

Trusted Servants in
Your Employ:

Diana Rendleman
Nanci Peterson
JoAnn Genuso
Debi Harriagan
Dorena Maguire
Tony Baron

The San Jose Alano Club News

Trusted Servants on
The Board of Directors

Cora Stewart
Frank Peralta
Carolyn Schaupp
Lawra Garza
Rudy Lugo
Mike Adams
Mitch Mitchell
Dolores Espinoza
Frank Gutierrez

HAPPY
VALENTINES!

February 2001 -- A Community Asset For The Last Forty Nine Years -- Volume 50.02

Home of the Fair Avenue Fellowship

1122 Fair Avenue

San Jose, CA. 95122 Tel 297-1878, Fax 297-4100

The mission of the Alano Club is to maintain a safe, secure and stable environment of 12 Step Recovery, support and fellowship to take place.

These Great and Wonderful Club Members will be celebrating a Milestone Soon!

Luther B. 2/9/90	Lawra G. 2/2/97	Karen C. 2/28/80	David C. 2/8/80
Ian C. 2/17/97	Horace C. 2/21/95	Clinton F. 2/18/00	Dorothy F. 2/1/79
Arturo G. 2/15/90	Ted G. 2/22/82	Curtis H. 2/28/88	Earl H. 2/10/99
Peggy K. 2/28/60	Carl L. 2/23/91	Joe L. 2/24/98	Lee L. 2/27/00
Dorena M. 2/1/00	Phil M. 2/22/84	Ty M. 2/11/91	Anthony P. 2/1/88
Lisa R. 2/14/00	Stace R. 2/26/81	Emelio R. 2/14/96	Rodney R. 2/26/88
Luis S. 2/6/00	Jack S. 2/17/88	Cora S. 2/24/87	Robert T. 2/15/99
Jerry V. 2/15/91	James W. 2/28/98	Jose Z. 2/21/95	Congratulations

Member of the Month:

This month's member of the month goes out to Greg C. for all his volunteer work at the restaurant counter and going that extra mile when ever he was asked, Thank you Greg C.

We have some events coming up that we would like you to know about:

Feb. 10th - Valentines Day Dance – featuring “Upside- Sounds”. The dance will start immediately after the 8 o’clock Saturday night speaker meeting.

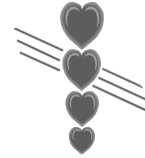
Feb. 15th – Alano Club Board meeting, Thursday 7:30 p.m.

Feb. 17th – Celebration for Dr. Martin Luther King (see page 2.).

Mar. 15th – Alano Club Board meeting, Thursday 7:30 p.m.

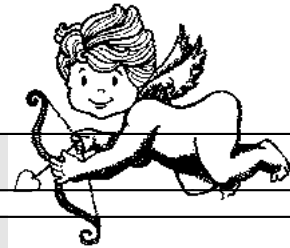
Mar. 17th – St. Patrick’s Day dinner, starts after the meeting.

Apr. 15th – The Easter Bunny comes to the Alano Club. Watch this Newsletter for info. about the Egg hunt.



Humility is not thinking less of yourself, it is thinking of yourself less often.

Please - The Alano Club does not allow animals in the building, with the exception of Seeing Eye dogs, Thank you.



New Meetings: at The Alano Club.

Fair Early Birds, AA Meeting every Monday 7:00 a.m.

Dual Recovery Anonymous, Wednesday 5:00 p.m., downstairs

Only three things happen to alcoholics who don't stop drinking: they get screwed up, locked up, or covered up.

The Alano Club of San Jose presents
A Celebration of the life of Dr. Martin Luther King Jr.

Saturday February 17, 2001

The Days Events

Gospel Tribute – 2 to 3:30 p.m.

Men’s AA Meeting – 4 to 5 p.m.

Gospel Tribute Continues – 6 p.m. to 7:30 p.m.

Women’s AA Meeting – 4 to 5 p.m.

Bar-B-Q dinners will be sold – 5 p.m.

AA Speaker Meeting – 8 p.m. to 9:30 p.m.

For information concerning Dinner Tickets or Vendor Booth Rental please contact Jo Ann Johnson at (408) 690- 4416 or (408) 246-8078.

Attention:

**The Alano Club will present, in May
Women in Recovery Day.**

This event will be on Saturday May 12th 2001. There will be panels on different subjects relating to Women's issues; also Raffles thru-out the day, a Bar-B-Q, and Massages and Manicures.

For more information call:

Cora Stewart (408) 223- 1151, Dorothy Frost (408) 258- 6130 or Cha-Cha (408) 258- 1089



Happiness doesn't come from getting what we want, but from enjoying what we have.

Did you Know –?

Among current drinkers (defined as anyone who consumed 12 or more drinks of Alcohol during the past year):

Men are twice (21%) as likely as women (10%) to be heavier drinkers (individuals who consume two or more drinks per day on average).

The prevalence of alcoholism is highest among people who have personal incomes of less than \$10,000 (17%) and lowest among those whose incomes are \$25,000 or more (6%).

Beer was the most popular alcoholic beverage by far among men who expressed a preference; women preferred beer and wine in almost equal percentages.

Nearly half who started drinking before the age of 16 said they preferred drinking beer to wine or distilled spirits.

61% who admitted they had driven after drinking at least three times during the past year said they preferred drinking beer.

59% of those who ever had received treatment for an alcohol problem said they preferred drinking beer.

Don't be fooled by the disease of Alcoholism, alcohol is alcohol know matter what kind you drink, it can and dose kill.



A Love Poem;



Near to the door he paused to stand,
As he took his class ring off her hand.
All who were watching did not speak,
As a silent tear ran down his cheek
And through his mind the
memories ran of the moments
They walked hand in hand.
But now her eyes were so terribly cold for he would
Never again have her to hold.
They watched in silence as he bent near
And whispered the words...
"I Love You"
in her ear.

He touched her face and started to cry as he put on his ring and wanted to die.
And just then the wind began to blow
As they lowered her casket into the snow
This is what happens to man alive
When friends let friends
Drink and drive.



*If you Love someone, don't let him or her, or you, drink and drive. Life is to precious
All our love for a Happy Valentines Day
From The Alano Club.*