

April 2005
"Daylight Savings
begins
on April 3, spring
forward."

The San Jose Alano Club News

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WWW.ALANOSJ.ORG

The Mission of the Alano Club is to maintain a safe, secure and stable environment for 12 Step Recovery, support and Fellowship to take place.

Trusted Servants on the Board of Directors:

- Mike Austin
- Shawn Oyao
- Thomas Graham
- Betsey Pierce
- Frank Gutierrez
- Tina Morrill
- Julie Patterson
- Rudy Lugo
- Brunie Oyao

Trusted Servants in Your Employ:

- Tony Baron
- Mary Garcia
- Whitney Gonzales
- Dan Phillips
- Cecilia Huerta
- Christina Pantiga
- Diane Nichols
- Christine Delema

Recovery Mile Stones

These people will Celebrate Recovery Birthdays This Month :

25 Years: Ralph S. 4/24/1980 24 Years: Nancy P. 4/24/1981

23 Years: Gary K. 4/1/82 21 Years: Chris L. 4/28/84

15 Years: Manuel M. 4/7/90 15 Years: Wanda S. 4/17/90

14 Years: JoAnn J. 4/18/91 14 Years: Joe H. 4/28/91

11 Years: Andy H. 4/12/94 11 Years: Doug S. 4/27/94

9 Years: Stella F. 4/1/96 8 Years: Patty R. 4/26/97

6 Years: Jewel K. 4/19/99 6 Years: Tina M. 4/10/99

4 Years: Michael D. 4/26/01 4 Years: Wade G. 4/8/01

3 Years: Donnie G. 4/1/02 3 Years: Amos G. 4/15/02

1 Year: Dante A. 4/17/04, Donald T. 4/1/04, Joel L. 4/1/04



Inside this issue:

Sponsors, Contributors, Donors. 2

Club Announcements 3

The Alano Club Presents.... 3

12 Step Meetings. 4

Words of Encouragement. 5

Upcoming Events 7

Member of the Month

This months "Member of the Month" goes out to **Brenda R**, for all her hard work with volunteering behind the counter. We appreciate you and the Club would like to say "Thank you very much, for all your hard work."

Club Announcements

The Alano Club - Will have new hours beginning this month. The Club will be closing at 10 pm. Every night except, Tuesdays and the 2nd and last Saturday of the month.

The Alano Restaurant - Will be closing the grill at 9 pm., so if you want something hot please order before 9.

Alano Membership - The Alano membership has been slowly declining, if you come to the Club and are not a member, Please Join, your membership helps keep these doors open, If you are a sponsor please encourage your spouse to join. It gives you and many others a place to have 12 step meeting, Clean and sober events or just a place to go and be around clean and sober people, your membership also gets you discounts at the restaurant and at some Club functions. Bottom Line this place saves lives, maybe yours.

Please - be considerate about where you park, the Alano Club is aware that parking is at a premium, but if you park in the no parking area along the side of the club, that is considered a fire lane and your car can be towed.

Please - No weapons of any kind allowed on the Club Property, No Violence or threats of Violence will be tolerated for any reason.

Please - No Children (Under 13 years old) allowed on the Club Property after 9:30 p.m., this includes Club Dances.

Thank You - The Management

The Alano Club of San Jose Presents:

Alano Recovery Dances'

Next Dance - Saturday April 9, 2005

Saturday April 30, 2005

The Dance Starts after the 8 pm. Main Speaker Meeting.

Donations - \$4.00 Recovery Homes

\$5.00 all Others

If you would like to help:

Contact: The Club at (408) 297-1878

Board of Directors Meeting

April 21, 2005

7:30 pm. In the Downstairs Meeting Room

"Join the Club, Help keep these doors open."

This Club depends on its Members.



**ABC = Acceptance,
Belief, and Change.**



**It takes years to
build trust, and a few
seconds to destroy it.**



**"Learn to forgive by
practicing forgiveness".**

Words of encouragement

Sent in by an AA Member, and old Friend.....

A Friend...

(A)ccepts you as you are. (B)elieves in you. (C)alls you just to say "Hi". (D)oesn't give up on you. (E)nvvisions the whole of you (even the unfinished parts). (F)orgives your mistakes. (G)ives unconditionally. (H)elps you. (I)nvites you over. (J)ust likes being with you. (K)eeps you close at heart. (L)oves you for who you are. (M)akes a difference in your life. (N)ever judges. (O)ffers support. (P)icks you up. (Q)uiets your fears. (R)aises your spirits. (S)ays nice things about you. (T)ells you the truth when you need to hear it. (U)nderstands you. (V)alues you. (W)alks beside you. (X)-plains things you don't understand. (Y)ells when you won't listen. (Z)aps you back to reality.

My Paint Brush:

I keep my paint brush with me
Wherever I may go
In case I need to cover up
So the real me doesn't show.
I'm so afraid to show you me,
Afraid of what you'll do.
You might laugh or say mean things.
I'm afraid I might lose you.

I'd like to remove all my paint coats
To show you the real, true me,
But I want you to try to understand,
I need you to accept what you see.
So if you'll be patient and close your eyes,
I'll strip off all my coats real slow.
Please understand how much it hurts
To let the real me show.

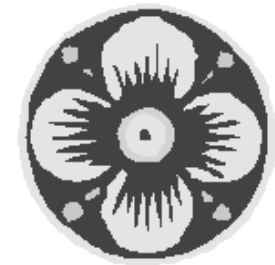
Now my coats are all stripped off.
I feel naked, bare and cold,
And if you still love me with all that you see,
You are my friend, pure as gold.
I need to save my paint brush,
And hold it in my hand.
I want to keep it handy
In case someone doesn't understand.
So please protect me, my dear friend
And thanks for loving me true,
But please let me keep my paint brush with me
Until I love me too.

Please stay around and become an old time AA'er..... **THE ALANO CLUB**

Watch for the New Alano Club Dances. Please give your support to all the Alano activities.



"Keep coming back, it works!"



"Learn to be quiet because His voice is heard in stillness."



"Behold the problem, ask for the answer and accept it when it comes."

Upcoming Events

THE ALANO CLUB OF SAN JOSE

Up Coming Club Activities

We need help with Yard Sales, Car Washes, Recruiting New Members.
To help, Contact Tony B. (408) 297-1878

Find out what's coming up—Check out our web site - www.Alanosj.org

Club Boutique - Now Open, see what's for sale or bring in Donations.

April 1, 05 - April Fools day! - Have fun fooling people!

April 9, 05 - Membership Drive - See how easy it is to join, your membership helps to keep these doors open. Membership table will be at the Club from 5 pm till 10 pm.

April 9, 05 - Club Dance - Clean and Sober Dance, starts after the main speaker meeting. Donations \$4.00 Recovery Homes and \$5.00 all others. For more information contact the Club at (408) 297-1878

April 15, 05 -A comedy show, Friday at 9:30

April 21, 05 - Board of Directors Meeting - 7:30 pm. Downstairs Meeting Room. All Members Welcome, Help with Club activities. Get involved!

April 30, 05 - Membership Drive - New Members Needed! Come down and join the Alano Club, make sure other Alcoholics and Addicts have a place to go to stay clean. Your Membership will keep these door open. Let others have the same chance that you have had.

April 30, 05 - Club Dance - Clean and Sober Dance, starts after the main speaker meeting. Donations \$4.00 Recovery Homes and \$5.00 all others. For more information contact the Club at (408) 297-1878

May 7, 05 - Women In Recovery - 10 am. To 5 pm. Free Facials, Manicures and Massages. Also panel topics for today's Women in Recovery. Contact Cora S. (408) 561-7014, Brunie O. (408) 234-2069 or Cha Cha W. (408) 274-0588 for more information or to help out.

June 5,05 Tony wins Alano Club's 20th Golf Classic (408) 297-1878

Jun. 11, 05 - Bake Sale - Treat yourself to some treats. Or donate some baked goods for the bake sale, any help welcome. Contact Brunie O.

The Club Boutique is open, see what we have to sell, if you have new or good used kems to donate they are greatly appreciated. Contact Dan P. or Tony B. at (408) 297-1878

The Alano Club can use your help, get involved, help with activities. For more info. call Tony B. at the Club (408) 297-1878

"We Care Fund" ask about it at the Snack Bar, than ask how can I Help? Please keep the doors open.



"Recovery is Not Easy, But I Fear Addiction Far Worse".

From The Editor and the Alano Club.