

The San Jose Alano Club News

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The Mission of the Alano Club is to maintain a safe, secure and stable environment for 12 Step Recovery, support and Fellowship to take place.

A Community Asset For The Last Fifty Years

Trusted Servants on the Board of Directors:

Cora Stewart
Frank Peralta
Carolyn Schaupp
Lawra Garza
Mike Adams
Dolores Espinoza
Frank Gutierrez

Trusted Servants in Your Employ:

Tony Baron
Mary Garcia
JoAnn Bustamante
Angel Ortega
John Mack
Cindy Carrasco
Val Cummings

Recovery Mile Stones

These people will Celebrate Recovery Birthdays This Month :

29 Years: Sharon P. 8/1/72, Katryna N. 8/27/72

23 Years: Johnny P. 8/21/78 21 Years: Michele A. 8/13/80

19 Years: Byron W. 8/3/82 15 Years: Wally S. 8/12/86, Klaus S. 8/18/86

14 Years: Ray D. 8/16/87, Norm D. 8/23/87 13 Years: Tony R. 8/9/88

12 Years: Lucille A. 8/21/89 11 Years: Frank G. 8/27/90

10 Years: John R. 8/6/91, Ron D. 8/15/91 8 Years: Leopoldo N. 8/23/93

7 Years: Michael B. 8/1/94, Richard G. 8/11/94, Joe C. 8/20/94, Robert H. 8/24/94

5 Years: Paul M. 8/8/96, Peter O. 8/21/96,

4 Years: Deborah P. 8/10/97, Laura M. 8/30/97

3 Years: Claudio M. 8/20/98, Wes K. 8/24/98 2Years: Cynthia D. 8/18/99

1 Year: Thomas H. 8/15/00

Member of the Month

Special thanks goes out this month To Two members of the Alano Club, for Their help with fund raising and making this years Golf Classic a great success, Much Thanks to **Jack S. and Manny T.** This months members of the month.

" You alone can do it, but you can't do it alone"

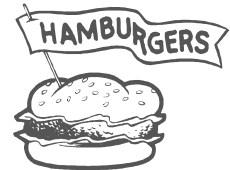
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Upcoming Events

August 17,18,19, 2001– NA presents the 12th Annual “Set Em Free” Camp-out , at Oakwood Lake Resort Manteca, CA. For info. Call Wende (831) 429- 5963 or Verna (831) 423- 9364.

October 5,6, & 7, 2001 - NCCAA the Northern California Council of Alcoholics Anonymous, presents the 54th NCCAA Annual Fall Conference. In Redding, CA., Redding Convention Center– 700 Auditorium Dr.



“May all your Bar-B-Q’s be clean and sober.”

Teach Them The Truth!

Parents Talk to your children before it’s too late and you find out that they have learned about Alcohol and Drugs on the streets. Do you know that 54% of youths in grades 7 to 12 say they have been offered Drugs at least once in their life’s and if you have not talked to them about it , that could be one time to many.

“Please talk to your children, keep communication open with them. Don’t let them learn from a stranger.” **TEACH THEM THE TRUTH.**

Target The Community

Thank you to Friends Outside in Santa Clara County

Friends Outside has played an important role to Families living in the county who have a spouse, child, or relative incarcerated in the Santa Clara county jails. Committed to providing quality, culturally relevant, and timely assistance to these families since 1955, Friends Outside also offers Youth and Substance abuse rehabilitation programs. The Alano Club would like to thank Friends Outside for caring about people and the community.

Follow the steps.

7. Humbly asked Him to remove our shortcomings.
8. Made a list of all persons we had harmed, and became willing to make amends to them all.
9. Made direct amends to such people wherever possible, except when to do so would injure them or others.

“In order to stay sober, I’ve got to be willing to be part of my own life.”

“No one was ever as bad to me as I have been to myself.”



“No Pain No Change.”

Check Out The Dances!

If you have not checked the Alano Club dance's out lately, Then what's up? If you are tired of driving long distances to go to clean and sober dances, than check out The Alano Club. Come out and support local clean and sober dances, by the Alano Club of San Jose.

Once a Month Dances are Back, at the Alano Club.

Words of encouragement

Friend

I cannot ease your aching heart, Nor take your pain away,
But let me stay and take your hand and walk with you today!
I'll listen when you need to talk;
I'll wipe away your tears
I'll share your worries when they come;
I'll help you face your fears.

I'm here and I will stand by you, each hill you have to climb,
So take my hand, let's face the world; live one day at a time!
You're not alone, for I'm still here. I'll go that extra mile,
And when your grief is easier, I'll help you learn to SMILE!

Little Things

Too often we don't realize what we have until it is gone;
Too often we wait too late to say "I'm sorry- I was wrong."
Sometimes it seems we hurt the ones we hold dearest to our hearts;
And we allow foolish things to tear our lives apart.
Far too many times we let unimportant things into our minds;
And then it's usually too late to see what made us blind.
So be sure that you let people know how much they mean to you;
Take that time to say the words before your time is through.
Be sure that you appreciate everything you've got
And be thankful for the little things in life that mean
a lot!

"I'm not impatient- I just want everything to change right away."



"Acceptance is about what is, not what is not"



"Recovery"

*"Recovery is Not Easy,
But I Fear Addiction
Far Worse".*

From The Editor and
the Alano Club.