DECEMBER 1992 THE HOLIDAY SPIRIT

Well, it's almost time for the holidays again. These days can be very emotional for the newcomers to A.A. It's important to remember to extend our hand and hospitality to those who will be alone at this time of year.

The Alano Club has a free dinner on Thanksgiving Day and Christmas Day for anyone who cares to come. The "family" love and sharing are here to help anybody who feels fragile during these days.

From personal experience, I know that the caring and sharing extended to all who come, helps get one thru the emotional ups & downs one feels during the holidays.

So, please, help in anyway you can - To Keep It, You Must Give It Away! Madeline O.

If you are going to contribute to United Way this year I would like to give you an invitation to designate some or all of your contributions to the Alano Club of San Jose. They will do this for about a 5% fee.

And we like so many other non-profits could really use it. This would be the only way that we receive any funds from United Way.

<u>Toys for Kids</u> If you have some, we could use some. These will be given away at our annual Christmas Dinner.

Speaking of Dances

Homer W. will be our D.J. for the dance on Saturday, November 21 Dante C. will be doing our Saturday Dances November 7, 14, 28.

<u>These fine folks will be celebrating a Twelve Step Anniversary in the</u> <u>month of December</u>

Alice S. 12/01/91 Pete C. 12/01/84 Kevin O. 12/03/82 Tyree S. 12/03/84 Morris T. 12/04/90 Miguel G. 12/05/82 Charles S. 12/05/90 Angie K. 12/07/91 Eric. C. 12/10/90 Alfred S. 12/12/84 Geri B. 12/12/64 Dan L. 12/12/87 Beleen P. 12/16/91 George H. 12/18/68 Peter M. 12/20/78 Carmine M. 12/21/88 Gilbert M. 12/21/88 Richard M.12/24/64 Mary N. 12/28/90 Chris G. 12/28/90 John R. 12/29/90 Jack Z. 12/31/90 Neil H. 12/31/90 Cathy N. 12/31/87 Henry C. 12/31/81 Tom E. 12/31/91

<u>Volunteers</u> Needed = A Wish List

Pick-Up after yourself. If you set a cup down, pick it up when you're through drinking out of it. Don't drop paper on the floor. If your a smoker, put your cigarettes out in an ashtray. Thanks Kids. Love Mom!

I Need To Say Goodbye To A Couple Of Dear Friends

Irv Ludin, Born August 28, 1926, Pittsburgh, Pennsylvania Entered into Rest, October 31, 1992

A Vetran of WWII, Worked and played as a musician and he also worked with and in drug and alcohol rehabilitation.

Gary Williams, Died on the morning of November 14th. Worked as a longshoreman and in the field of Drug and Aloholism. Struggled for many years trying to get back what he lost.

Sobriety that is. The greatest way to appreciate your sobriety is to imagine yourself without it.

<u>Congratulations to Those Fortunate Souls that Celebrated Twelve Step</u> <u>Milestones in the month of November: Can You Believe That These Folks</u> <u>Were Given This Much?</u>

Ron D.	1 yr	Joseph B.	4 yrs	Cory D.	14 yrs
Ray R.	2 yrs	Pat B.	2 yrs	Peter V.D.	8 yrs
Don M.	9 yrs	Norvin P	. 1 yr	Tom C.	4 yrs
Pete L.	1 yr	Fred Y.	12 yrs	Chuck H.	11 yrs
Marty M.	9 yrs	Andy A.	1 yr	Luis P.	7 yrs

Clyde R. 3 yrs Ron G. 14 yrs Mike T. 2 yrs Richard K. 8 yrs Thats 41,245 Days At A Time !

The Art Of Sharing

My sponsor taught me long ago that we all carry the message all the time, whether we want to or not--know it or not. I cannot afford to hold onto old ideas that don't work, never did work, and never will work.

People who do not follow the program of recovery only cheat themselves and they set a poor example for newcomers. Sure, they're sober, but recovery also means regaining health strength, balance and composure.

We are supposed to share our experience, strength and hope. At meetings I often hear a lot of failure, weakness and despair being shared.

When I go to a meeting, I don't worry about what I'm going to get out of it-- I try to put experience, strength and hope into it.

---Courtesy of MAUI SERENITY GAZETTE, Wailuku, Hawaii--

What's Happening - What's Happened

Secretaries of the Fair Avenue Fellowship Steering Committee will meet on the second Wednesday of each month. Dec. 8, at 7:00 p.m.

Board of Directors meeting will be held the third Thursday of each month. Dec. 17, 7:30 p.m. Your paid membership will serve as your invitation.

The Board of Directors have named Chris L. Member of the Month again for his help to the Club with his expertise in refrigeration and his help to management withmental health.

The Annual General Membership Meeting of the San Jose Alano Club will be held on Sunday, December 13th. We will elect new Board Members and set procedures for the coming year. A Spaghetti Feed will follow for those of you that are inclined to eat from time to time.