

The San Jose Alano Club News

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• **Trusted Servants on the Board**

- Steve Holloway
- Tammy Henry
- Sue Whiteside
- Regina Palacios
- Mike Austin
- Chris Giradot
- Domingo Hurtado
- Rudy Lugo
- Laura Martin

Trusted Servants in your Employ

- Tony Baron
- Whitney Gonzales
- Maria Garcia
- Regina Palacios
- Angela Young
- Anthony Martinez
- Tammy Aguirre
- Dominic Gagnon
- Chris Martinez

The Mission of the Alano Club is to maintain a safe, secure, and stable environment for 12 Step Recovery, support and fellowship to take place.

A Community Asset For The Last Fifty Nine Years

June Sobriety Milestones

Name	Milestone	Years	Name	Milestone	Years
Sonny P	6/1/1984	27	Vincent R	6/13/2007	4
Cheryl L	6/1/1995	16	Tonya C	6/14/2007	4
Patricio L	6/2/2000	11	Manuel T	6/15/1992	19
Cruz M	6/2/2007	4	Loren M	6/17/2008	3
Lorenzo E	6/15/1983	28	Chris C	6/18/2007	4
Michael D	6/5/1983	28	Aletha B	6/22/2003	8
Daniel L	6/7/1993	18	Jim D	6/25/1978	33
Dennis S	6/10/1989	22	Arnold C	6/25/2000	11
Joseph M	6/11/2007	4	Liz K	6/26/1988	23
Chris M	6/11/2010	9	Garry B	6/28/1990	21
Sonia C	6/12/2010	1	Benny G	6/30/2005	6

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June Member of the Month

Darryl H for his help with our 3rd Annual 10K Recovery Walk. Thank you!

Have you visited our Web Site? alanosj.org

Do you have something you would like to Contribute ?
to contribute? Send us an e-mail. alanosj.org

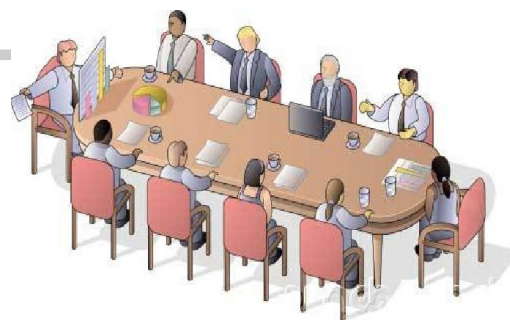
The Alano Club of San Jose Presents June Activities

Board of Directors Meeting

Thursday

June 16 , 2011 7:30pm

All members always welcome



50's Dance

Saturday—June 25th 9:30—12:00

Costume Prizes for 1st, 2nd, 3rd place

50/50 Raffle Buy tickets in advance!!



June Birthdays Panel Meeting & Dance

Saturday June 18 Meeting 8pm/ 9:15 Dance

Save \$ buy your tickets in advance

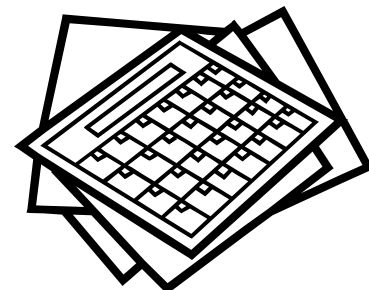
.Mark your calendar for upcoming events!!!

Bike Run & Blues BBQ July 23, 2011

Alano Club Fundraiser BBQ July 30, 2011

Heritage Dinner & Dance October 15, 2011

Live Band New Years Eve Dance Dec 31, 2011



Alano Club Membership: We need you to Continue Paying your Dues. You Help Us Do The Impossible and we appreciate it. Do you like having a safe, sober, clean and fun place to hang out? We can't do it without your membership! So it is up to you to keep our club doors open!

Behavior: We count on Good Behavior!

Children: No children under 13 years old allowed on Club property after 9:30 p.m.

Children under 16 must not be left unattended for any reason. This includes 12-Step meetings.

We ask the all parents please be responsible for their own children.

The first step in the acquisition of wisdom is silence, the second listening, the third memory, the fourth practice, the fifth teaching others.

Solomon Ibn Gabriol

The great thing in this world is not so much where you stand, as in what direction you are moving.

Oliver Wendell Holmes

Ten Guidelines From God

QUIT WORRYING:

Life has dealt you a blow and all you do is sit and worry. Have you forgotten that I am here to take all your burdens and carry them for you? Or do you just enjoy fretting over every little thing that comes your way?

2. PUT IT ON THE LIST:

Something needs done or taken care of. Put it on the list. No, not YOUR list. Put it on MY to-do-list. Let ME be the one to take care of the problem. I can't help you until you turn it over to Me. And although My to-do-list is long, I am after all. God. I can take care of anything you put into My hands. In fact, if the truth were ever really known, I take care of a lot of things for you that you never even realize.

3. TRUST ME:

Once you've given your burdens to Me, quit trying to take them back. Trust in Me. Have the faith that I will take care of all your needs, your problems and your trials. Problems with the kids? Put them on My list. Problem with finances? Put it on My list. Problems with your emotional roller coaster? For My sake, put it on My list. I want to help you. All you have to do is ask.

4. LEAVE IT ALONE:

Don't wake up one morning and say, "Well, I'm feeling much stronger now, I think I can handle it from here." Why do you think you are feeling stronger now? It's simple. You gave Me your burdens and I'm taking care of them. I also renew your strength and cover you in my peace. Don't you know that if I give you these problems back, you will be right back where you started? Leave them with Me and forget about them. Just let Me do my job.

5. TALK TO ME:

I want you to forget a lot of things.. Forget what was making you crazy.. Forget the worry and the fretting because you know I'm in control.. But there's one thing I pray you never forget. Please, don't forget to talk to Me - OFTEN! I love YOU! I want to hear your voice. I want you to include Me in on the things going on in your life. I want to hear you talk about your friends and family. Prayer is simply you having a conversation with Me. I want to be your dearest friend.

6. HAVE FAITH:

I see a lot of things that you can't see from where you are. Have faith in Me that I know what I'm doing. Trust Me; you wouldn't want the view from My eyes. I will continue to care for you, watch over you, and meet your needs. You only have to trust Me. Although I have a much bigger task than you, it seems as if you have so much trouble just doing your simple part. How hard can trust be?

7. SHARE:

You were taught to share when you were only two years old. When did you forget? That rule still applies. Share with those who are less fortunate than you.. Share your joy with those who need encouragement. Share your laughter with those who haven't heard any in such a long time. Share your tears with those who have forgotten how to cry. Share your faith with those who have none.

8. BE PATIENT:

I managed to fix it so in just one lifetime you could have so many diverse experiences. You grow from a child to an adult, have children, change jobs many times, learn many trades, travel to so many places, meet thousands of people, and experience so much. How can you be so impatient then when it takes Me a little longer than you expect to handle something on My to-do-list? Trust in My timing, for My timing is perfect. Just because I created the entire universe in only six days, everyone thinks I should always rush, rush, rush.

9. BE KIND:

Be kind to others, for I love them just as much as I love you.. They may not dress like you, or talk like you, or live the same way you do, but I still love you all. Please try to get along, for My sake. I created each of you different in some way. It would be too boring if you were all identical. Please, know I love each of your differences.

10. LOVE YOURSELF:

As much as I love you, how can you not love yourself? You were created by me for one reason only -- to be loved, and to love in return. I am a God of Love. Love Me. Love your neighbors. But also love yourself. It makes My heart ache when I see you so angry with yourself when things go wrong. You are very precious to me. Don't ever forget.....