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 Club of San Jose, Inc.

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The San Jose Alano Club News

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www.alanosj.org

The Mission of the Alano Club is to maintain a safe, secure and stable environment for 12 Step Recovery, support and fellowship to take place.

A Community Asset For The Last Fifty Eight Years

- **Trusted Servants on the Board**
- Milton Bruch
- Domingo Hernandez
- Phil Lohrler
- Carl Stewart
- Steve Hallaway
- Sam Salinas
- John Johnson
- Laura Martin
- Maria Paster
- **Trusted servants in your employ**
- Tony Baron
- Whitney Gonzales
- Maria Garcia
- Patty Vargas
- Regina Palacios
- Tahnee Re
- Angelica Martinez
- Arnie Taylor
- Jamie Cleveland
-

October Sobriety Milestones

Name	Birthday	Years	Name	Birthday	Years
Buzz S	10-2-1973	35	Gino H	10-16-1985	23
Vern E	10-2-1970	38	Mark J	10-17-2007	01
Dale P	10-4-1987	21	Scott L	10-20-2007	01
Milton B	10-6-1980	28	Richard C	10-21-2003	05
Dave B	10-7-2007	01	Pat S	10-23-1957	51
Chris G	10-12-2003	05	Randy S	10-31-1984	24
Bill B	10-12-2007	01	Ed M	10-31-1991	17
Mike D	10-13-1985	23	Ricky B	10-31-1992	16
Raymond M	10-15-1992	16			



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October member of the month

This month we honor a long time employee and Club member Maria Garcia. Thank you for your dedication to the club, and for all those great meals!!!

Have you visited our Web Site? alanosj.org

Do you have something you would like to Contribute ?

The Alano Club of San Jose Presents— October Activities

October 2008

Board of Directors Meeting
Thursday Oct 17, 2008 @ 7:30pm
All members are welcome to come

Cocaine Anonymous Speaker Meeting & Dance
Saturday Oct. 11, 2008 7:30 PM til midnight
Admission \$ 10.00 Music by: Stacey W

Pathways Speaker Meeting & Dance
Saturday Oct 18, 2008 8pm til Midnight

ANNUAL HERITAGE DINNER
SATURDAY OCT 25, 2008
DINNER 6:00 PM SOCIAL 1/2 HOUR 5:30
TICKETS : \$15.00 INCLUDES DANCE
PURCHASE TICKETS FROM A BOARD MEMBER
OR AT THE COUNTER IN THE CAFÉ
FOOD -FELLOWSHIP- SPEAKERS-AUCTION

Dancing at the Club
Saturday Night 9:30
October 25, 2008

Admission \$ 5 free with Heritage Dinner



Alano Club Membership: *We need you to Continue Paying your Dues. You Help Us Do The Impossible and we appreciate it* Do you like having a safe, sober, clean and fun place to hang out? We can't do it without your membership! So it is up to you to keep our club doors open!

Behavior: **We count on Good Behavior!**

Children: No children under 13 years old allowed on Club property after 9:30 p.m. This includes dances. Children must not be left unattended for any reason. This includes 12-Step meetings.

Twelve Ways to Tell the Difference between Your Sponsor and Your Therapist:

- 1) Your sponsor isn't all that interested in the 'reasons' you drank.
- 2) Your therapist thinks your root problem is your lack of self-esteem, negative self-image, and your poor self-concept. Your sponsor thinks your problem is a 3-letter word with no hyphens... YOU.
- 3) Your therapist wants you to pamper your 'inner child.' Your sponsor thinks it ought to be 'Spanked' or 'Taken out and Shot!'
- 4) Your sponsor thinks your inventory should be about you, not your parents!
- 5) Speaking of parents, your sponsor tells you not to confront them, but you apologize to them.
- 6) The only time your sponsor ever uses the word 'closure' is before the word 'mouth.'
- 7) Your sponsor thinks 'boundaries' are things you need to take or tear down, not build up.
- 8) Your therapist wants you to love yourself first; your sponsor wants you to love others first.
- 9) Your therapist prescribes care taking and medication; your sponsor prescribes prayer making and meditation.
- 10) Your sponsor thinks 'Anger Management Skills' are numbered 1-2-3...12
- 11) Now that you haven't had a drink in six months, your therapist thinks you should make a list of your goals and objectives for the next five years, starting with finishing up that college degree. Your sponsor thinks you should start today by cleaning the coffee pots and helping him or her carry a heavy box of literature to the jail.
- 12) Your sponsor won't lose his license to practice if he talks about God...

Have you talked to your sponsor today?

***Our friends at Alano West
invite you to laugh with them
December 6, 2008—8 PM***

ALANO CLUB WEST PRESENTS
 ACW Holiday Fest
 A NIGHT OF COMEDY TO BENEFIT
 ALANO CLUB WEST
 DECEMBER 6, 2008 - 8 PM
 DOORS OPEN AT 7:30 PM

Starring Mark Lundholm Featuring Jon Talbert

HERITAGE THEATRE
 1 W. Campbell Ave
 Campbell, CA

Tickets \$25
 Available at Heritage
 Theatre Box Office
 (408) 866-2700
cityofcampbell.com/heritagetheatre
 or
marklundholm.com