

The San Jose Alano Club News

1122 Fair Ave.

San Jose, CA 95122

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WWW.ALANOSJ.ORG

The Mission of the Alano Club is to maintain a safe, secure and stable environment for 12 Step Recovery, support and Fellowship to take place.

A Community Asset For The Last Fifty Years

Trusted Servants on the Board of Directors:

Thomas Graham
Betsey Pierce
Dorothy Frost
John Mack
Tina Morrill
Julie Patterson
Mike Austin
Luis Salas
Shawn Oyao

Trusted Servants in Your Employ:

Tony Baron
Mary Garcia
Whitney Gonzales
Diane Nichols
Regina Palacios
Larry Avelar
Joel Lechuga
Amber Garner
Angie Austin

Recovery Mile Stones

These people will Celebrate Recovery Birthdays This Month :

32 Years Katryna W. 8/27/72

Sharon P. 8/1/72

24 Years Michele A. 8/13/80

22 Years Richardo H. 8/8/82

Byron W. 8/3/82

18 Years Klaus S. - 8/18/86

17 Years Ray D. - 8/16/87

Norm D. 8/23/87

15 Years Randy S. 8/10/89

14 Years Frank G. 8/27/04

13 Years John R. 8/6/91

10 Years Richard G. 8/11/94

8 Years Paul M. 8/8/96

7 Years Rechelle P. 8/21/97 Laura M. 8/30/97

6 Years Wes K. 8/24/98

2 Years Sergio R. 8/6/02

The Mighty One Lori P. 8/11/03, Carlos A. 8/12/03

Eugene M. 8/13/03, Freddie P. 8/16/03, Kristin G. 8/18/03

Martin P. 8/25/03, Mario M. 8/26/03, Renee L. 8/27/03, Don S. 8/28/03



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Member of the Month

This month's "Member of the Month" goes to one of our Members who has been, not just a member of the Alano Club, but also has served on the Staff for the Club. She helped out whenever she was asked at Alano events, she also went the extra mile and helped us a great deal with the Motorcycle Run. this Month's " Member of the Month" **Angie A.**

Can You Help?

The Courts in their infinite wisdom have saved some lives by mandating some folks with drinking problems to AA meetings. I think that perhaps they have dropped the ball when they mandate people that don't speak English to English speaking AA meetings. I could be wrong but bear with me!

I find a great many Vietnamese speaking folks going to English speaking AA meetings, we sign their cards and perhaps feel that we have done the right thing.

Please direct them to The Vietnamese AA Meeting. 1370 Tully Rd. #501
Friday Starting at 5PM, Lets truly carry the message!
Just an opinion-----Tony B.



"FEAR- Face everything and recover"

The Alano Club of San Jose Presents:

August Recovery Birthdays

Dance and Party

Celebrate Our Clean and Sober Birthdays.

Everyone is invited to attend.

Without you it would not be possible

Saturday, August 28, 2004

The Alano Club

1122 Fair Ave., San Jose, CA

Potluck Dinner from 3 pm to 5 pm.

Meetings from 6 p.m. to 7 p.m.,

then the Main Speaker Meeting at 8 pm.

The Dance Starts after the Main Speaker Meeting.

Donations - \$4.00 Recovery Homes

\$5.00 all Others

Sign Up Now To Participate:

Contact: Luis and Wanda S. at (408) 254- 2624 or (408) 390- 0804



"One Day At A Time,"

Board of Directors Meeting

August 19, 2004

7:30 pm. In the Downstairs Meeting Room

"Members make your voice heard."

Get involved and Find out how the doors stay open.

" Give what you can and honor the rest."



**Not one shred of evidence
exists in favor of the idea that
life is serious**

Words of encouragement

Plagiarism saves time

Honesty

Honesty does not apply only to what you say. The term actually means consistency. There is nothing you say that contradicts what you think or do; no thought opposes any other thought; no act belies your word; and no work lacks agreement with another. Such are the truly honest. At no level are they in conflict with themselves. There it is impossible for them to be in conflict with anyone or anything.

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If you can stay calm, while all around you is chaos...then you probably haven't completely understood the seriousness of the situation

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INDECISION IS THE KEY TO FLEXIBILITY

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"Computers are useless. They can only give you answers."

Pablo Picasso

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Advice regarding money: "Spend less than you make"

Ben Franklin

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"The secret of being a good manager is keeping the people who hate me away from those who are still undecided" Casey Stengel

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It is hard enough to remember my opinions, without also remembering my reasons for them! Friedrich Nietzsche

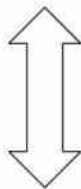
**Eagles may
soar, but
weasels
don't get
sucked into
jet engines**

**Never put off until
tomorrow what you
can avoid
altogether**

When you come
to a fork in the
road, take it.

Yogi Berra

"TEAMWORK... means
never having to take all
the blame yourself.



"Nothing is so bad that
relapse won't make it
worse."
