is a monthly newsletter published by the Alano

# The San Jose Alano Club News

1122 Fair Ave. San Jose, CA 95122 Phone # (408) 297-1878, Fax # (408) 297-4100 Alano

The Mission of the Alano Club is to maintain a safe, secure and stable environment for 12 Step Recovery, support and fellowship to take place.

A Community Asset For The Last Fifty EightYears

# Recovery Milestones

## March Recovery Birthdays—Happy Birthday!!!!!

Name	Birthday	Years	Name	Birthday	Years
David A.	03/01/84	23	Carolyn S.	03/19/77	30
David G.	03/01/04	3	Rudy L.	03/23/99	8
Randi F.	03/04/83	24	Royce F.	03/25/89	18
Phil L.	03/03/04	3	Jerome A.	03/27/04	3
Monalisa B.	03/03/84	23	Mike A.	03/28/92	15
Andy L.	03/06/89	18	Regina P.	03/28/03	4
Livvy A.	03/09/82	25	Kevin A.	03/30/04	3
Esequiel Z.	03/15/94	13	Cindy C.	03/31/00	7
Glen F.	03/16/86	21		-1-	
Leslie Sue M.	03/18/91	16			X)

Have you visited our Web Site? All it takes is web access. alanosj.org. Do you have something that you would like

#### Trusted Servants on the Board :

Cora Stewart

Rudy Lugo

Susan Boyd

Brad Russman

Mike Austin

JoAnn Johnson

Scott Lauer

Laura Martin

Dorothy Frost

#### Servants in Your Employ:

Tony Baron

Mary Garcia

Whitney Gonzales

Taylor Hatfield

Diane Nichols

Regina Palacios

Larry Avelar

Tammie Aguirre

Andrew Embury

Pajon Esposito

#### Inside this issue:

Sponsors, Contributors, Donors.

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March Members of the Month

Dale and Sharon P. The Alano club really wants to Thank You for the donation and the

installation of a Heater!!!!

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# The Alano Club of San Jose Presents— March Activities



Alano Club Dances
Come and Join the Fun!!!
Friday March 9th
And
Saturday March 31st



## <u>Free</u> <u>Membership Breakfast</u>

Saturday, March 24th 8:30 am til 11:00 am

### Board of Directors Meeting

Thursday, March 15th @ 7:30 pm.—downstairs meeting room.

All Current Members are invited.

# Saint Patricks Day Celebration Our St. Patricks Day Cook is Steve H.

Saturday, February 17th

Meeting 2:30 pm

Dinner @ 5:00

For any Donations Please see Whitney

## **Coming In April**

Easter Alkathon

If you are interested in Service for that day

Please contact Laura M.

<u>Alano Club Membership:</u> We need you to Continue Paying your Dues. You Help Us Do The Impossible and we appreciate it. Do you like having a safe, sober, clean and fun place to hang out? We can't do it without your membership! So it is up to you to keep our club doors open!

Behavior: We count on Good Behavior!

<u>Children:</u> No children under 13 years old allowed on Club property after 9:30 p.m. This includes dances. Children must not be left unattended for any reason. This includes 12-Step meetings.

We ask the all parents please be responsible for their own children.

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# **In Memoriam**

# Ralph Salmon Jr.

Passed February 1, 2007

Ralph was a member of The Alano Club for 26 years.

He also served as President of the Board here. Ralph was a really giving pe knew he was doing people a service in helping them continue to have a plac between meetings, by supporting the Alano Club, Ralph made this happen 1 many over the years. A silent 12 step call!

Ralph has been one of my heroes for the time that I have known him and ok what we as individual members of a community do or don't do and how we

fellow man.

Tony Baron

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#### Two Wolves

One evening an old Cherokee told his grandson about a battle that goes on inside people. He said, "My son, the battle is between 2 wolves."

One is Evil. It is anger, envy, sorrow, regret, greed, arrogance, self-pity, guilt, resentment, inferiority, lies, false pride, superiority, and ego.

The other is Good. It is joy, peace, love, hope, serenity, humility, kindness, benevolence, empathy, generosity, truth, compassion and faith."

The grandson thought about it for a minute and then asked his grandfather, "Which wolf wins?"

The old Cherokee simply replied, "The one you feed."

### Alano Club Events

The Board Members of The San Jose Alano Club are in the process of putting together activity committees for The Year of 2007. If you are interested in helping or have any ideas. Please come to the activity meeting on Saturday, March 17 @ 1:30 pm or Contact Brad R. or Laura M.

Sobriety Calculator
www.recoveryemporium.com/SobrietyCalculator.htm

What would you like to see in the Newsletter?