

Trusted Servants  
in Your Employ:  
Mary G.  
Sherri G.  
Victoria W.  
Judy P.  
Jessica J.  
Todd W.  
Carolyn S.  
Rory S.  
Tony B.

# The San Jose Alano Club News

Trusted Servants on  
The Board Of  
Directors  
Cora S.  
Mike A.  
Carmine M.  
Arturo G.  
Karen C.  
Randy G.  
Edie M.  
Frank P.  
Felix L.

## Home of The Fair Avenue Fellowship

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San Jose, CA. 95122  
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A Community Asset

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### Thank You:

Thanks for helping to make it work another month in some very troubled times. Your Club membership is so very important to making it work for all of us. We appreciate your continued patronage and realize that we need to do better in some areas. An example was that our non-member prices were just too high. It took us awhile but we have lowered those prices as well as our member prices.

Occasionally everyone misplaces or overlooks a billing statement. On every newsletter we send out we have your membership status on the address label and it will tell you when you dues are paid to. These are tough times for a lot of us and time are getting better for many of us. If you can, please pay your dues ahead a bit more and help us get back into solvent. Thank you again for your interest and concern in the matter, and we hope we won't have to ask again too soon in the future. But, we know we will!

### Do You Care?

At the time of this printing the Alano Club is \$5,400 in debt and we have our quarterly taxes to be paid early next month. Our membership has risen by about twenty members and our daily receipts are up quite a bit over last month. We have had a few activities that have brought us a little revenue. And on the on overall the Club is looking a little better, but we still have a long way to go before we can say that we are out of the woods. This Club for many years now has balanced on a tightrope between solvency and being insolvent.

### These Great and Wonderful Members will be Celebrating a Milestone in Recovery Soon:

Dale L.S.	10/01/65	Buzz S.	10/02/73	Walter U.	10/01/76	Hank C.
	10/24/78					
Sandra G.	10/16/79	Milton B.	10/06/80	Howard H.	10/10/82	Mike D.
	10/16/85					
Gino H.	10/16/85	Dale P.	10/04/87	Cha-Cha W.	10/05/88	Michael C.
	10/17/89					
Raymond M.	10/15/92	Karen C.	10/16/92	Kathleen S.	10/20/92	Jeffrey W.
	10/21/95					
Richard M.	10/01/96	Richard M.	10/03/96	Marc P.	10/07/96	Mark D.
	10/08/96					

## **Speaker Meeting and Dance:**

Try not to miss this one. *Freddie M. and Frank G. (Modesto)* will be the speakers and a Dance to follow with *Jerry S.* as the Disc Jockey. This will be held on Friday, October 3<sup>rd</sup>. By the advance ticket sales to the dance, one can see that many are planning to show up. Will you be one of those? Dance-Tickets are \$5 in advance.

## **October 17, Friday**

A movie night at the Club for your pleasure. Just a social gathering to watch a movie and see how it goes. If you think this could be a thing you would enjoy doing we will have more information soon. Frank P.

## **Relapse**

Everyday seems calm and emotionally stable with an increasing feeling of confidence, occasionally in the everyday routine a stressful event occurs. A few anxious feelings arise until they overwhelm and nervousness takes over. Thoughts become crowded and never ceasing, very intense, sleeping seems impossible,

Then the desire to escape seems very desirable, if only I could put an end to this tiring ordeal. Never being able to find answers to the various problems within my mind. Feeling as though I am expected to know the answers or at least some temporary solution. I remember how it felt when all I had to do was take a drink and feel the chemical travel through my veins, relaxing on its way. Oh how that would feel so good right now, over these tense muscles that have been so stressed.

Then it happens, an old time friend drops by to inquire how I am, looking especially carefree. "The conversation turns to how I'm feeling, and with pure honesty it is revealed. Once again I'm listening to the words within me and without, why not relax life's too hard. Before I know it one drink passes through my lips, and my limbs are feeling out of control, and my mind has no cares.

Suddenly, the thought occurs to me I've just joined the other side. The very side I've worked so hard to avoid, knowing where this will end up. I put it out of my mind not wanting to listen to my conscience within. After all I've been pretty good not drinking for so long I deserve a reward". The reward is truly mine to receive.

The next day, an awful feeling of remorse is within me, not wanting to face my failure I drink again. After all, my problems won't go away and they are more extreme, than any other's. The very next morning, I am very ill where is my next drink? I am forced to face the fact there is no more. I must take a look, a hard look at myself. What has happened to me what was I thinking of? After all this is not the person I am, or is it?

Cheri B.

## **Get Your Heritage Dinner Tickets Real Soon!**

We will be celebrating forty-six years of service to our community. The heritage dinner will be on Saturday October 25 and the tickets will cost \$100 a seat. Oops, I mean \$10 a plate. Al Easthouse will be telling us a little bit about our heritage and you will be making a statement about our future. So you got the date, get the tickets and we will see you there.

## **Our Halloween Dance of the Year:**

That will be held on Friday, October 31<sup>st</sup> at our Club. We will have some prizes for the best costumes and we will take some pictures and we promise not to try to scare anybody too bad. The Dance should start following the 8:00 PM Meeting. We would like to see you there. And children are welcome for this one.

### ***Entertainment “98***

*If you are familiar with these books we have them. Pay at the counter and I or one of our board members will see that you get your copy. Good values, \$40 per book. You can easily recapture your investment in a weekend and help our Club with a fund-raiser.*

### ***Member of The Month:***

*Now that she is back from Hawaii, the nod would have to go to Tina for her help in making the Club look so great. She is a great organizer and has lots and lots of ideas.*

### ***We were Wrong!***

*We sent a letter so some of our former members and said some things that we thought you would like to know about. So if you would like to do a little extra reading here it is.*