The San Jose Alano Club News

1122 Fair Ave. San Jose, CA 95122 Phone # (408) 297-1878, Fax # (408) 297-4100 www.alanosj.org

The Mission of the Alano Club is to maintain a safe, secure and stable environment for 12 Step Recovery, support and fellowship to take place.

A Community Asset For The Last Fifty Years

Trusted Servants on the Board of Directors:

Mike Austin

Scott Lauer

Betsey Pierce

Chester Patterson

Frank Gutierrez

Julie Patterson

Brunie Oyao

Susan Boyd

Glenn Fisher

Trusted Servants in Your Employ:

Tony Baron

Mary Garcia

Whitney Gonzales

Cecilia Huerta

Diane Nichols

Regina Palacios

Larry Avelar

Tammie Aguirre

RoseAnn Martinez

Pajon Esposito

Recovery Milestones

May Recovery Birthdays—Happy Birthday!!						
Name	Birthday	Years	Name	Birthday	Years	
Sonny P	6/1/1984	22	Flora M	6/21/2005	1	
Louis A	6/4/2005	1	Ray O	6/21/1998	8	
Michael D	6/5/1983	23	Arnold C	6/25/2000	6	
Georgia J	6/5/2005	1	Jim D	6/25/1978	28	
Daniel L	6/7/1993	13	Garry B	6/28/1990	16	
Manual T	6/15/1992	14	Bernadette C	6/29/2005	1	
	6/20/1996		ark D	6/29/2005	1	

Inside this issue:

Sponsors, Contributors, Donors.	2
Announcements, Activities, and More!	3
The Alano Club Presents	3
12 Step Meetings	4
In Memory	5

June Member of the Month



The Member of the Month is: Joyce S Thank you for your donations of time and materials to the Club.

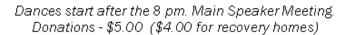
You are appreciated Joyce!

The Alano Club of San Jose Presents:

June Activities: Alano Club Dances

Come on in and dance!!!

Saturday June 10 Saturday June 24



Annual Golf Classic

Sunday June 11th, 11:45 a.m. See Tony Baron for details

Bike Run and Blues BaiBQ

Saturday June 17th, 9:00 a.m. See Mike Austin for details

Board of Directors Meeting

Thursday June 15th 7:30 pm.—downstairs meeting room.

Sneak Peek: July Event:

Flea Market ... Saturday July 22nd Table rental: \$25.00 See Cora and Brunie for details

Club Announcements

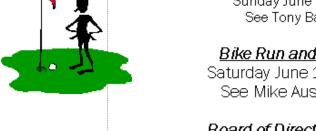
Alano Club Membership: Do you like having a safe, sober, clean and fun place to hang out? We can't do it without memberships! So keep our club doors open! Join today!

<u>Parking</u> Practice recovery courtesy. Don't park in the fire lane, marked by a "No Parking" sign, located along the side of the club. Please do not park one car in two spaces, and please position the car between the lines.

Behavior: Weapons of any kind are NOT allowed on the Club property. No violence or threats of violence will be tolerated for any reason.

Children: No children under 13 years old allowed on Club property after 9:30 p.m. This includes dances.







In Memory

It is with great sadness that I learned of the death of Anthony Leone, my dear friend and sponsee.

Anthony was a long time supporter and member of the Alano Club.

On behalf of the Alano Club recovery community, we wish to extend our deepest sympathy to his beloved mother and the entire Leone family.

- Tony Baron



The Grief Process

A meditation from the book: "The Language of Letting Go" by Melody Beattie

Today, God, help me open myself to the process of grieving my losses. Help me allow myself to flow through the grief process, accepting all the stages so I might achieve peace and acceptance in my life. Help me learn to be gentle with myself and others while we go through this very human process of healing. (Page 319)

