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The San Jose Alano Club News

Trusted Servants on
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January 2000 --- A Community Asset For The Last Forty Eight Years -- Volume 49.1

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Happy New Year

I hope that we all survived the Y2K threat, the Alano Club suffered a pre-Y2K meltdown to our computers and if you were wondering where your December Newsletter has gone, it was lost! My apologies and to the best of my knowledge it has been a long time since we didn't put out a newsletter. Hopefully we can get at least another 25 years before we miss another one!

Recovery is one of the many things we have to start in life before we are there. Of-course when we get there, we realize we're just starting.

These Great and Wonderful Club Members will be celebrating a Milestone Soon!

Archie D. 1/01/96	Jody K. 1/01/83	Harry M. 1/01/87	Craig S. 1/01/96
John A. 1/02/85	Steven M. 1/08/94	Manuel A. 1/04/98	Juan A. 1/05/82
Barry P. 1/06/86	Steve M. 1/08/73	Virginia B. 1/10/95	Fred B. 1/10/70
Alice L. 1/11/91	Peggy E. 1/12/94	Stan S. 1/12/96	Carlos A. 1/14/98
Rudy C. 1/14/78	Dan O. 1/15/73	Tanya V. 1/15/99	Rachel P. 1/16/94
Carlos W. 1/21/98	Shaun M. 1/21/99	Alice M. 1/24/97	David M. /28/99
Edith M. 1/29/82	Stephen S. 1/30/82	Bill R. 1/30/89	Mark F. 1/31/89

What's another word for synonym?

These Great and Wonderful Club Members Celebrated a Milestone in December!

Jon M. 12/01/98	Tyree S. 12/03/84	Dick U. 12/04/84	Morris T. 12/04/90
Sandy R. 12/05/86	Smoky C. 12/12/82	Jessica J. 12/18/93	George H. 12/18/68
Leroy J. 12/19/98	Julie D. 12/20/86	Peter M. 12/20/76	Carmine M. 12/21/88
Jackie M 12/24/96	Richard C. 12/24/97	Richard M. 12/24/64	John B. 12/26/83
John B. 12/26/97	Stephen H. 12/27/96	Michael O. 12/27/83	Salvador E. 12/28/98
Chris G. 12/28/90	Andrew C. 12/28/91	Congratulations!	Salutations!

How To Be Perfectly Miserable

1. **Think about yourself.**
2. **Talk about yourself.**
3. **Use "I" as often as possible.**
4. **Mirror yourself continually in the opinion of others.**
5. **Listen greedily to what people say about you.**
6. **Expect to be appreciated.**
7. **Be suspicious.**
8. **Be jealous and envious.**
9. **Be sensitive to slights.**
10. **Never forgive a criticism.**
11. **Trust no one but yourself.**
12. **Insist on consideration and respect.**
13. **Demand agreement with your own views on everything.**
14. **Sulk if people are not grateful to you for favors shown them.**
15. **Never forget a service you may have rendered.**
16. **Be on the lookout for a good time for yourself.**
17. **Shirk your duties if you can.**
18. **Do as little as possible for others.**
19. **Love yourself supremely.**
20. **Be selfish.**

This recipe is guaranteed to be infallible.

Another AA Old-timer's Prayer, Or Perhaps a New Years Resolution for You

God, keep me from the habit of thinking that I must volunteer in every meeting no matter what the topic. Release me from the need to straighten out everybody else's thinking and program. Keep my mind free from the recital of endless details and give me wings to get to the point. Remind me to guard confidences and to keep still when I feel that it is necessary to share them.

God, I ask for the grace to listen to newcomers. Please help me to remember the patience with which others listened to me when I was new. Please seal my lips to giving advice, and help me to remember to share my experience, strength, and hope. And that my purpose is to fit myself to be of maximum service to You and the people around me.

Help me to remain teachable. Teach me (again!) the lesson that, occasionally, it is possible that I may be wrong and remind me of the freedom that I am given when I am able to promptly admit it and make amends where necessary. Help me to remember the difference between making amends and saying I'm sorry.

Keep me from being a bleeding deacon, God, and help me walk the path towards being an elder statesman. Keep me ever mindful that I cannot manage my own life. I don't want to be a saint, God, show me the way to seek you so that I may continue to grow along spiritual lines.

Keep me free of gossip, character assassination, and judgment. Remind me that although I have humbly asked, my character defects and shortcomings arise when I least expect them. Help me to walk with serendipity, to see good things in unexpected places and talents in unexpected people and give me the grace to tell them so. Help me to see that each of us is a precious child of Yours, no matter what I may think.

Help me to be willing to accept Your answer to my prayers, whether or not it is the answer I thought that I wanted. Teach me to walk through life with grace, dignity, and my head held high, carrying your message and practicing these principles in all my affairs.

And Thank You, God. For the life that you have given me, the steps you have walked with me, the times that you have carried me. I could not be here from where I was without Your grace and Your love and the precious children of Yours that you have had walk these steps with me.

Amen

Saturday, January 15th will be a celebration of Martin Luther Kings Birthday Or his humanness, or the works of his life. Want to learn more? Show up! Various activities including a dinner and dance will be posted at the Club. Tickets for the dinner are available for \$10. This is a really, really good deal and we have the same chef as last year, AKA Good Cook!

The Dance Saturday January 15th

Support us on this, you won't be sorry and you will be supporting a non-profit organization and meeting hall as opposed to a for-profit organization. You can make a difference! Either Way!

What do bulletproof vests, fire escapes, windshield wipers and laser printers all have in common?

All invented by women

If you were to spell out numbers, how far would you have to go until you would find the first letter "A" ?

One Thousand