

The San Jose Alano Club News

March 2004
" St. Patrick's Day "

1122 Fair Ave.
San Jose, CA 95122
Phone # (408) 297-1878, Fax # (408) 297-4100
WWW.ALANOSJ.ORG

The Mission of the Alano Club is to maintain a safe, secure and stable environment for 12 Step Recovery, support and Fellowship to take place.

A Community Asset For The Last Fifty Years

Trusted Servants on the Board of Directors:
Thomas Graham
Betsey Pierce
Dorothy Frost
John Mack
Tina Morrill
Brunie Oyao
Mike Austin
Luis Salas
Shawn Oyao

Trusted Servants in Your Employ:

Tony Baron
Mary Garcia
Whitney Gonzales
Diane Nichols
Kristin Galindo
Regina Palacios
Larry Avelar
Mary Mejia

Recovery Mile Stones

These people will Celebrate Recovery Birthdays This Month :

27 Years: Carolyn S. 3/ 19/ 77 25 Years: Paul P. 3/ 1/ 79

19 Years: Dennis F. 3/ 27/ 85 16 Years: Joe L. 3/ 17/ 88

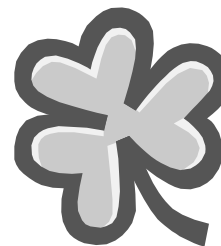
15 Years: Andy L. 3/ 6/ 89, Jesse M. 3/ 7/ 89, Royce F. 3/ 25/ 89

13 Years: Bruce B. 3/ 16/ 91 12 Years: Mike A. 3/ 28/ 92

10 Years: Esequil Z. 3/ 15/ 94 6 Years: Angie A. 3/ 8/ 98

5 Years: Rudy L. 3/ 23/ 99 4 Years: JoAnn G. 3/ 21/ 00

**1 Year: Kevin K. 3/ 3/ 03, Monalisa B. 3/ 3/ 03, Tracy M. 3/ 10/ 03
Maria C. 3/ 11/ 03, Johnny M. 3/ 14/ 03, Patricia H. 3/ 18/ 03
Don R. 3/ 27/ 03, Regina P. 3/ 28/ 03**



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Member of the Month

This month's "Member of the Month", goes out to Two members who have done a lot of work with activities at the Club. Donating their time and helping to sell a lot of tickets these people show what it is to be a member, because membership does not stop with paying dues, But by how much you care about what happens at this Club. So a special "Thank You " goes out to this month's "Members of the Month" , **Julie P. and Chester P.**



“ God grant me the courage to change the things I cannot accept. “

Club Rules

Please - The Alano Club does not allow animals in the building or on the property, with the exception of Seeing Eye dogs. Thank you for your cooperation and support.

Please - be considerate about where you park, the Alano Club is aware that parking is at a premium, but if you park in the no parking area along the side of the club, that is considered a fire lane and your car can be towed.

Please - No Children (Under 13 years old) allowed on the Club Property after 9:30 p.m.

Please - No weapons of any kind allowed on the Club Property, No Violence or threats of Violence will be tolerated for any reason.

Thank You - The Management



“Bring the body and the mind will follow.”

The Alano Club of San Jose Presents:

March Recovery Birthdays

Dance and Party

Celebrate our clean and Sober Birthdays.

Everyone is invited to attend.

Without you it would not be possible

Saturday, March 27, 2004

The Alano Club

1122 Fair Ave., San Jose, CA

Potluck Dinner from 3 pm to 5 pm.

Meetings from 6 p.m. to 7 p.m.,

then the Main Speaker Meeting at 8 pm.

The Dance Starts after the Main Speaker Meeting.

Donations - \$4.00 Recovery Homes

\$5.00 all Others

Sign Up Now To Participate:

Contact: Luis and Wanda S. at (408) 254- 2624 or (408) 390- 0804



Board of Directors Meeting

March 18, 2004

7:30 pm. In the Downstairs Meeting Room

“Members make your voice heard.”

Meet the newest Boardmember, Shawn Oyao

“ We make a living by what we get. We make a life by what we give.”



“ H ave you donated to the Alano “We Care Fund?” Do you care?”



“ If you are not happy today , what day are you waiting for? ”

 Words of encouragement

Sent in by a Member of the Alano Club

A man found a cocoon of a butterfly.
 One day a small opening appeared.
 He sat and watched the butterfly for several hours as it struggled to
 Force its body through that little hole.
 Then it seemed to stop making any progress. It appeared as if it had gotten as far
 as it could, and it could go no further.

So the man decided to help the butterfly.
 He took a pair of scissors and snipped off the remaining bit of the
 cocoon.

The butterfly then emerged easily.

But it had a swollen body and small shriveled wings.
 The man continued to watch the butterfly because he expected that, at any mo-
 ment, the wings would enlarge and expand to be able to support the body, which
 would contract in time.
 Neither happened! In fact, the butterfly spent the rest of its life crawling around
 with a swollen body and shriveled wings. It never was able to fly.

What the man, in his kindness and haste, did not understand was that the restrict-
 ing cocoon and the struggle required for the butterfly to get through the tiny
 opening were God's way of forcing fluid from the body of the butterfly into its
 wings so that it would be ready for flight once it had achieved its freedom from
 the cocoon.

Sometimes struggles are exactly what we need in our lives.
 If God allowed us to go on through our lives without any obstacles, it
 Would cripple us.

We would not be as strong as what we could have been.
 We could never fly!

When you ask your self why you have problems in your life with drugs, alcohol
 and Family, it's to make you who you are today, all that you are is made from
 who you were, with out the trials you would not be the person you are now.
 When you come into Recovery you have come to a place in your life to use all
 those things that you have learned.

The power that pulled you through those things you thought you could not
 survive.

All those trials were tests, so you could learn to fly.
 In recovery you not only fly
 You Soar!!!

*Watch for the Alano Club
 Dances. Please give your
 support to all the Alano
 activities*



“ Kind words cost so
 little but they mean
 so much.”



“ We usually condemn in
 others what we dislike in
 ourselves .”



“ The road to success
 is always under con-
 struction. “

Upcoming Events

THE ALANO CLUB OF SAN JOSE

We have many fun and fund raising activities planned for this year, but the Board of Directors can not do it alone. We need the help of the Membership to make these things successful and profitable. Your Dues, the Snack Bar, Meeting Rent and Fund Raisers keep the Club open, but our 1920's sewer line is collapsing and we do not have the money to replace it. You Can Help, by pledging money to replace it. You can help by pledging to the "We Care Fund", or Coordinating or working on the committee of one of the Fund Raisers, or even coming up with a few new ones. We need help with Yard Sales, Car Washes, Recruiting New Members. If you can help

Keep The Doors Open,

Contact Tony B. (408) 297-1878 or Dorothy F. (408) 258-6130 Badge # 28, A proud Member of this life saving Club since 1979

Up Coming Club Activities

Mar. 13, 04 - Dance, 9:30 pm to Midnight, D.J. David Ayala. On going Raffles, Lots of Fun. Donations are \$ 4.00 for Recovery Homes and \$5.00 all others.

Mar. 17, 04 - St. Patrick's Day Dinner. Prepared By Master Chef Steve H. Dinner is Corned Beef, Cabbage and Red Potato's, cooked to perfection. Dinner starts at 5 pm. Donations are \$6 dollars members and \$8 dollars non-members.

Mar. 18, 04 - Board of Directors Meeting, 7:30 pm, Down stairs Meeting Room. All Paid Members Welcome.

Mar. 20, 04 - Pathways Dance, 9:30 to Midnight. D.J. David Ayala. Donations \$4 dollars Recovery Homes, \$5 dollars all others.

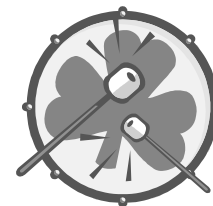
Mar. 27, 04 - Pot Luck Dinner, 3 pm. Bring something to share.

Mar. 27, 04 - Dance, March Recovery Birthdays, with David Ayala, 9:30 pm to Midnight. Donations are \$4.00 for Recovery Homes, All others are \$5.00. If you would like to participate: contact Luis or Wanda S. (408) 254- 2624 or (408) 390- 0804

Apr. 10, 04 - Dance, D.J. David Ayala. 9:30 to Midnight. Donations \$4 dollars Recovery Homes and \$5 dollars all others.

Apr. 10, 04 - Easter Egg Coloring, 2 pm. To 4 pm. All Children Welcome. We need someone to organize this event.

Apr. 11, 04 - Easter Egg Hunt, 2 pm. To 3 pm. We need Someone to organize this event. Contact Dorothy at (408) 258- 6130



"Have you heard about the Blues and Bike run Coming in June? Keep reading the Alano News letter for more news."



"There is no chemical solution to a spiritual problem."



"Recovery is Not Easy, But I Fear Addiction Far Worse".

From The Editor and the Alano Club.