
Ron D	9/10/2007	4	Marlene S	9/27/1993	18
Joe C	9/11/2010	1	Mike A	9/27/1997	14
Sal C	9/15/1988	23	Daniel V	9/27/2008	3
Joyce H	9/16/1995	16	Leah C	9/29/2009	2
Joel R	9/21/2008	3			

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September Member of the Month

A big thank you to Bob N. for donating his time and talent with some electrical work at the Club. Many Thanks Bob !

Have you visited our Web Site? alanosj.org

Do you have something you would like to Contribute ?

to contribute? Send us an e-mail. alanosj.org

The Alano Club of San Jose Presents September Activities

Board of Directors Meeting
Thursday, September 15, 2011

7:30 pm

All Members Welcome



Alano Club Fundraiser Bake Sale

Saturday September 10, 2011

To donate baked goods contact Regina P 408 297-1878 or 408 849-6873



September Recovery Birthdays Panel Speaker Meeting & Dance

Saturday Sept 17, 2011 8:00 pm to Midnight

**Save money and support the Club !! Buy your tickets in advance*



**Any Lengths NA Speaker Meeting
with Dance to follow**

Saturday Sept 24, 2011 8:00-12:00

NA SPEAKER JAM

Saturday October 1, 2011 Event starts @ 1:30 pm

This event includes a Dance @ 9:30 PM

Alano Club Membership: *We need you to Continue Paying your Dues. You Help Us Do The Impossible and we appreciate it.* Do you like having a safe, sober, clean and fun place to hang out? We can't do it without your membership! So it is up to you to keep our club doors open!

Behavior: We count on Good Behavior!

Children: No children under 13 years old allowed on Club property after 9:30 p.m.

Words of encouragement

AVAILING YOURSELF OF A SPONSOR

My story is about the healing power of hope. After years of despair, in 2006, hope miraculously reappeared in my life.

My experience with alcohol and drugs began in high school. The home in which I was raised did not include a male role model and I always felt different than everyone else. Drugs and alcohol altered my perception of reality and changed the way I felt.

For the next 30 years I had many highs and lows, but by the end of my drinking and using it became nothing but lows and even lower lows. Often thinking that things would have been better if I had only been dealt a different hand. Blaming others and failing to accept responsibility for my actions, I became something no one ever plans to become. A broken man. My poor choices, bad decisions, and self-ish behavior had proven what I had heard over and over. I was less than everyone else and undeserving of better.

Sitting in my cell I heard in a new way something that I had been hearing for 10 years. AA meeting at eight o'clock. Why not? I had nothing to lose. The speaker told his story and God opened my ears and allowed me to hear the message of hope. He said that if I wanted change in my life, all I had to do was to follow a few simple suggestions. Reach out my hand and with the help of God and another alcoholic my life would get better. For reasons I can't explain, it finally made sense to me. I talked with the man after the meeting. He told me that I never have to drink again if I don't want to. One day at a time. He said if I stayed sober for 30 days I would see a great change in my life. He left me with God, those thoughts and the Big Book of Alcoholics. I read that book from cover to cover that night and my life did change. Hope had entered my heart.

With the help of 2 treatment programs I learned how this disease had affected my thinking and my actions. I began building a solid foundation for my recovery. One of the best things I did was to ask a man to be my sponsor. God put the right man in my life and he is still my sponsor. He told me if I was willing to be honest and open-minded things would get better. We worked the 12 steps together and today I live a clean and sober life filled with hope. Now I am a useful member of society.

The promises of AA have come true. The rewards are many. With so many friends in recovery I am able to face life on life's terms, free of the fears that controlled me for so long. Today I have the opportunity to give to others what was given to me. I get to work with other alcoholics and watch their lives change in positive ways they thought would never happen. My life is now about service to my Higher Power, my wife and family, and my home group. Whenever another alcoholic reaches out for help I want to be there as others were for me, with a message of hope.

Planning a sober event? Please contact the Club Manager to rent out Duncan Hall 408 297-1878