

**Trusted Servants
in Your Employ:**

Mary G.
Maria G.
Sherri G.
Judy P.
Rick B.
Jessica J.
Nana R.
Marion F.
Debi H.
Tony B.

The San Jose Alano Club News

**Trusted Servants on
The Board Of**

Directors
Cha-Cha W.
Chuck H.
Nell W.
Carmine M.
Arturo G.
Ed P.
Mike A..
Cora S.
Joe H.

**Home of The Fair Avenue Fellowship
1122 Fair Avenue
San Jose, California
297-1878**

May 1996

A Community Assett

Volume 45.5

ITS A GIRL:

They call her Giselle and she weighed in at 6 1/3 lbs. The proud parents are Carmine and Lupe Morrealle and I am told that this in no way will slow down our most successful yard sales. She was delivered on April 11th.

These Great and Wonderful Members will be celebrating a Milestone in Recovery in the Month of May:

Joe B.	5/7/61	Maryann W.	5/11/78	Jerry W.	5/17/78	Bob R.	5/2/80
Dan O.	5/22/81	Esther P.	5/22/82	Phyllis F.	5/1/83	Steve H.	5/6/85
Bill G.	5/13/86	Chelsie L.	5/23/88	David R.	5/6/89	Lupe M.	5/22/89
Jaime R.	5/22/89	Norris P.	5/26/91	Frank P.	5/24/93	Jimae T.	5/28/93
Felix L.	5/4/94	Ray M.	5/13/94	Rick B.	5/8/95		

FOOD!!!! That's right, lots of it too. Steve H. is having a BBQ on May 11th to celebrate his 11th Birthday and all are welcome. How much does it cost you ask?? It's FREE!! Of course donations to the Club are always welcomed and gladly accepted. Where? In the serenity garden at the Alano Club of San Jose.

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Located at 1122 Fair Avenue. San Jose, Ca.

Fair Avenue Fellowship Group (FAFG) Steering Committee Meeting

The next meeting of the Fair Avenue Fellowship Steering Committee will be Sunday, May 19th at 5:00 p.m. All meeting FAFG Secretaries are reminded that they are members of this committee and that their attendance is highly desired. The more who attend; the more ideas we have to consider for improvement of our Group.

Fourth Secretary's Workshop scheduled for Saturday May 18, 1996

Last month FAFG conducted their third Secretaries Workshop.. On May 18th at 10 a.m. we will be holding our fourth workshop under the new format. The Workshop will end promptly at 12 noon. All persons who are interested in becoming meeting secretaries are encouraged to attend. If you wish to attend, please provide your meeting secretary with your full name, your phone number, and your sobriety birthdate. You will be notified if you are selected to attend. Remember if you are selected to attend **please** be on time. Once the training begins, late arrivals will not be admitted. This is necessary because of the tremendous amount of material that must be presented in a relatively short time.

Real Moms Eat Quiche!

Honor your favorite mother with brunch at Chez Alano, Sunday May 12th. Special MOMS ONLY menu featuring 4 meals aimed at pleasing moms palate. A kid's special, too. Brunch from 10 to 2, only 3 tables available so make your reservations early. Call 297-1878 & treat that special mom to something special. Ps. Reservations are required.

Please Pay Your Membership:

Please pay your membership if you are using the club and remember the price you paid to get here. I belong to other kinds of clubs and organizations, they didn't keep me sober. I personally like coming to a well lit, clean, happy place for meetings. I am happy to find what I need here. I can buy lunch, visit with a sponsee, go to a meeting and use the bathroom if needed. Lets continue to become successful, recovering members.

Your membership helps save lives every day. We are giving away what was given to us. Are you a member? We sincerely hope so. We need you. We need those of you who are in OA, NA and MA. EVERYONE OF YOU IS VITAL TO KEEPING THE HOUSE OPEN. Copied from The Portland Alano Newline, March 1996

***"I think all the self-help groups are wonderful, whether they succeed or fail. I'm intrigued with the idea of metamorphosis, the ability of people to transform themselves and find the courage to make decisions that reshape their future. So I remain a self-help book fan, because they're like wake -up calls, telling you. Come on, get on with your life." Anthony Hopkins, San Jose Mercury News
March 10, 1996 Parade***

In Loving Memory

Margurite Higgins died of lung cancer April 16, 1996, she was 74 years of age. Margurite was a long time member of Alcoholics Anonymous and Al-Anon. She joined our Club in 1965 and was a member of AA since that time. She and her husband Larry were a great deal of help in the early years of our Club. She also has two children in recovery.

Mays Member Of The Month:

With all those m's it is only fitting that Mark was given the honor by the Board of Directors for donating a days time and talent not to mention lots of equipment and a ground crew to trim the eucalyptus tree. This has been a problem for some time now and thanks to Mark, visitors can park with less fear. Mark Farmer is the Clubs Member of The Month. Thanks Mark.And Mark, I'm still a better golfer than you!

Did You Know.....

- Alcohol is involved in one half of all homicides, most incidents of workplace violence, 70% of all family violence, and one -half of all other criminal activity.*
- Approximately 40% of all traffic deaths involve drunken drivers.*
- Alcohol is one of the most widely abused drugs in the United States. Experts estimate that 10 million to 20 million people suffer from alcoholism.*
- Alcohol-related highway accidents is the leading cause of death among 15 to 24 year olds.
1. FOCUS On Substance Abuse, March 1996 issue*

Growing Up

The essence of all growth is a willingness to change for the better and then an unremitting willingness to shoulder whatever responsibility this entails. As Bill Sees It pg. 115