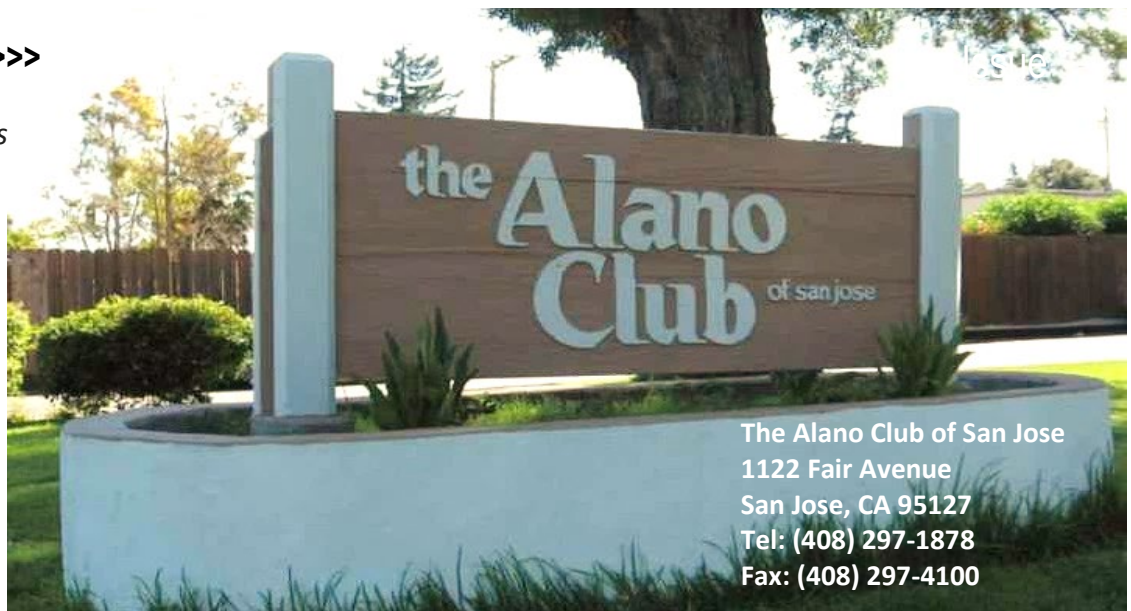


**June 2024 in this issue >>>**

- June Recovery Milestones
- Member of the Month
- Member's Corner
- The Club Heartbeat
- Meeting Schedules
- Club Diner
- Event Flyers
- Our Advertisers



## The Alano Club of San Jose

# Newsletter

### Board of Directors >>>

Ernie Orta – President  
Mark Buchanon – VP  
Kelly Bennett- Treasurer  
Laura Martin  
Phil Lohafer  
Jeanne Wiens  
Richard Boyce

### Alano Club Staff >>>

Tony Baron – CEO  
Cindy Carrasco – Café Mgr.  
Regina Palacios  
David Bodine  
Dominique Cabrera  
Brianna Martinez

### Building/Grounds>>>

Harvey DeJesus



## Recovery Milestones

| Name       | Birthdate | Years | Name        | Birthdate | Years |
|------------|-----------|-------|-------------|-----------|-------|
| Mario E    | 6/1/2023  | 1     | Eduardo S   | 6/15/2021 | 3     |
| Cruz M     | 6/2/2007  | 17    | Manuel T    | 6/15/1992 | 32    |
| Peter C    | 6/6/1985  | 39    | Stephanie H | 6/18/2023 | 1     |
| Robert M   | 6/10/2019 | 5     | Angelo M    | 6/18/2016 | 8     |
| Dennis S   | 6/10/1989 | 35    | Eric R      | 6/22/2023 | 1     |
| Richard B  | 6/10/1989 | 35    | Scott Y     | 6/24/2021 | 3     |
| Nina S     | 6/11/2013 | 11    | Elizabeth K | 6/26/1988 | 36    |
| Jeff S     | 6/13/1991 | 33    | Patrick P   | 6/28/1989 | 35    |
| Jeanette G | 6/13/1994 | 30    | Garry B     | 6/28/1990 | 34    |
| Brendan W  | 6/14/2023 | 1     | Jacques G   | 6/29/2008 | 16    |

## Member of the Month

**Ruben C.**

"The Board has chosen Ruben C. for his work on our rain gutters and the soon to be completed Stucco on the front of the building.." *Thank you!*

**JUNE 19 AND 20. WEDNESDAY AND THURSDAY**

OUR PARKING LOT WILL BE UNDER CONSTRUCTION. THE CLUB WILL BE OPEN WITH A SMALL WALKWAY FROM THE FRONT LAWN - TO THE FOYER.

**VEHICLE STREET PARKING ONLY! VEHICLE STREET PARKING ONLY!**

**VEHICLE STREET PARKING ONLY!**

# Member's Corner

## Welcome New Members! >>>

- Katie W.
- Roman A.
- Michele P.
- Christina C.
- Jesse C.
- Madelyn G.
- Catarina R.
- Eric R.
- Felix F.
- Steven B.
- Brandon W.
- Kris G.
- Michael Q.
- Juan P.
- Katie W.
- Michael M.
- John Q.



## From the mind of Management >>>

Thank you all for your continued support of our Club. We do so much (often unrecognized) in our recovery community for folks trying to turn their lives around, along with their friends and families. Life has a way of turning on a dime. Sometimes a small gesture of kindness can mean a great deal. I know that it has changed my life over the years and I hope it has and will continue to change all our lives for years to come.

Love Tony

## Membership Dues

| Classification          | Monthly    | Six Months | Thirteen Months |
|-------------------------|------------|------------|-----------------|
| Regular Member          | \$30.00    | \$150.00   | \$300.00        |
| Senior                  | \$20.00    | \$100.00   | \$200.00        |
| Couples (each)          | \$20.00    | \$100.00   | \$200.00        |
| Out of Town (75+ miles) | \$20.00    | \$100.00   | \$200.00        |
| Lifetime Member         | \$3,000.00 |            |                 |
| Lifetime Senior         | \$2,000.00 |            |                 |

Dues and donations can now be paid online.

Member's Dues:

<https://www.alanosj.org/>

Scroll down to Membership Information

**Highlight Your Dues Amount**

And Choose Your Payment Option

**Donations:**

Type in Alano Club of San Jose in search for charity bar

<https://www.paypal.com/fundraiser/hub>

Type in Alano Club of San Jose in search for charity bar

First option should be the alano clubs charity profile.

Click donate and follow instructions.

<https://www.paypal.com/US/fundraiser/charity/2230781>

Click donate and follow instructions.

<https://www.paypal.com/US/fundraiser/charity/2230781>

## Community Service

We have many court approved community service options that you can do to help us meet our mission, "Helping Those In Need".

Therefore, the more people who contribute their community service hours to The Alano Club of San Jose, the more service and benefit we all provide to the community.

If you, a family member, or friend have been ordered by the Court to perform community service hours, we can help! Contact us at (408) 297-1878 or [alanoclubsj@alanosj.org](mailto:alanoclubsj@alanosj.org)



# The Club Heartbeat



Many of us had heard him, met him, knew him and loved him. All of us LISTENED to him. Over 40 years in recovery, his savage passion for selfless service and his unbridled drive for carrying the message placed him high among the experienced elite in the world of clean and sober pioneers: Al E., Lou P., Milton B., Don D. and too many more to mention. It was his delivery, his style, his humor and heart that were most impactful. Unique.

He taught us all how to treat the newcomer, especially when we felt like one ourselves. He reminded each of us that we have an active role to play in providing a safer world for suffering folks who wish to go from busted to trusted, from invisible to involved, from dope to hope, from drinking and sinking to living and giving. And that's what Steve M. did. He GAVE...so that he could keep it, honor it, live it and die keeping it alive. When it comes to recovery, we know that no one does it perfectly. But Steve was damn close.

~ Mark L.



Hello, my name is John O and I am an alcoholic. By the Grace of God, I have been sober since July 14, 1997. Sobriety has been a journey of valleys and peaks, dark spots and light moments, challenges, and victories.

One of the challenges that I faced was when I moved for work from the East Bay to San Jose in July 2023. As many people know when you move, you have to change almost everything. I had to find a new dentist, a new mechanic, a new haircutter, a new grocery store, a new dog park. I had to learn new driving routes and new highways. It was arduous. And of course, I had to find a new home group for my AA Program. Actually... at first, I have to admit, I took the easier, softer way and attended Zoom meetings with my old fellowship (the El Cerrito Fellowship) for a good six months. And then someone suggested that I really make the transition to San Jose and start attending in person AA meetings.

I stepped into my first in person San Jose AA meeting about 10 months ago. It was humbling and a bit unnerving to walk into a room full of strangers and in many ways, start over again. But from Day 1 the people at the San Jose Alano Club and the Cup of Coffee meetings welcomed me with open arms. Two things happened that first day that I see as God-shots. First, when I arrived at the San Jose Alano Club, I saw the sign outside and unexpectedly, I got a really happy feeling inside. That was God telling me, "This is the right place. This where you belong!" The second God-shot happened when I had walked into the meeting room, a bundle of nerves in my gut, and was warmly greeted by Eddie M who smiled broadly and said, "My name is Eddie. Welcome home!" When he said that I knew for sure I was in the right place. I was so touched, I cried.

I love that part in the Big Book in the "Vision for You", where it says, "Admit your faults to Him and your fellows. Clear away the wreckage of your past. Give freely of what you find and join us. We shall be with you in the fellowship of the spirit, and you will surely meet some of us as you trudge the Road of Happy Destiny." I have met some great people at the San Jose Alano Club as I continue to trudge the road of happy destiny.

**Do you have something you would like to share?**

*We would love to hear from you!*



Alano Club Staff



Tony Baron

# Meeting Schedules



| Type | Day | Time    | Meeting Name                    | Details        |
|------|-----|---------|---------------------------------|----------------|
| OA   | Mon | 7:00 PM | Grupo Un Plan De Vida (Spanish) | In Person Only |
| OA   | Thu | 7:00 PM | Grupo Un Plan De Vida (Spanish) | In Person Only |
| OA   | Sat | 9:00 AM | Grupo Un Plan De Vida (Spanish) | In Person Only |



Narcotics Anonymous®

| Type | Day | Time     | Meeting Name                         | Details        |
|------|-----|----------|--------------------------------------|----------------|
| NA   | Sun | 10:00 AM | <a href="#">One Primary Purpose</a>  | Hybrid         |
| NA   | Sun | 6:00 PM  | Any Lengths Home Group               | In Person Only |
| NA   | Tue | 7:30 PM  | Recovery at Work R.A.W               | In Person Only |
| NA   | Tue | 7:00 PM  | Un Paso a la Vez (Spanish)           | In Person Only |
| NA   | Fri | 7:00 PM  | Un Paso a la Vez (Spanish)           | In Person Only |
| NA   | Sat | 7:30 PM  | <a href="#">Any Lengths Saturday</a> | Hybrid         |



Al-Anon Family Groups

Strength and hope for friends and families of problem drinkers

| Type    | Day | Time    | Meeting Name     | Details | Zoom ID                                   |
|---------|-----|---------|------------------|---------|---|
| Al-Anon | Mon | 8:00 PM | Monday Night AFG | Hybrid  | Meeting ID: 339-961-4550 Password: 149229 |



Co-Dependents Anonymous

| Type | Day | Time    | Meeting Link         | Details |
|------|-----|---------|----------------------|---------|
| CoDa | Sun | 5:00 PM | <a href="#">CoDA</a> | Hybrid  |
| CoDa | Wed | 6:30 PM | <a href="#">CoDA</a> | Hybrid  |



Alcoholics Anonymous



| Type | Day | Time     | Meeting Name                               | Details        |
|------|-----|----------|--|----------------|
| AA   | Sun | 6:00 AM  | <a href="#">A New Day</a>                  | Zoom Only      |
| AA   | Sun | 8:30 AM  | <a href="#">Cup of Coffee</a>              | Hybrid         |
| AA   | Sun | 12:00 PM | <a href="#">The Daily Reprieve</a>         | Hybrid         |
| AA   | Sun | 1:30 PM  | <a href="#">Women In Power (Women)</a>     | Hybrid         |
| AA   | Sun | 3:00 PM  | <a href="#">BYOB (bring your own book)</a> | Hybrid         |
| AA   | Sun | 5:00 PM  | <a href="#">Fair Ave Men's Meeting</a>     | Hybrid         |
| AA   | Sun | 6:30 PM  | <a href="#">Back to Basics</a>             | Zoom Only      |
| AA   | Sun | 7:00 PM  | Gathered Together for Sobriety             | In Person Only |
| AA   | Sun | 7:30 PM  | Women's Meeting (Spanish)                  | In Person Only |
| AA   | Mon | 6:00 AM  | <a href="#">A New Day</a>                  | Zoom Only      |
| AA   | Mon | 9:00 AM  | <a href="#">Cup of Coffee Meeting</a>      | Hybrid         |
| AA   | Mon | 12:00 PM | <a href="#">The Daily Reprieve Meeting</a> | Hybrid         |
| AA   | Mon | 2:00 PM  | Sober Meeting                              | In Person Only |

Continued...



Alcoholics Anonymous



|    |     |          |  |  |
|----|-----|----------|--|--|
| AA | Mon | 4:00 PM  | <a href="#">Golden Keys</a>                                | Hybrid   |
| AA | Mon | 6:00 PM  | <a href="#">Back to Basics</a>                             | Hybrid   |
| AA | Mon | 7:30 PM  | Hora De Vivir ( <b>Spanish</b> )                           | In Person Only                                   |
| AA | Tue | 6:00 AM  | <a href="#">A New Day</a>                                  | Zoom Only  |
| AA | Tue | 9:00 AM  | <a href="#">Cup of Coffee Meeting</a>                      | Hybrid   |
| AA | Tue | 12:00 PM | <a href="#">The Daily Reprieve Meeting</a>                 | Hybrid   |
| AA | Tue | 4:00 PM  | <a href="#">Golden Keys</a>                                | Hybrid   |
| AA | Tue | 6:00 PM  | <a href="#">Back to Basics</a>                             | Hybrid   |
| AA | Tue | 7:00 PM  | Cigar Meeting  | Hybrid - Zoom ID: 867 1097 1265 Password: 79ypXn |
| AA | Tue | 9:30 PM  | <a href="#">AA Men's Meeting</a>                           | Hybrid   |
| AA | Wed | 6:00 AM  | <a href="#">A New Day</a>                                  | Zoom Only  |
| AA | Wed | 9:00 AM  | <a href="#">Cup of Coffee Meeting</a>                      | Hybrid   |
| AA | Wed | 12:00 PM | <a href="#">The Daily Reprieve Meeting</a>                 | Hybrid   |
| AA | Wed | 4:00 PM  | <a href="#">Golden Keys</a>                                | Hybrid   |
| AA | Wed | 6:00 PM  | <a href="#">Back to Basics</a>                             | Hybrid   |
| AA | Wed | 7:30 PM  | Hora De Vivir ( <b>Spanish</b> )                           | In Person Only                                   |
| AA | Thu | 6:00 AM  | <a href="#">A New Day</a>                                  | Zoom Only  |
| AA | Thu | 9:00 AM  | <a href="#">Cup of Coffee Meeting</a>                      | Hybrid   |
| AA | Thu | 12:00 PM | <a href="#">The Daily Reprieve Meeting</a>                 | Hybrid   |
| AA | Thu | 4:00 PM  | <a href="#">Golden Keys</a>                                | Hybrid   |
| AA | Thu | 6:00 PM  | <a href="#">Back to Basics</a>                             | Hybrid   |
| AA | Thu | 7:30 PM  | Hora De Vivir ( <b>Spanish</b> )                           | In Person Only                                   |
| AA | Fri | 6:00 AM  | <a href="#">A New Day</a>                                  | Zoom Only  |
| AA | Fri | 12:00 PM | <a href="#">The Daily Reprieve</a>                         | Hybrid   |
| AA | Fri | 9:00 AM  | <a href="#">Cup of Coffee Meeting</a>                      | Hybrid   |
| AA | Fri | 4:00 PM  | <a href="#">Golden Keys</a>                                | Hybrid   |
| AA | Fri | 6:00 PM  | <a href="#">Bedtime Story Speaker Meeting (Chip Mtg)</a>   | Hybrid   |
| AA | Fri | 7:30 PM  | Hora De Vivir ( <b>Spanish</b> )                           | In Person Only                                   |
| AA | Sat | 6:00 AM  | <a href="#">A New Day</a>                                  | Zoom Only  |
| AA | Sat | 8:30 AM  | <a href="#">Cup of Coffee (Chip Mtg last Sat of month)</a> | Hybrid   |
| AA | Sat | 10:00 AM | <a href="#">Think Tank (Men)</a>                           | Hybrid   |
| AA | Sat | 12:00 PM | <a href="#">The Daily Reprieve Meeting</a>                 | Hybrid   |
| AA | Sat | 12:00 PM | Medicine Crow Talking Circle                               | In Person Only                                   |
| AA | Sat | 7:30 PM  | Women's Meeting ( <b>Spanish</b> )                         | In Person Only                                   |

## Business Meetings

| Type | Monthly                       | Time    | Meeting Name       | Details   |
|------|-------------------------------|---------|--------------------|---|
| CLUB | First Thursday of Every Month | 5:00 PM | Board Meeting      | Hybrid - Zoom ID: 375-663-8100 Password: 95122  |
| FAFG | Second Wed of Every Month     | 7:00 PM | Steering Committee | Hybrid - Zoom ID: 618-624-2512 Password: 241520 |





# the Alano Club of San Jose

**GOBLE HALL**



**Breakfast  
& Dinner  
Daily Specials**

**7 DAYS A WEEK**

Did you see our coffee cards?  
Stop by the café and retrieve a  
coffee card when you buy a coffee  
and the 10<sup>th</sup> cup is on us!



## BREAKFAST MENU:

Includes: Toast & Hashbrowns/ Country Potatoes coffee or Fountain drink

| 2 EGG BREAKFAST:   |  | M       | FM      |
|--|--|---------|---------|
| 2 Egg Breakfast  |  | \$9.50  | \$12.35 |
| Choice of:   |  |         |         |
| Bacon, Ham, Sausage, Chorizo   |  |         |         |
| 2 eggs (no meat)   |  | \$7.50  | \$9.75  |
| Hashbrowns & toast   |  | \$13.00 | \$14.90 |
| Hamburger Steak & Eggs   |  |         |         |
| OMELETTES:   |  | M       | FM      |
| JUST Meat  |  |         |         |
| Bacon Sausage, Ham OR Chorizo  |  | \$11.00 | \$14.30 |
|  |  | \$10.00 | \$13.30 |
| JUST Cheese  |  |         |         |
| Veggie   |  | \$10.50 | \$13.65 |
| (bell peppers, onions, tomatoes, olives and mushrooms)                       |  |         |         |
| Suicide  |  | \$13.00 | 14.90   |
| (bell peppers, onions, tomatoes, olives and mushrooms' Ham, sausage & bacon) |  |         |         |
| Combo#1  |  | \$7.00  | \$9.10  |
| Oatmeal with the Works + toast (raisins, brown sugar)                        |  |         |         |
| Combo#2  |  | \$8.00  | \$10.40 |
| Pancakes & Eggs  |  | \$8.00  | \$10.40 |
| Combo#3  |  |         |         |
| Two Breakfast Burritos (eggs, chorizo, potatoes & cheese)                    |  |         |         |
| Combo#4  |  | \$7.00  | \$9.10  |
| Breakfast Sandwich (Fried ham, cheese & egg)                                 |  |         |         |

### PANCAKES:

|              | M      | FM     |
|--------------|--------|--------|
| 2 Stack      | \$5.25 | \$6.83 |
| 3 Stack      | \$5.75 | \$7.48 |
| French toast | \$6.25 | \$8.13 |

### SIDE ORDERS:

|                     | \$2.75 | \$3.57 |
|---------------------|--------|--------|
| Toast               |        |        |
| Hashbrowns          | \$3.25 |        |
| Bacon, Ham, Sausage | \$3.75 |        |
| Veggies             | \$2.50 |        |

CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD, SHELL OR EGGS MAY INCREASE YOUR RISK OF FOOD BORNE ILLNESS

FOOD MAY CONTAIN SUGAR, WHEAT AND MILK

## Lunch & Dinner Menu

Includes: Side & fountain drink or coffee

| ALANO BURGERS:             |  | M       | FM      |
|----------------------------|--|---------|---------|
| Hamburger                  |  | \$9.00  | \$11.70 |
| Cheese Burger              |  | \$9.50  | \$12.35 |
| Double Cheese Burger       |  | \$11.00 | \$13.30 |
| Bacon Cheese Burger        |  | \$12.00 | \$14.05 |
| Double Bacon Cheese Burger |  | \$13.25 | \$17.23 |
| SANDWICHES:                |  | M       | FM      |
| Grilled cheese             |  | \$8.25  | \$10.73 |
| Ham & Cheese               |  | \$9.00  | \$11.70 |
| Turkey Breast              |  | \$9.00  | \$11.70 |
| Patti Melt                 |  | \$10.00 | \$13.00 |
| Club House                 |  | \$13.00 | \$16.90 |
| BLT                        |  | \$10.00 | \$13.00 |
| Tuna Salad Sandwich        |  | \$8.25  | \$10.73 |
| Egg Salad Sandwich         |  | \$10.00 | \$10.73 |
| Flour Taco (1)             |  | \$6.00  | \$7.80  |
| Corn Taco (2)              |  | \$6.00  | \$7.80  |
| Bowl of Chili              |  | \$5.50  | \$7.15  |
| Corn dog                   |  | \$2.50  | \$3.57  |
| Chef Salad                 |  | \$7.25  | \$9.43  |
| Small                      |  | \$8.50  | \$11.05 |
| Large                      |  |         |         |

### SIDE ORDERS:

|                    | M      | FM     |
|--------------------|--------|--------|
| Potato salad       | \$3.50 | \$4.55 |
| Macaroni Salad     | \$3.50 | \$4.55 |
| Green salad        | \$3.50 | \$4.55 |
| French Fries       | \$3.50 | \$4.55 |
| Cheese Fries       | \$4.50 | \$5.85 |
| Chili Cheese Fries | \$6.00 | \$7.80 |
| Boiled egg         | \$6.90 | \$8.87 |
|                    | \$1.50 | \$1.95 |



# *Upcoming Events*

## **Third Annual Founders Day Softball Game**

**Fair Avenue  
Fellowship  
Group**



**Serenity 1st  
Fellowship  
Group**

**WHEN: SUNDAY, JUNE 9<sup>TH</sup>**

**WHERE: BERNAL PARK @ 7<sup>TH</sup> STREET & HEDDING  
SAN JOSE**

**WHAT: GAME, BBQ/POTLUCK, AA MEETING  
PLAYERS WARM UP ON THE FIELD AT 10:00 AM**

**AFTER THE GAME WE EAT**

**MEETING STARTS AT 12 NOON**

**Please bring a side dish if you are able.**

# *Upcoming Events*

---

ADRIAN FLORES  
•  
PRESENTS

---

**RECOVERY IN  
DANCE 2024**



June 15  
Saturday  
2:00 – 3:30 pm

1122 Fair Avenue  
San Jose, CA 95122

Telephone  
Adrian 925.766.8136  
Patricia 510.453.0343



**WALTZ**

Performance at the end of session.

Transfer how to be the best person and how to develop great partnerships through dance.

13 steps to a great dance team.

*This is a free event.*



# *Upcoming Events*

## The Alano Club of San Jose

Proudly Presents

**Friday**

**June 28<sup>th</sup>**

**8 pm**

**Darts**

**KARAOKE  
NIGHT**

**Menu:**

**Nachos**

**Chili dogs**

**Chile cheese fries**

**Family  
Friendly  
Event**

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**advertise here >>>**

If you are licensed and bonded with a Trade, and/or run your own business, we welcome you to advertise with us! Your Business Card will also be placed on the Alano Club website [www.alanosj.org/supporters](http://www.alanosj.org/supporters). We continue to support your business!