Volume 58, Issue 7 is a monthly newsletter published by the Alano Club of San Jose, Inc.

The San Jose Alano Club News

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July 2007

Trusted Servants on the Board:

Milton Brock

Rudy Lugo

Susan Boyd

Brad Russman

Mike Austin

JoAnn Johnson

Scott Lauer

Laura Martin

Cora Stewart

Servants in Your Employ:

Tony Baron

Mary Garcia

Whitney Gonzales

Taylor Hatfield

Diane Nichols

Regina Palacios

Larry Avelar

Tammie Aguirre

Serina Rente

Monique Washington

The Mission of the Alano Club is to maintain a safe, secure and stable environment for 12 Step Recovery, support and fellowship to take place.

A Community Asset For The Last Fifty Eight Years

Recovery Milestones

July Recovery Birthdays—Happy Birthday!!!!!!

Name	Birthday	Years	Name	Birthday	Years
Brad R.	07/02/01	6	Dan B.	7/20/05	2
Tony B.	07/04/73	34	Sandra C.	7/22/06	1
John M.	07/17/88	19	ALE.	7/22/51	56
Domingo H.	07/8/89	18	Freddy C.	7/25/06	1
Rudy P.	7/11/98	9	Tammy A.	07/29/06	1
Chauncey H.	7/11/99	8			
Ricky L.	7/13/05	2			
Betty A.	7/13/82	25		* CU	
Ed Y.	7/14/87	20			*
Ed S.	067/20/84	23		+ 3h	

Have you visited our Web Site?

.Do you have something you would like to contribute? Send us an e-mail. alanosj.org

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Alano Club Meetings— 5 What they're about **July Member of the Month**

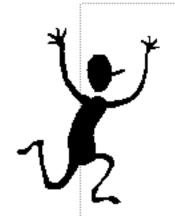
We just don't have one!

Our sincere apologies for being so late on the July Newsletter.

The Board and the Staff will try to do better next Month.

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The Alano Club of San Jose Presents — July Activities



Alano Club Dances
Come and Join the Funill
Saturday July 14th
And
Saturday July 28th



<u>Free</u>

Membership Breakfast

Saturday, July 28 8:30 am til 11:00 am

Board of Directors Meeting

Thursday, July 19 @ 7:30 pm.—downstairs meeting room.

All Current Members are invited.

Bike Run

July 22nd, 2007 9:30 am \$20 entry fee Everyone Welcome Please see Mike Austin

The Alano Club West Re-opens

At The American Legend Hall In Campbell July 20th

<u>Alano Club Membership:</u> We need you to Continue Paying your Dues. You Help Us Do The Impossible and we appreciate it. Do you like having a safe, sober, clean and fun place to hang out? We can't do it without your membership! So it is up to you to keep our club doors open!

Behavior: We count on Good Behavior!

<u>Children:</u> No children under 13 years old allowed on Club property after 9:30 p.m. This includes dances. Children must not be left unattended for any reason. This includes 12-Step meetings.

We ask the all parents please be responsible for their own children.

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To "let go" does not mean to stop caring, it means I can't do it for someone else.

To "let go" is not to cut myself off, it's the realization I can't control another.

To "let go" is not to enable, but to allow learning from natural consequences.

To "let go" is to admit powerlessness, which means the outcome is not in my hands.

To "let go" is not to try to change or blame another, it is to make the most of myself.

To "let go" is not to care for, but to care about.

To "let go" is not to fix, but to be supportive.

To "let go" is not to judge, but to allow another to be a human being.

To "let go" is not to be in the middle arranging all the outcomes, but to allow others to affect their own destinies.

To "let go" is not to be protective, it is to permit another to face reality.

To "let go" is not to deny, but to accept.

To "let go" is not to nag, scold, or argue, but instead to search out my own shortcomings and correct them.

To "let go" is not to adjust everything to my desires, but to take each day as it comes and cherish myself in it.

To "let go" is not to regret the past, but to grow and live for the future.

To "let go" is to fear less and love more.

Milton Brock

Milton Brock is our newest and returning Board Member. Thank you Milton!!!!!!!!

Board Meetings

Do you have any suggestions? If you are a paid member and want to be involved, please come to our Board Meetings on the 3rd Thursday of every month @ 7:30 pm. Downstairs.



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