

Volume 53, Issue 6

June 2004
"Flag Day"

The San Jose Alano Club News

1122 Fair Ave.

San Jose, CA 95122

Phone # (408) 297-1878, Fax # (408) 297-4100

WWW.ALANOSJ.ORG

The Mission of the Alano Club is to maintain a safe, secure and stable environment for 12 Step Recovery, support and Fellowship to take place.

A Community Asset For The Last Fifty Years

Trusted Servants on the Board of Directors:

Thomas Graham
Betsey Pierce
Dorothy Frost
John Mack
Tina Morrill
Brunie Dyao
Mike Austin
Luis Salas
Shawn Dyao

Trusted Servants in Your Employ:

Tony Baron
Mary Garcia
Whitney Gonzales
Diane Nichols
Regina Palacios
Larry Avelar
Freddie Parra
Joel Lechuga

Recovery Mile Stones

These people will Celebrate Recovery Birthdays This Month :

26 Years: Jim D. 6/25/78 22 Years: Howard M. 6/17/82

20 Years: Sonny P. 6/1/84 18 Years: Phillip M. 6/29/86

15 Years: Robin L. 6/10/89, Patrick P. 6/28/89

14 Years: Garry B. 6/28/90 12 Years: Manuel T. 6/15/92

11 Years: Daniel L. 6/7/93 9 Years: Debra A. 6/18/95

8 Years: Brenda R. 6/26/96

4 Years: Patricio L. 6/2/00, Arnold C. 6/25/00

2 Year: Miguel A. 6/12/02, Louie A. 6/12/02

1 Year: Clint M. 6/21/03



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Member of the Month

This months "Member of the Month" goes to one of our Members who has been doing a lot of work for the Alano Club. You mite not have seen all the work he has done unless you have visited our Web Site - WWW. Alanosj.org , and than you have seen the changes to our Web pages, more pages, more information, more contacts to other related sites, even the History of the Alano Club.

Club Rules

Please - The Alano Club does not allow animals in the building or on the property, with the exception of Seeing Eye dogs. Thank you for your cooperation and support.

Please - be considerate about where you park, the Alano Club is aware that parking is at a premium, but if you park in the no parking area along the side of the club, that is considered a fire lane and your car can be towed.

Please - No Children (Under 13 years old) allowed on the Club Property after 9:30 p.m.

Please - No weapons of any kind allowed on the Club Property, No Violence or threats of Violence will be tolerated for any reason.

Thank You - The Management



“ Learn to listen; listen to learn.”

The Alano Club of San Jose Presents:

June Recovery Birthdays

Dance and Party

Celebrate Our Clean and Sober Birthdays.

Everyone is invited to attend.

Without you it would not be possible

Saturday, June 26, 2004

The Alano Club

1122 Fair Ave., San Jose, CA

Potluck Dinner from 3 pm to 5 pm.

Meetings from 6 p.m. to 7 p.m.,

then the Main Speaker Meeting at 8 pm.

The Dance Starts after the Main Speaker Meeting.

Donations - \$4.00 Recovery Homes

\$5.00 all Others

Sign Up Now To Participate:

Contact: Luis and Wanda S. at (408) 254- 2624 or (408) 390- 0804



Board of Directors Meeting

June 17, 2004

7:30 pm. In the Downstairs Meeting Room

“Members make your voice heard.”

Get involved and Find out how the doors stay open.

“ It’s a program of attraction, not promotion.”



“ There is a big difference between “saying what you do” and “doing what you say.”



“ When looking for faults use a mirror, not a telescope.”

Words of encouragement

12 Signs of a Spiritual Awakening

(Source Unknown)

God, more than anything else in this world - I just don't want
to be sick anymore.

God, grant me the Serenity to Accept the things I cannot change
(people, places and things)

The courage to change the things I can (My attitudes).

And the common sense to know the difference.

God, help me please, stay clean and sober this day - Even if it's
in spite of myself

Help me Lord, stay sensitive to my own needs. And the things
that are good for me.

The needs of others and the things that are good for them. And if you
please, Lord, free me enough of the Bondage of Self - that I may
be of some useful value as a human being - whether I understand it or not

That I may carry my own keys - maintain my own Integrity
and live this day - at peace with you - at peace with myself
and at peace with the world I live in, just for today

God help me in this day, demonstrate that:

It is good for me to Love - and to be Loved

It is good for me to Understand - and to be Understood

It is good for me to Give - and to Receive

It is good for me to Comfort - and allow myself to be Comforted.

And it is obviously far better for me to be Useful as a human being
than it is to be a Useless, Senseless Drunk

God, help me please put one foot in front of the other, keep moving
forward and do the best I can with what I have to work with today

Accepting the results of what ever that may or may not be.

Author Unknown

" I never got drunk watching another drink."

*Watch for the Alano Club
Dances. Please give your
support to all the Alano
activities.*



" The largest room in the
world is the room for
improvement."



"The single most impor-
tant thing to living life
sober is a term called
showing up."



"A mistake is evidence

Upcoming Events

THE ALANO CLUB OF SAN JOSE

Up Coming Club Activities

We need help with Yard Sales, Car Washes, Recruiting New Members.
To help, Contact Tony B. (408) 297-1878 or Dorothy F. (408) 258-6130

Check out our web site - www.Alanosj.org

- June 6,04 - Nineteenth Annual Alano Club Golf Classic.** 9:45 am. At Ridgemark Golf and Country Club, Hollister, CA- For more info Contact Tony B. (408) 298-1879
- June 12, 04 - First Annual Bike Run, Blues Festival and Bar-B-Q.** Clean and Sober meetings, Clean and Sober Fun. Sign ups \$10 Single, and \$15 Double (Includes Bar-B-Q). Bike Blessing 9 am., Bike Run, Bar-B-Q and Blues Festival to follow. For more info contact Mike A. (408) 286-6914.
- June 12,04 - Dance.** Dance to the tune of David A. 9:30 to Midnight. Recovery Homes \$4 all others \$5., See you there!
- June 17, 04 - Board Of Directors Meeting.** 7:30 pm. All paid Members welcome. Downstairs Meeting Room.
- June 19, 04 - 2nd. Annual Men In Recovery Day.** 10 am. To 5 pm.
- June 19, 04 - Pathways Dance.** Dance the night away to the sounds of D.J. David A. the dance is from 9:30 to Midnight.
- June 26, 04 - Birthday Pot Luck.** The pot luck is at 3 pm. In the Main Meeting room, Bring something to share.
- June 26, 04 - June Birthday Dance.** Celebrate our Clean and Sober Recovery Birthdays. Shake your Bootie to the tunes of D.J. David A. the dance starts after the Main Speaker Meeting. All invited to attend. Donations \$ 4.00 Recovery Homes and \$5.00 All others. Show your support to the people celebrating their Recovery Birthdays in June.
- July 1, 04 - CAPS Dance.** For more info contact the Club at (408) 297-1878
- July 4, 04 - 12 Step Marathon and Bar-B-Q.** for more info contact the Club at (408) 297-1878.



Coming in june.....

The 2nd Annual Men In Recovery Day.

Saturday June 19th. 2004

Panels relating to issues effecting.

Today's men in recovery.....

Domestic Violence

Hep. C., Relationships, Grieving, Anger, and The Family.

9 am. To 5 pm.

Registration Donation \$5.00
Includes Continental Breakfast
For more information contact

Luis S. (408) 254-2624

Or

Shawn O. (408) 561-9887

"We Care Fund" ask about it at the Snack Bar, than ask how can I Help? Please keep the doors open.



*"Recovery is Not Easy,
But I Fear Addiction
Can Win"*