

The San Jose Alano Club News

1122 Fair Ave.

San Jose, CA 95122

Phone # (408) 297-1878, Fax # (408) 297-4100

WWW.ALANOSJ.ORG

Trusted Servants on the Board of Directors:

Mike Austin
Shawn Oyao
Thomas Graham
Betsey Pierce
Frank Gutierrez
Tina Morrill
Julie Patterson
Rudy Lugo
Brunie Oyao

Trusted Servants in Your Employ:

Tony Baron
Mary Garcia
Whitney Gonzales
Dan Phillips
Cecilia Huerta
Christina Pantiga
Diane Nichols
Christine Delema

Recovery Mile Stones

These people will Celebrate Recovery Birthdays This Month :

23 Years: Esther P. 5/22/82 21 Mary W. 5/28/84

20 Years: Steve H. 5/6/85 16 Years: David R. 5/6/89

14 Years: Ed R. 5/11/91, Norris P. 5/26/91

13 Years: Felix L. 5/4/92 12 Years: Frank P. 5/24/93

11 Years: Allen B. 5/5/94

4 Years: Elias M. 5/22/01 3 Years: Jeff J. 5/10/02, Jess R. 5/18/02

2 Years: Ronnie P. 5/2/03, Esther M. 5/5/03
Rudy R. 5/19/03, Sharon M. 5/25/03

1 Year: Steven U. 5/3/04, Greg R. 5/4/04, David C. 5/6/04

Mary E. 5/14/04, Johnny V. 5/25/04, Parmpreet S. 5/30/04

Inside this issue:

Member of the Month

This months "Member of the Month" goes out to a Club Member who has helped out above and beyond the normal club member. First, for all the help he has done around the club and second, for his great help with cooking specials in the Alano restaurant. The Club would like to say "Thank you very much, for all your hard work." This Month's Member of the Month is **Doug S.**

" IF YOU TAKE RIGHT ACTIONS, YOU'LL GET RIGHT RESULTS."

For your Club's health,
Check your dues
On the cover of your News Letter.

Club Announcements

Alano Membership - The Alano membership has been slowly declining, if you come to the Club and are not a member, Please Join, your membership helps keep these doors open, If you are a sponsor please encourage your sponsee to join. It gives you and many others a place to have 12 step meeting, Clean and sober events or just a place to go and be around clean and sober people, your membership also gets you discounts at the restaurant and at some Club functions. Bottom Line this place saves lives, maybe yours.

Please - No Children (Under 13 years old) allowed on the Club Property after 9:30 p.m., this includes Club Dances.

Thank You - The Management



The Alano Club of San Jose Presents:

Alano Recovery Dances'

Next Dance - Saturday May 14, 2005
Saturday May 28, 2005

The Dance Starts after the 8 pm. Main Speaker Meeting.

Donations - \$4.00 Recovery Homes
\$5.00 all Others

If you would like to help:

Contact: The Club at (408) 297-1878

Board of Directors Meeting

May 19, 2005

7:30 pm. In the Downstairs Meeting Room
"Join the Club, Help keep these doors open."
This Club depends on its Members.

"God gives us faces,
we create our own
expressions."



***"Sponsor saying #
86: Who's not doing
it your way today?"***

Words of encouragement

The List:

The most destructive habit – Worry

The greatest joy – Giving

The greatest loss – loss of self-respect

The most satisfying work – Helping others

The most endangered species – Dedicated leaders

Our greatest natural resource – Our youth

The greatest shot in the arm – Encouragement

The greatest problem to overcome – Fear

The most effective sleeping pill – Peace of mind

The most crippling failure disease – Excuses

The most powerful force in life – Love

The most dangerous pariah – A gossip

The worlds most incredible computer – The brain

The worst thing to be without – Hope

The deadliest weapon – The tongue

The two most power-filled words – I Can

The greatest asset – Faith

The most worthless emotion – Self-pity

The most beautiful attire – A SMILE!

The most prized possession – Integrity

The most contagious spirit – Enthusiasm

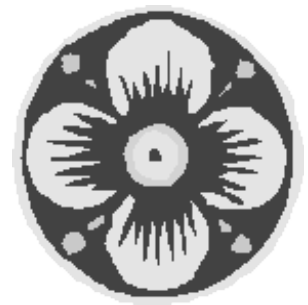
"To the world, you may be one person; but to one person, you may be the world."

*Author Unknown

Watch for the New Alano Club Dances . Please give your support to all the Alano activities.



" Each one, teach one..."



"Don't wait for your ship to come in--swim out and meet it."



"Fear is the darkroom where negatives are developed."

Upcoming Events

THE ALANO CLUB OF SAN JOSE

Up Coming Club Activities

We need help with Yard Sales, Car Washes, Recruiting New Members
To help, Contact Tony B. (408) 297-1878

Find out what's coming up—Check out our web site - www.Alanosj.org

Club Boutique - Now Open, see what's for sale or bring in Donations.

May 7, 05 - Women In Recovery - 10 am. To 5 pm. Free Facials, Manicure and Massages. Also panel topics for today's Women in Recovery. Contact Cora S. (408) 561-7014, Brunie O. (408) 234-2000, or Cha Cha W. (408) 274-0588 for more information or to help out

May 8, 05 - Flea Market - Starts at 9 am. Come out and rent a space or buy some valuables, cheap. For more information Contact Tom G. at (408) 297-1878 to rent a space or if you would like to help.

May 14, 05 - Club Dance - Clean and Sober Dance, starts after the main speaker meeting. Donations \$4.00 Recovery Homes and \$5.00 all others.

May 19, 05 - Board of Directors Meeting - 7:30 pm. Downstairs Meeting Room. All Members Welcome, Help with Club activities. Get involved!

May 28, 05 - Club Dance - Clean and Sober Dance, starts after the main speaker meeting. Donations \$4.00 Recovery Homes and \$5.00 all others. for more information contact the Club at (408) 297-1878

June 5, 05 - 20th. Annual Alano Club Classic = for more information contact Tony B. at (408) 297-1878

June 11, 05 - Bake Sale - Treat yourself to some treats. Or donate some baked goods for the bake sale, any help welcome. Contact Brunie O. (408) 272-4576 for more information.

June 11, 05 - Membership Drive - New Members Needed! Come down and join the Alano Club, make sure other Alcoholics and Addicts have a place to go to stay clean. Your Membership will keep these doors open. Let others have the same chance that you have had.

June 25, 05 - Men in Recovery For info contact Rudy or Luis (408) 309-8466

The Club Boutique is open, see what we have to sell, if you have new or good used items to donate they are greatly appreciated. Contact Dan P. or Tony B. at (408) 297-1878

The Alano Club can use your help, get involved, help with activities. For more info. call Tony B. at the Club (408) 297-1878

"We Care Fund" ask about it at the Snack Bar, than ask how can I Help? Please keep the doors open.



*"Recovery is Not Easy, But I Fear Addiction Far Worse".
 From The Editor and the Alano Club.*