

The San Jose Alano Club News

June 2001
"Happy Fathers Day"

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The Mission of the Alano Club is to maintain a safe, secure and stable environment for 12 Step Recovery, support and Fellowship to take place.

A Community Asset For The Last Fifty Years

Trusted Servants on the Board of Directors:

Cora Stewart
Frank Peralta
Carolyn Schaupp
Lawra Garza
Mike Adams
John Barker
Dolores Espinoza
Frank Gutierrez

Trusted Servants in Your Employ:

Tony Baron
Mary Garcia
JoAnn Bustamante
Angel Ortega
Kelly Swanberg
Michelle Villanueva
Val Cummings

Recovery Mile Stones

These people will Celebrate Recovery Birthdays This Month

23 Years: Jim D. 6/25/78

17 Years: Sonny P. 6/1/84

16 Years: Michael W. 6/2/85, Thomas G. 6/20/85

11 Years: Fatima S. 6/12/90, Garry B. 6/28/90

10 Years: Roger R. 6/16/91 9 Years: Manuel T. 6/15/92

4 Years: Wayne E. 6/4/97 3 Years: Donald W. 6/22/98

2 Years: Kevin C. 6/8/99, Damon L. 6/9/99

1 Year: Marvin H. 6/9/00, Lolly L. 6/14/00, Joseph G. 6/16/00, Ronald S. 6/20/00

Jason S. 6/23/00, Gerry W. 6/26/00

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Member of the Month

Special thanks goes out to this months member of the month for all her volunteer work at the Alano Club counter, her extra time above and beyond the call of membership duty, and for all the extra things that she does, this months Member of The Month is **Gina J.** Thank You from the Alano Club.

"Get out of the problem and into the solution!"

The Alano Club has a new Web site, check it out! WWW.ALANOSJ.ORG

Upcoming Events

June 17th - Don't forget Father's Day.

The Alano Club restaurant will be cooking a special for Father's Day, Remember Dad's need love and caring too, so bring Dad in and get him a good hot meal, cooked by our gourmet cook John B.



"Sometimes you just have to wait."

SERENITY CAKE : From the Kitchen of The Alano Club

1 Cup of faith	1 Cup of letting go
1/2 Glass of willingness	6 Tablespoons tolerance
3 Teaspoons wisdom	2 teaspoons courage
16 oz of acceptance	1 package of prayers

Stir together 1 cup of faith in a power greater than themselves with 1 cup of letting go by relaxing your grip and allowing the solutions to unfold by themselves. Blend well, willingness, tolerance, and wisdom. That will give you the courage to accept. Next add 1 package of prayers.

Mix well, go to a meeting,
Call your sponsor and rest.



Remember follow the steps.

1. We admitted we were powerless over alcohol—that our lives had become unmanageable.
2. Came to believe that a power greater than ourselves could restore us to sanity.
3. Made a decision to turn our will and our lives over to the care of God as we understood him.

**“GRATITUDE
IS THE
STREETCAR
TO A BETTER
ATTITUDE.”**



" Plan for tomorrow, but live just for today."

“Remember, whatever position you find yourself in, you put yourself there.”

Check Out The Dances!

If you have not checked the Alano Club dance's out lately, you are missing out. The Alano Club has started, Once a Month Dances, check them out. In an effort to bring good clean and sober dances back to the area, and to get good things going back in the club, The Alano Club is asking for your help. If you are tired of driving long distances to go to clean and sober dances, than check out The Alano Club. If you are new to recovery and don't know where to go to have clean and sober fun, than check out the once a month Alano Club Dance's. Come out and support local clean and sober dances, by the Alano Club of San Jose.

POWER TO BECOME

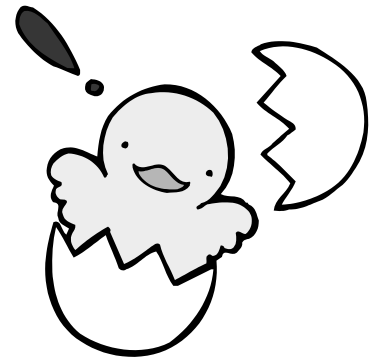
To criticize or to find fault with someone is to fail to see that person in their full possibilities. It is to see their many weaknesses rather than their many strengths. It is an attempt, albeit unconsciously and usually unsuccessfully, to get the other person to conform to our way of thinking. This alienates. The irony is that the critic is usually the one who is blind.

To accept people as they are and for what they are, to place confidence in them and to encourage them, is to help them become better than they are. To treat people as if they were what they ought to be, is to help them to become what they are capable of becoming.

Within every person is the capacity to become something greater than they now are. It is possible for each of us to become better and to help others to become what they ought to be.

“The program of recovery is taking your old set of values and replacing it with a new one.”

Once a Month Dances are Back, at the Alano Club.



“Don't drink even if your rear falls off; put it in a bag and bring it to a meeting”.



“Recovery is Not Easy, But I Fear Addiction Far Worse”.

From The Editor and the Alano Club.