

The San Jose Alano Club News

1122 Fair Ave.
 San Jose, CA 95122
 Phone # (408) 297-1878, Fax # (408) 297-4100

*The Mission of the Alano Club is to maintain a safe, secure,
 and stable environment for 12 Step Recovery, support and
 fellowship to take place.*

A Community Asset For The Last Fifty Seven Years

- **Trusted Servants on the Board**
- Milton Brock
- Domingo Hurtado
- Phil Lohafer
- Ragina Palacois
- Steve Holloway
- Sue Salmon
- Tammy Henry
- Laura Martin
- Norris Ponder
- Trusted servants in your employ
- Tony Baron
- Whitney Gonzales
- Mary Garcia
- Patty Vargas
- Regina Palacios
- Tahnee Re
- Angelica Martinez
- Cindy Carasco
-
-

February Sobriety Milestones

Name	Birthday	Years	Name	Birthday	Years
Ernest O	2/1/2001	8	Judy H	2/17/2008	1
Brian F	2/1/2007	2	Jack S	2/17/1988	21
Tony P	2/1/1988	21	Rlgo J	2/18/1987	22
Lawra C	2/2/1997	12	Arvie T	2/21/2007	2
Nelson S	2/2/2008	1	Horace C	2/21/1995	14
Andy S	2/5/1987	22	Ted G	2/22/1982	27
Luther B	2/9/1990	19	Phil M	2/22/1984	25
Whitney G	2/10/2001	8	Curtis H	2/23/1988	11
David E	2/10/1998	11	Harvey D	2/24/2005	4
Juanita F	2/15/2002	7	Cora S	2/24/1987	22
Jerry V	2/15/1991	18	Kristen H	2/25/2006	3
Walter M	2/16/2004	5	Stace R	2/26/1981	28
Victor N	2/17/2006	3			

Inside this issue:

Sponsors, Contributors, Donors.	2
Announcements and Activities	3
The Alano Club Presents	3
12 Step Meetings	4
Alano Club Meetings— What they're about	5

February Members of the month

Thank you to 3 Members who have volunteered their skills to help in some kitchen renovations here at the Club. Frank P , Andy S, & a Member who wants to remain anonymous!!

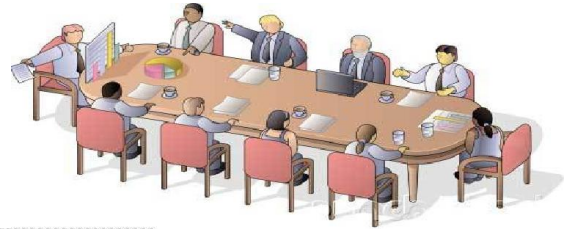
Have you visited our Web Site? alanosj.org
 Do you have something you would like to Contribute ?

The Alano Club of San Jose Presents— February Activities

☉ *Board of Directors Meeting*

Thursday Feb 19, 2009 @ 7:30pm

All members are always welcome !!



☉ **The 18th Annual**

Martin Luther King Jr. Celebration

Saturday, February 21, 2009

10:00AM-6:30PM

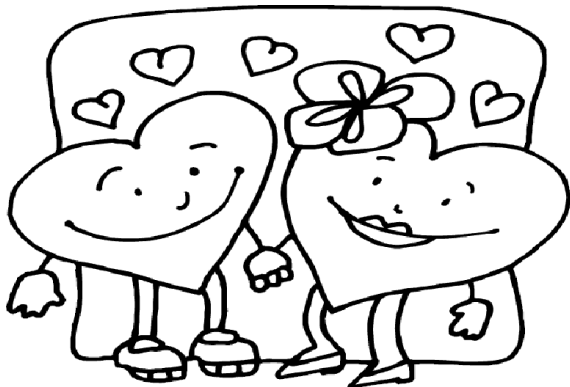


☉ **Dance the Night Away**

Saturday February 21, 2009

9:30 pm—Midnight

Admission \$ 5 SLE \$ 3



Alano Club Membership: *We need you to Continue Paying your Dues. You Help Us Do The Impossible and we appreciate it.* Do you like having a safe, sober, clean and fun place to hang out? We can't do it without your membership! So it is up to you to keep our club doors open!

Behavior: **We count on Good Behavior!**

Children: No children under 13 years old allowed on Club property after 9:30 p.m. This includes dances. Children must not be left unattended for any reason. This includes 12-Step meetings.

We ask the all parents please be responsible for their own children.

12 Signs of a Spiritual Awakening

(Source Unknown)

1. An increased tendency to let things happen rather than make them happen.
2. Frequent attacks of smiling.
3. Feelings of being connected with others and nature.
4. Frequent overwhelming episodes of appreciation.
5. A tendency to think and act spontaneously rather than from fears based on past experience.
6. An unmistakable ability to enjoy each moment.
7. A loss of ability to worry.
8. A loss of interest in conflict.
9. A loss of interest in interpreting the actions of others.
10. A loss of interest in judging others.
11. A loss of interest in judging self.
12. Gaining the ability to love without expecting anything in return.

The will of God will never take you where the grace of God