

Trusted Servants in
Your Employ:
Diana Rendleman
Nanci Peterson
JoAnn Genuso
Debi Harriagan
Dorena Maguire
Tony Baron

The San Jose Alano Club News

Trusted Servants on
The Board Of Directors
Cora Stewart
John Barker
Lawra Garza
Steve Hill
Frank Peralta
Rudy Lugo
Mike Adams
Carolyn Schaupp
Mitch Mitchell

HAPPY
NEW YEAR!!!

January 2001 -- A Community Asset For The Last Forty Nine Years -- Volume 50.01

Home of the Fair Avenue Fellowship

1122 Fair Avenue

San Jose, CA. 95122 Tel 297-1878, Fax 297-4100

The mission of the Alano Club is to maintain a safe, secure and stable environment of 12 Step Recovery, support and fellowship to take place.

These Great and Wonderful Club Members will be celebrating a Milestone Soon!

Craig S. 1/1/96	Jeff S. 1/1/99	Juan A. 1/5/82	Steve M. 1/8/73
Audrey B. 1/13/72	Robert C. 1/15/90	John T. 1/27/89	Stephen S. 1/30/82
Beatriz O. 1/1/99	Jody K. 1/1/83	Barry P. 1/6/86	Fred B. 1/10/70
Joshua K. 1/13/88	Dan O. 1/15/73	Edith M. 1/29/82	Mark F. 1/31/89
Gilbert S. 1/1/00	Molk D. 1/3/88	Alvaro R. 1/6/00	Alice L. 1/11/91
John Gordon D. 1/4/00	Kim D. 1/7/00	Stan S. 1/12/96	Jean K. 1/15/00
Rudy C. 1/14/78	Rachel P. 1/16/94	Fragoso M. 1/29/75	Lawrence H. 1/1/65
Alice M. 1/24/97	Bill R. 1/30/89		Congratulations

Member of the Month:

This month's member of the month goes out to Chester R. for his help with the making of signs that were needed so much. Thank You.

Please - The Alano Club does not allow animals in the building, with the exception of Seeing Eye dogs, Thank you.

We have some events coming up that we would like you to know about:

January 28, 2001 - There will be a Super Bowl party, if you are interested in helping out contact Cora at 223-1151 or Dolly at 523- 8374

February 2001 - We have two events coming up, with as yet unscheduled dates, One is the Valentines day dance and the other is the celebration for Martin Luther King’s birthday – Please watch for the dates in the upcoming News Letters. Please come out and support your Alano Club at these events – Thanks.

New Meeting:

Fair Early Birds, AA Meeting every Monday 7:00 a.m., at the Fair Ave. Alano Club 1122 Fair Ave. phone # (408) 297-1878.

Insanity: Doing exactly the same thing over and over, and expecting different results.

Election news:

The Alano Club had elections for board members in December - Reelected was Cora S., Frank P. and Carolyn S. New Board members elected were Dolly E. and Frank G. – Congratulations to all. For those club members that did not attend, you missed a great potluck dinner and you also missed a chance to have a say in how your club is run. Your vote makes a difference to the future of the Alano club.

Attention: Operation Gobel Hall Clean Up

We need volunteers to donate time and materials to refurbish the restaurant counter top. We need dedicated talented people who are willing to donate material such as sanders, tile, grout and tools. We also need donations to make the dinning room more appealing and welcoming. For example curtain blinds, hanging pictures, tablecloths, silverware, covered pastry dishes, decorative plates and arrangements. If you are interested in making our coffee shop a more enjoyable place to visit - please contact: John B. at (408) 270- 2724 or Dolly E. at (408) 532- 8374 -----Your help is greatly appreciated.

Treat your mind like a bad neighborhood ----- don’t go there alone.



THE ALANO CLUB 2001 “DON’T LET THESE DOORS EVER CLOSE”

New Year Resolution?

This is the start of a New Year and a New Millennium so before you make a new year resolution think about this Alcoholism is a chronic, progressive, relapsing brain disease, five percent of Americans die of Alcoholism. **Alcohol Is Lethal**; Ninety-five percent of untreated Alcoholics die of Alcoholism. So what ever kind of New Year resolution you make please resolve to stay clean, make meetings and call your Sponsor, give your self the best chance for a New Year and a New Sober and Clean life.

Can I quit on my own?

Did you know that;

Four percent of Alcoholics stay sober for the next year if they try to quit on their own.

Fifty percent of Alcoholics stay sober for the next year if they go through treatment.

Seventy percent of Alcoholics stay sober for the next year if they go through treatment and regularly attend Alcoholics Anonymous meeting. So if you want to quit on your own you can do it, but it is a lot harder struggle, meetings and treatment do work. A group is a lot stronger than an individual; the support that comes from the group is a lot stronger than doing it by yourself.

Teens did you know that:

Use of Alcohol or other drugs at an early age is an indicator of future alcohol or drug problems.

Junior/middle and senior high school students drink 35% of all wine coolers sold in the United States; they also consume 1.1 billion cans of beer.

People who begin drinking before age 15 are four times more likely to develop alcoholism than those who begin at age 21.

So if you haven't started drinking don't start now, and if you have started take a good look at what you're doing, than go get some help. A life of drinking and drugs is no life.

Prayer for the up coming New Year 2001 the start of the new millennium.

God I'm not what I should be,
And I'm not what I want to be,
And I'm not what I'm going to be,
But **GOD**

I thank you

That I'm not what I used to be.

Happy New Year !

Editors parting note:

To concerned members if you have something to say, in a positive way write me a letter. As long as it is constructive and not derogatory it will be published. If you have a complaint and have a constructive solution, it will be published. If this News Letter is boring it is because **you** are not published. SEND SOME LETTERS.