

The San Jose Alano Club News

1122 Fair Ave.

San Jose, CA 95122

Phone # (408) 297-1878, Fax # (408) 297-4100

WWW.ALANOSJ.ORG

Trusted Servants on the Board of Directors:

Mike Austin
Shawn Oyao
Thomas Graham
Betsey Pierce
Frank Gutierrez
Tina Morrill
Julie Patterson
Rudy Lugo
Brunie Oyao

Trusted Servants in Your Employ:

Tony Baron
Mary Garcia
Whitney Gonzales
Larry Avelar
Amber Garner
Angie Austin
Wendie Lindsay
Rosie Pool

Recovery Mile Stones

These people will Celebrate Recovery Birthdays This Month :

28 Years: Carolyn S. 3/19/77 21 Years: George R. 3/24/84

20 Years: Dennis F. 3/27/85 19 Years: Glen F. 3/16/86

16 Years: Andy L. 3/6/89, Jesse M. 3/7/89, Royce F. 3/25/89

14 Years: Bruce B. 3/16/91 13 Years: Mike A. 3/28/92

12 Years: Janet H. 3/13/93 11 Years: Esequiel Z. 3/15/94

7 Years: Angie A. 3/8/98 6 Years: Rudy L. 3/29/99

5 Years: Cindy C. 3/31/00

2 Years: Ernest A. 3/1/03, Monalisa B. 3/3/03, Regina P. 3/28/03

1 Years: David G. 3/1/04, Ruben B. 3/22/04

Jerome A. 3/27/04, Charles L. 3/29/04



Inside this issue:

“Those who judge don’t matter, and those who matter don’t judge.”

Member of the Month

This months “Member of the Month” goes out to three Club Members, First for all his work with the in house boutique and for getting the border around the parking lot to protect the fence, **Dan P.** Second and third go too **Susan B, and Chester P.** For their hard work with the Membership Drive and the bake sales. The Club would like to say “Thank you very much, for all your hard work.”

“Kiss- - - Keep it Simple Stupid.”

Club Announcements

The Alano Club - Will have new hours beginning this month. The Club will be closing at 10 pm. Every night except, Tuesdays and the 2nd and last Saturday of the month.

The Alano Restaurant - Will be closing the grill at 9 pm., so if you want something hot please order before 9.

Alano Membership - The Alano membership has been slowly declining, if you come to the Club and are not a member, Please Join, your membership helps keep these doors open, If you are a sponsor please encourage your sponsee to join. It gives you and many others a place to have 12 step meeting, Clean and sober events or just a place to go and be around clean and sober people, your membership also gets you discounts at the restaurant and at some Club functions. Bottom Line this place saves lives, maybe yours.

Please - be considerate about where you park, the Alano Club is aware that parking is at a premium , but if you park in the no parking area along the side of the club, that is considered a fire lane and your car can be towed.

Please - No weapons of any kind allowed on the Club Property, No Violence or threats of Violence will be tolerated for any reason.

Please - No Children (Under 13 years old) allowed on the Club Property after 9:30 p.m., this includes Club Dances.

Thank You - The Management

The Alano Club of San Jose Presents:

Alano Recovery Dances'

Next Dance - Saturday March 12, 2005

Saturday March 26, 2005

The Dance Starts after the 8 pm. Main Speaker Meeting.

Donations - \$4.00 Recovery Homes

\$5.00 all Others

If you would like to help:

Contact: The Club at (408) 297-1878

Board of Directors Meeting

March 17, 2005

7:30 pm. In the Downstairs Meeting Room

"Join the Club, Help keep these doors open."

This Club depends on its Members.



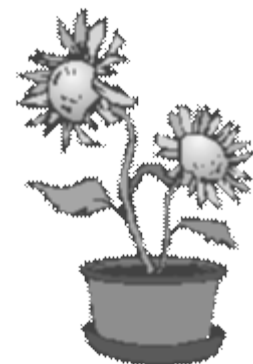
"I can't ... He can ... I think I'll let him." (steps 1,2,3)."



"It works - - -

It really does!"

(page 88, line 8 in the big book.)



"Be part of the solution, not the problem."

Words of encouragement

Sent in by an AA Member, and old Friend.....

OLD TIME AA

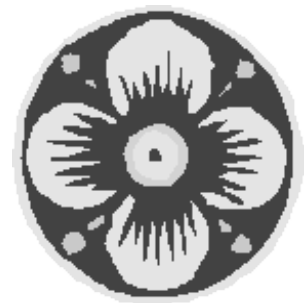
- 1- It's not old behavior if I'm still doing it.
- 2- If you're looking to have an image in AA, look around at the meetings you go to and take a look at whom you're trying to impress.
- 3- An alcoholic is a person who wants to be held while he's isolating.
- 4- Sobriety is the leading cause of relapse.
- 5- A treatment center is where you go and pay \$15,000 to find out that AA meetings are free.
- 6- The idea that alcoholics, drug addicts, sex addicts, overeaters, smokers, etc, etc, should all just go to AA Meetings because a disease, is a disease, is a disease...was started by a treatment center that only had **one** van.
- 7- This is a 'One Day at a Time' program. If you are clean and sober today, you are tied for first place in AA.
- 8- If drinking is interfering with your work, you're probably a heavy drinker. If work is interfering with your drinking, you're probably an alcoholic.
- 9- I often obsessively pursue feeling good, no matter how bad it makes me feel.
- 10- When I was new, I didn't think I had any obsessions until I started thinking about it. Then it was all I could think about.
- 11- How come if alcohol kills millions of brain cells, it never killed the ones that made me want to drink?
- 12- From a newcomer reading the 'Promises' for the first time: "We will comprehend the word **cemetery** and we will know peace."
- 13- If God were small enough to be understood, He wouldn't be big enough to be God!
- 14- If you want to quit drinking, you are going to have to quit drinking.

Please stay around and become an old time AA'er..... **THE ALANO CLUB**

Watch for the New Alano Club Dances . Please give your support to all the Alano activities.



" Let it begin with me..."



"Before you say "I can't.....say I'll try."



"Remember that alcoholism is incurable, progressive, and fatal."

Upcoming Events

THE ALANO CLUB OF SAN JOSE

Up Coming Club Activities

We need help with Yard Sales, Car Washes, Recruiting New Membe
To help, Contact Tony B. (408) 297-1878

Find out what's coming up—Check out our web site - www.Alanosj.org

Club Boutique - Now Open, see what's for sale or bring in Donations.

Mar. 12, 05 - Membership Drive - See how easy it is to join, your membership helps to keep these doors open. Membership table will be at the Club from 5 pm till 10 pm.

Mar. 12, 05 - Club Dance - Clean and Sober Dance, starts after the main speaker meeting. Donations \$4.00 Recovery Homes and \$5.00 all others.

Mar. 12, 05 - Bake sale - All day Buy Cakes, Cookies, Pies, Breads, and more.... Everyone's welcome, Treat yourself to some treats. Or donate some baked goods for the bake sale, any help welcome. Contact Brunie O. (408) 272-4576 for more information.

Mar. 17, 05 - Board of Directors Meeting - 7:30 pm. Downstairs Meeting Room. All Members Welcome, Help with Club activities. Get involved!

Mar. 26,05 - Membership Drive - New Members Needed! Come down and join the Alano Club, make sure other Alcoholics and Addicts have a place to go to stay clean. Your Membership will keep these door open. Let others have the same chance that you have had.

Mar. 26, 05 - Club Dance - Clean and Sober Dance, starts after the main speaker meeting. Donations \$4.00 Recovery Homes and \$5.00 all others. for more information contact the Club at (408) 297-1878

May 7, 05 - Women In Recovery - 10 am. To 5 pm. Free Facials, Manicures and Massages. Also panel topics for today's Women in Recovery. Contact Cora S. (408) 561-7014, Brunie O. (408) 234-2069 or Cha Cha W. (408) 274-0588 for more information or to help out.

Jun. 11, 2005 - Bake Sale - Treat yourself to some treats. Or donate some baked goods for the bake sale, any help welcome. Contact Brunie O. (408) 272-4576 for more information.

The Club Boutique is open, see what we have to sell, if you have new or good used items to donate they are greatly appreciated. Contact Dan P. or Tony B. at (408) 297-1878

The Alano Club can use your help, get involved, help with activities. For more info. call Tony B. at the Club (408) 297-1878

"We Care Fund" ask about it at the Snack Bar, than ask how can I Help? Please keep the doors open.



*"Recovery is Not Easy, But I Fear Addiction Far Worse".
 From The Editor and the Alano Club.*